



Now What – How music connects to the Mass

Music is a guiding force in our lives. Many of our most important memories are surrounded in the music that was played at the time. The Liturgy is the same. Each week, we are privileged to come together to share in Christ's paschal mystery celebrated through the Eucharist. Music is such an integral part of this celebration that the American Bishops released [Sing to the Lord: Music in a Divine Worship](#) to aid in our understanding of music in the Liturgy. But, do you ever wonder why we sing certain songs or why a particular psalm is selected? Music is selected and prepared based on a variety of elements, including the Lectionary, the Church season, pastoral sensitivity, and the repertoire of the community.

The Catholic Church has a Lectionary that is divided into three different years and sets out the readings and psalms for each day of the year. According to the [General Instruction on the Lectionary](#), "Throughout the liturgical year, but above all during the seasons of Easter, Lent, and Advent, the choice and sequence of readings are aimed at giving Christ's faithful an ever-deepening perception of the faith they profess and of the history of salvation." What makes this so amazing is that no matter where you travel in the world, the readings and psalm selections are the same!

In preparing the music for the Liturgy, the readings and psalm are read and contemplated to consider the best ways to help the congregation acclaim their faith through music. There are many different preparation and planning resources which assist music ministers by providing musical suggestions for the Liturgy. Choices are made and finalized based not only on how to help the congregation fully realize the message of the gospel, but on the familiarity of the congregation with the music. Sometimes this means a seasonal psalm may be selected in lieu of the psalm for the day because the congregation may not be familiar with it, the musical setting does not enhance the connection to the Liturgy, or it is not available in our music resources.

Ultimately, the music is selected and prepared to bring us all together in worship, and yes, we want you to sing! The Bible says to sing is to pray twice and so each week, you are an integral part of the preparation for the Liturgy.

Please keep all our Stephen Ministers in your prayers and especially Wanda Sullivan and Francis Salguero who are at Stephen Ministry Leadership training in Pittsburg with Kathy. Wanda and Francia will train to help in Supervision with the Stephen Ministers. Stephen Ministry is growing and Wanda and Francia will be a great leaders and empowerment to our Ministry.



Traveling? Visit discovermass.com to find a faith community nearby to stay connected with your faith and enjoy celebrating the Eucharist with your Catholic brothers and sisters across the United States.



Save the Date Mission to St. Francis Inn, Philadelphia, PA



We are forming our team to serve amongst the Friars, Religious and lay volunteers at St. Francis Inn, Philadelphia, PA. This is an opportunity to join the community of St. Francis Inn as they serve the poor, the marginalized and the homeless in the Kensington neighborhood of northeast Philadelphia. It is an opportunity to stand in solidarity with the poor as we follow Jesus' example of compassion and service to "the least amongst us." Our mission week is **September 14-18, 2015**. For more information, please contact **John Habel** at jhabel@stfrncis.org.



The parish will celebrate Labor Day with a BBQ at [Locust Shade Park](#) on **Monday, September 7th from 11am-3pm, with prayer service at 12pm**. There will be a sign-up sheet in the vestibule beginning August 22nd. We ask that each family bring either fruit, vegetables or salads for at least 10 people. Also, please bring games to enhance the fun! **The BBQ items (hamburgers, hot dogs, rolls/buns, and condiments) will be supplied as well as the refreshments.** *The picnic will be held rain or shine. If it must be cancelled due to extreme conditions, the cancellation will be posted on the parish website.* This is a great opportunity for us as a parish family to come together. Hope to see you there!

Votive Candles

Due to a recent robbery, the **candle money should be placed in the envelopes provided**. Then drop in the Catch-All slot, located in the vestibule of the church.



Are You New to the Parish??? Welcome!!

Registration forms are available on the tables in the vestibule, from the parish office or from the parish [website www.stfrncis.org](http://www.stfrncis.org).



Due to a high volume of calls, an additional phone line/number has been added at the church. If the main 703-221-4044 line is busy, please call **703-221-3127**.

Social Justice: Franciscan Action and Advocacy (FA&A)

Our **Care for Creation Committee** (focused on environmental work/integral ecology) is meeting **this Sunday, August 16th, at 9 a.m.** in the **Br. Juniper Room**. All are welcome!

