



ST. FRANCIS OF ASSISI

Roman Catholic Church
 18825 Fuller Heights Road
 Triangle, Virginia 22172

703-221-4044

www.stfrncis.org

Parish Office Hours - Mon.-Thurs. 8:00 AM—4:00 PM
Fri. 8:00 AM—12:00 PM
Phone 703-221-4044
Fax 703-221-3246
In a Sacramental Emergency - 703-221-5697

EUCCHARIST

Saturday Vigil - 5:30 PM
 Sunday - 7:30 AM; 9:00 AM; 10:45 AM; 12:15 PM; 5:30 PM
 @ 10:45 AM—Family Liturgy
 1:30 PM - Español
 Monday - Friday - 8:45 AM

BAPTISM

Baptismal preparation is required of all parents who have not attended a class within the last three years prior to the celebration of baptism. Please call the parish office.

RECONCILIATION

Saturday: 4:00—5:00 PM and by appointment
 (English and Spanish)

MARRIAGE

Arrangements are made with the parish office.

VISITS TO AND ANOINTING OF THE SICK

Inform the office when someone needs a visit from a Communion Minister or one of the Friars.

PARISH MEMBERSHIP

To register in the parish, please fill out a registration form found in the vestibule, at the parish office, or on the Parish website, and return it to the office.

PARISH COUNCIL

Terry Danner (Chair) 703-680-0860
 Maggie Eves (Vice Chair) 703-304-8058

PARISH SCHOOL 703-221-3868

Grades Pre-school—8th FAX 703-221-0700
 Dr. Tricia Barber, Principal
tricia.barber@verizon.net
 Shari Phillips, Office Coordinator/Admissions
phillipss.sfas@gmail.com

FRANCIS HOUSE: 703-221-6344

(Emergency Financial Assistance)

Francia Salguero, Director
calisa3@verizon.net

2606 Heth Court, Dumfries, VA 22026

CYM 540-273-0777

Brandon Jubar, Coordinator of Youth Ministry
bjubar@stfrncis.org

FRANCISCAN FRIARS

703-221-4044

Fr. John O'Connor, O.F.M., Pastor x226

frjoconnor@stfrncis.org

Fr. John Alderson, O.F.M., Parochial Vicar

Rochester14220@gmail.com

Fr. Ignacio Harding, O.F.M., Parochial Vicar x229

ihardingofm@stfrncis.org

Br. Henry Fulmer, O.F.M., Deacon/Pastoral Associate x227

friarhenry@stfrncis.org

PERMANENT DEACON

Dcn. Michael Gomes (Leave messages at Parish phone)

dcnmike@stfrncis.org

HISPANIC MINISTRY

x229

Fr. Ignacio Harding, O.F.M., Parochial Vicar

ihardingofm@stfrncis.org

Angelica Salguero, Pastoral Associate 703-221-3127 x237

asalquero@stfrncis.org

PARISH STAFF

703-221-4044

Marcia Connolly, Receptionist x221

marciac@stfrncis.org

Edward Knapp, Business Manager x223

edk@stfrncis.org

Chanel Marquis, Compliance Officer x222

cmarquis@stfrncis.org

Barbara Stouffer, Bookkeeper x232

barbaras@stfrncis.org

FAITH FORMATION MINISTRY

703-221-3127

Elizabeth Brack, Secretary x234

lizb@stfrncis.org

Marianne Hayes, DRE x236

recoor@stfrncis.org

Sheila Noble, Assistant DRE x238

snoble@stfrncis.org

Lisa Ostendorf, Pastoral Associate x277

lostendorf@stfrncis.org

STEPHEN MINISTRY

703-221-4312

Kathy Walker, Director of Stephen Ministry x233

kwalker@stfrncis.org

MUSIC MINISTRY

703-221-4044 x231

Nikole Giraldi, Director

nikoleg@stfrncis.org

Colleen Wells, Assistant Director 703-221-4044 x231

cwells@stfrncis.org

A fresh perspective on the Sunday Readings
HIS WORD TODAY
By Rev. William J. Reilly



“As the test of what the potter molds is in the furnace, so in tribulation is the test of the just. The fruit of the tree shows the care it has had, so too does one’s speech disclose the bent of one’s mind. Praise no one before he speaks for it then that people are tested...a good person out of the store of goodness in his heart produces good.”

The scriptures use so many images to teach us, form us, and lead us. Consider for a moment... the potter shapes an object, maybe your coffee mug, a vase to hold a spring flower, or even ourselves. (Abba, Father). Soon trees will begin to bud, and the care we give them now, pruning, trimming, fertilizing, will produce long awaited fruit. The words we use, reflect how we feel, what we know and what we desire.

We need not limit ourselves to the image of a tree, but apply the teaching to our own way of life. How we walk the path of holiness according to the teaching of Pope Francis is found in the beatitudes. Our words, our thoughts, our good works are the steps we take on that path, accompanied by God’s grace and the support of one another.



Christ Centered Yoga began a six-week session on Tuesday, February 26th. It is not too late to join. There will be a class at 4:00 p.m. and another at 5:45 p.m. Adults of all levels are welcome. Please come and experience a moving meditation of heart and body.

Please contact **Rita Evans** at 540-270-0667 or breathofheavenyoga@outlook.com.

For Saturday morning classes, please contact **Tracy Morgan** at 540-446-9426 or spiritualyogava@gmail.com.



Marriage Preparation Class will be held on **April 6, 2019** from 9:00 a.m. -3:00 p.m. (Br. Juniper Room). *The next class will be held in the Fall.*

For more information, please contact the Parish Office at 703-221-4044.



