Candidates are required to participate in the two major projects during Year 1: Special Olympics Game and Bread for Life. In addition, candidates must complete 15 hours of additional service of their choosing throughout Year 1 and into Year 2. **(no more than 5 hours may be claimed per activity to encourage diversity of service)**

A reflective essay is required to be turned in with this Service Hours Form. The essay must be typed, double spaced, using 12 font, and must answer at least four (4) questions of your choosing (see back of form), that reflect on your Confirmation service.

Name of Candidate: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| Date of Service | Nature of Service | Organization | # of Hours | Supervisor Signature |
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Confirmation Service Essay Reflection Questions

Discuss the following questions with your sponsor. Then, write a reflective essay about your experiences of service and ministry, answering at least four (4) questions.

* How did the work/service affect the way you think or feel about people different than you?
* What contribution did you make to society or another's life by the ministry/service you did?
* What does doing service work have to do with being Catholic?
* When does service become ministry?
* What were some of your struggles in completing your service work?
* What were some of your joys?
* If you were to do your 20 hours of service over again, what would you do differently?
* In what ways did you see God in the work you completed?
* What changes have you seen in yourself from the time you began doing service to now?
* What new insights have you discovered or learned?

**Sponsor and parents, after reading the reflective essay please comment on the service/ministry your candidate has completed and any changes you have seen in either the candidate or the people served. Please share what you think your candidate has learned from this experience.**