On **Saturday, September 5th**, the **Catholic Diocese of Arlington's Peace and Justice Commission** presents **Race Relations: Educating to End Racism and Build Solidarity** at Marymount University in Arlington (Mass at 9 a.m. with Bishop Loverde; program will begin at 10 a.m.). Keynote speaker: Reverend Henry Sands, Associate Director, Native American Affairs, USCCB. Panelists: Deacon Al Turner, Retired Director, Office of Black Catholics, Archdiocese of Washington; Maria Hamm, Director, Hispanic Family Life and Leadership Development, Archdiocese of Washington. For more information, please contact Rob or email peace@arlingtondiocese.org.

Upcoming FA&A committee meetings (all are welcome!): Our **V.O.I.C.E.** team is meeting to work on community issues on **Sunday, August 30th, at 10 a.m.** in the **Br. Juniper Room**. Our **Anti-Human Trafficking Committee** (engaged in action, awareness and advocacy efforts in the fight against human trafficking) is meeting on **Wednesday, September 9th, at 7 p.m.** in the **Grade 6 Classroom**. Our **Respect Life Committee** (advocating for the consistent ethic of life from conception to natural death) is meeting on **Saturday, September 19th, at 11:45 a.m.** in the **St. Catherine Room**. Our **Care for Creation Committee** (focused on environmental work/integral ecology) is meeting on **Sunday, September 20th, at 9 a.m.** in the **Br. Juniper Room**.

Our **Franciscan Action and Advocacy Council (FAAC)** is meeting on **Saturday, September 19th, at 9:30 a.m.** in the **St. Catherine Room**. (FAAC meetings are only open to council members. Parishioners are encouraged, however, to submit questions or ideas for FAAC discussion or consideration.)

For more information on any of the above and/or to get involved in justice/advocacy, please visit the FA&A section on the parish website and/or contact Rob Goraieb, O.F.S. at rgoraieb@stfrancis.org or 703-221-4978, ext. 228.

There is a book located in the Blessed Sacrament Chapel next to the Tabernacle for you to write your own prayers of petition. During the *Prayer of the Faithful* during weekend liturgies, an intercession will call to mind those prayers in a general way. In this manner, the public prayer of the church is bound to the many prayers of the faithful who live in the body of Christ!



St. Francis House Corner

The St. Francis House Food Pantry Provided food for **65** families this week. We are in dire need of **Peanut Butter & Jelly, Canned Fruit, Macaroni & Cheese, and Cereal.** For more information, please call Francia at **703-221-6344**. Thank you for your continuing support.



Boletín Semanal

Charlas Bautismales—Las próximas charlas bautismales se realizarán el **viernes, Septiembre 18 a las 7:15pm** en el Salón del San Catherine. (No habrán Charlas bautismales el mes de agosto) Por favor recuerde que para tomar la charla y recibir el sacramento del bautizo los padres tienen que estar registrados en nuestra parroquia y registrarse para la charla con anterioridad. Ambos padres y padrinos deben asistir a la charla y no se permiten niños. Para mas información por favor llamar a **Francia al 703-221-6344**.

Despensa de Comida de La Casa de San Francis—Agradecemos a todos nuestros parroquianos por todas sus ofrendas a la Despensa de Comida; con sus donaciones pudimos ayudar a **65** familias. Muchas gracias por su apoyo constante.

Picnic del Día del Trabajo—Te invitamos a celebrar el Día del trabajo con un Picnic en el parque de **Locust Shade Park** el Lunes, Septiembre 7 de 11am-3pm (Con un servicio de oración a las 12 del mediodía). En el vestíbulo de la iglesia hay una hoja de inscripción y pedimos que cada familia traiga frutas, verduras o ensaladas para al menos 10 personas. El picnic consistirá de (hamburguesas, perros calientes, panecillos, y condimentos) También tendremos refrescos. Solo se cancelara el picnic debido a condiciones Extremas del clima, si se cancela lo publicaremos en la página web de la parroquia. Esta es una gran oportunidad para nosotros, los integrantes de la familia parroquial para que nos reunamos. ¡Esperamos contar con su presencia!



Taller de Ciudadanía—**CUÁNDO:** Sábado, 29 de Agosto del 2015, **DÓNDE:** Iglesia San Pablo Metodista Unida 1400 G Street Woodbridge, VA 22191, **HORA:** 10 am – 1 pm No se puede entrar después de la 1 pm. Por favor prepárese para esperar varias horas para cumplir el proceso. **PROPÓSITO:** Abogados miembros del Staff y voluntarios entrenados estarán disponibles para ayudar a completar las solicitudes de ciudadanía **COSTO: \$40** (costo de \$30 + \$10 para fotografías). **No se acepta cheque personal.**

Readings for the Week of August 16, 2015

Monday	Judges 2:11-19; Matthew 19:16-22
Tuesday	Judges 6:11-24a; Matthew 19:23-30
Wednesday	Judges 9:6-15; Matthew 20:1-16
Thursday	Judges 11:29-39a; Matthew 22:1-14
Friday	Ruth 1:1, 3-6, 14b-16, 22; Matthew 22: 34-40
Saturday	Ruth 2:1-3, 8-11, 4:13-17; Matthew 23:1-12
Sunday	Joshua 24:1-2a, 15-17, 18b; Ephesians 5:21-32 or 5:2a, 25-32; John 6:60-69

Called & Gifted Workshop

Mark your calendars for **Thursday evenings** this fall starting Sept 3rd for the next offering of the Called and Gifted Workshop at St. Francis. This workshop, created by the Catherine of Siena Institute, helps one understand their call in life through the discernment of charisms, or gifts of the Holy Spirit. Hundreds of your fellow parishioners have participated in this workshop as part of their journey to becoming Intentional Disciples. This fall the initial phase of the workshop will be offered through five weeks of small group discussions on Thursday nights from 7-9:30pm starting Thursday, September 3rd. A second phase focused on discernment of personal charisms will start in mid Oct and run through Thanksgiving. Anyone who has completed the initial workshop can participate in Phase 2. Watch the bulletin and the St. Francis Web Site for more details. **To register for either phase, contact Bill Sydow at billsydowjr@yahoo.com.**

Please Pray For All those who are sick: Clyde Richardson, Alex Yachanin, John Moretti, James Albert, Bernie McCreesh, Annelies Gendron, Mikey Buckley, Theodore Placek, Pat Bennick, Jeffrey Miller, and Jim Kearns.

Please pray for the following who are serving abroad in harm's way: Elizabeth L. Keegan, James Moore, Kyle McVay, Kyle Traylor, Kasey Eggie, Eustaquio Castro-Mendoza, Marc Gendron, and Darryl Saungweme.

Altar Server Training

Paul Jacobsmeyer will conduct altar server training on:

Saturday, August 29th
from 1:30pm—2:30pm

Rising 5th graders and older boys and girls are eligible. Contact Paul at 703-730-8280, or e-mail-pjjake4@aol.com.



If you are moving/changing your address, please notify the office so we can keep our records up-to-date. If you are changing your phone number because you are using a cellular phone and/or forgoing your land phone, the office would also like that information. Please call us at 703-221-4044. Thank you.



Summer Hours

Faith Formation Office
Phone: 703-221-3127 Fax: 703-221-3246
Office Hours: Monday—Thursday: 8:00 am—2:00 pm
Friday: Closed



RE Registrations for 2015-2016
Catechetical Year

Registration is well underway for next year's Religious Education. Forms are available in the vestibule of the church and online (<http://www.stfrncis.org/Ministry/Religious%20Education-441-Home/>).

Volunteers Needed

Be a Catechist! We are in need of Catechists for grades 1st-8th for our Religious Education Program. Please volunteer for this wonderful ministry. No experience is necessary, training will be provided and ongoing support will be available.



Questions? Or for more information, please contact Marianne Hayes, DRE at 703-221-3127 or recoor@stfrncis.org.



RCIA—Rite of Christian Initiation for Adults

If you or someone you know is considering being initiated into the Roman Catholic faith, make plans to attend our first RCIA meeting on **Wednesday, September 2nd at 7:30pm in the Br. Juniper Room**. It will be a great opportunity to discover more details about the program and ask questions. You may also contact **Lisa Ostendorf lostendorf@stfrncis.org or 703-221-4044, ext. 277.**

RCIA Sponsors Needed

Sponsoring a RCIA Candidate/Catechumen is a unique opportunity to share your faith. If you are a confirmed Catholic and are interested in sharing the journey with an adult seeking full initiation, please contact **Lisa Ostendorf lostendorf@stfrncis.org or 703-221-4044, ext. 277.**

Baptismal Preparation Class—Our next class will be held this **Sunday, August 16, 2015 from 1:15p.m.—2:00p.m.** in the Br. Juniper Room.



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SPONSOR OF THE WEEK

We would like to thank **Dumfries Heights Apartments** for sponsoring an ad in our weekly bulletin.

Save the Date, and Save your Stuff!

Our 8th Annual *Francis Fest* is scheduled for **Sunday, October 4th from 1pm-5pm** on the parish grounds. Great food, activities for all ages, entertainment and camaraderie guaranteed!



Lots of assistance from parish members is needed to make the festival the great success it has been in past years. Here is what

you can do to help:

- **Start setting aside your unwanted treasures and extra wine for the tag sale and wine wheel.** These two events are very popular and help to offset the cost of the festival. Look for further information in upcoming bulletins.
- **Volunteer to help the Francis Fest Committee.** The next planning meeting will be held this **Sunday, September 13th from 10-11am in the St. Catherine Room.**

Questions? Please call Maureen Deutermann: 703-203-2752.

55 and Over Craft Show

Are you 55 or over? Do you do needlepoint, quilting, photography, stamping, painting, sculpting, sewing, stained glass, woodworking, or any other craft you would like to show off to the parish?

As part of our **Annual Francis Fest on October 5th**, we will again be having a 55 and Over Craft Show where you can present your crafts and sell them if you wish. We will provide the space, and ask only if you do choose to sell your craft, that you donate a portion of the profits back to the parish.

Each year the show has been more and more successful, and we would like to include even more crafters this year. **Please call or email Jeanne Mitcho with questions, or to request space at 703-670-8039 or jcmitcho45@gmail.com.** Table space is limited so do not delay!



25th
Silver Anniversary

Marriage Jubilee Mass: Are you celebrating your **Silver or Golden Marriage Jubilee** this year?

Were you married in 1965 or 1990?

50th
Golden Anniversary

Then contact the parish office to make sure that you are registered for the "2014 Marriage Jubilee Mass." This Mass will be celebrated at **2:30 p.m. on October 19th** at the **Cathedral of St. Thomas More**. The parish office must submit all registrations to the *Office for Family Life* as soon as possible. Registrations forms are available in the vestibule. Call the parish office with any questions. Do not delay. **Registration is due no later than September 24th.**



Mass Intentions

SUNDAY,	August 16—20th Sunday In Ordinary Time
5:30 PM	†Rocco Nuzzo †George Beck †Al Maziekus †Remedios Diaz
7:30 AM	†Emily Jansen †Michael Pitts
9:00 AM	†Liza Heenan †Britt Courtney †Bob Walker †Dwayne E. Gonsorcik †Michael Dake
10:30 AM	†Fehrenbach and †Wright Families †Helen and †Frank Cordes †Anthony Senopole
12:00 PM	†Clara Kennedy †Larry Firth
1:30 PM	Misa en español
5:30 PM	People of the Parish

MONDAY, August 17—Weekday
8:45 AM †Jean Maurice Pelletier

TUESDAY, August 18—Weekday
8:45 AM †Billie Bilodeau

WEDNESDAY, August 19—Weekday
8:45 AM †Dwayne E. Gonsorcik
†Carol Bell
†Joseph Carroll

THURSDAY, August 20—St. Bernard
8:45 AM †Jimmie Barrack

FRIDAY, August 21—St. Pius X
8:45 AM †Liza Heenan

SATURDAY, August 22—Queenship of Mary
4:00 PM Sacrament of Reconciliation

Mass Intentions on Sunday, August 23, 2015

5:30 PM	†Brian Kerns †Alex Galatro Maria Woo
7:30 AM	Thomas Lee
9:00 AM	†Liza Heenan †Britt Courtney †Alex Galatro †Dwayne E. Gonsorcik †John B. MacKinson
10:30 AM	†Eileen Bolen
12:00 PM	†Clara Kennedy
1:30 PM	Misa en español
5:30 PM	People of the Parish