REMINDER

Please remember to bring in your blessed palms from home and leave them in the baskets in the vestibule of the church **by March 3rd**. They will be burned and used for ashes on Ash Wednesday, March 6th. Thank you.

March 6th
Ash Wednesday



- 6:30 a.m.**— Prayer Service with Distribution of Ashes
- 8:45 a.m.**— Mass with Distribution of Ashes
- 5:00 p.m.**— Prayer Service with Distribution of Ashes
- 7:30 p.m.**— Mass with Distribution of Ashes
- 8:30 p.m.**— La Misa con distribución de las cenizas

Ashes will only be distributed during the above listed services. Ashes will NOT be distributed in between services.

Fasting and abstinence are encouraged during Lent and reflect the season’s penitential nature. In the U.S. all Fridays of Lent are days of abstinence, that is, days on which no meat is to be consumed. **Ash Wednesday and Good Friday** are days of fast, only one full meal during the day, as well as abstinence.

Fasting and abstinence are by no means the only types of penance. “Let us witness to our love and imitation of Christ by special solicitude for the sick, the poor, the underprivileged, the imprisoned, the bedridden, the discouraged, the lowly.” (Tobit 12, Mt 6).

Communal Reconciliation—will be held on **Wednesday, March 27th, from 7:30 p.m.-9:30 p.m.** We trust this will help all who respond, to have a sacred encounter with the God of mercy. There will be extra clergy on hand to assist that evening.



Eucharistic Ministers and Altar servers are needed for **Confirmation services on Saturday, March 30th** (10:00 a.m. and 2:00 p.m.). Please contact **Sheila Noble** at snoble@stfrancis.org if you are available and would like to help. **Thank you!!!**



For all lectors, ushers, servers, and Eucharistic ministers who wish to serve during Lent, Easter Vigil, and/or Easter Day Masses, the **sign-up sheets are located on the bulletin board in the vestibule.**



St. Francis House Corner

Thanks to the donations from all of our parishioners, the items of the month have been very much appreciated by our clients. With your generosity we will continue to serve those that are in need.

Item of the Month: Laundry Detergent

- Cereal
- Peanut Butter and Jelly

For more information, please call Francia at 703-221-6344. Thank you for your continuing support!



Kairos Prison Ministry Asks for Your Support

The Kairos Program is a prison ministry, which involves screened volunteers visiting and interacting with those who are incarcerated. Its purpose is to build a Christian community within a prison. On March 14th-17th, John Cipparone will support the Kairos weekend at Deep Meadows Correctional Center. You can assist him in two ways:

1. **Sign up for Prayer Chain.** Intercessory prayer is powerful for those incarcerated as well as their families. A Prayer Chain is a visible way of showing offenders that people are praying for them. It is done by linking paper strips with people's names who pray, for any amount of time, for them during this weekend. Please sign-up to pray by contacting John at johncip11@verizon.net or phone: (home) 703-580-6406; (cell) 603-512-9680.
2. **Bake Cookies.** Kairos volunteers bring cookies as a metaphor for abundant love. If this is something you desire to do, please use only the required recipes, due to prison restrictions, that are available on the parish website <http://www.stfrncis.org/prison-ministry/>. Any number of cookies are appreciated and they can be dropped off at the parish office up to March 12th.

Boletín Semanal

Charlas Bautismales—Las próximas charlas bautismales en español serán el **viernes, marzo 8, 2019**. Las charlas bautismales Son a las 7:00 p.m. en el Salón del Hermano Juniper (Br. Juniper Room). Para más información por favor llamar a la Señora Salguero al 703-221-6344.

Despensa de Comida de La Casa de San Francisco—Gracias a las donaciones de todos nuestros feligreses el Artículo del mes ha sido bien recibido por nuestros clientes. Con sus donaciones podremos continuar ayudando a los más necesitados.

Artículo del mes: Detergente para Lavar Ropa

- Cereal
- Mantequilla de Maní
- Mermelada

Muchas gracias por sus donaciones. Para más información Contactar a la **Señora Salguero al 703-221-6344**.

Marzo 6—Miércoles de Cenizas

- 6:30 a.m.** — Servicio de oración con distribución de cenizas (Ingles)
- 8:45 a.m.** — Misa con distribución de cenizas (Ingles)
- 5:00 p.m.** — Servicio de oración con distribución de cenizas (Ingles)
- 7:30 p.m.** — Misa con distribución de cenizas (Ingles)
- 8:30 p.m.** — La Misa con distribución de las cenizas (Español)

Las cenizas solo serán distribuidas durante los servicios mencionados anteriormente. Entre los servicios Las cenizas NO serán distribuidas.

El ayuno y la abstinencia son alentados durante la Cuaresma y reflejan la naturaleza penitencial de la temporada. En los Estados Unidos, todos los viernes de Cuaresma son días de abstinencia, es decir, días en los que no se debe consumir carne. El miércoles de Ceniza y el Viernes Santo son días de ayuno, solo una comida completa durante el día, así como la abstinencia.

El ayuno y la abstinencia no son de ninguna manera los únicos tipos de penitencia. "Demos testimonio de nuestro amor e imitación de Cristo con especial solicitud por los enfermos, los pobres, los desfavorecidos, los encarcelados, los postrados en cama, los desanimados, los humildes" (Tobias 12, Mt 6).

CARE FOR CREATION. CARE FOR THE POOR.

SAVE THE DATE: Sunday, March 17th, at 10:00 a.m. in the St. Catherine Room, please join the Care for Creation Ministry meeting. For the first half hour, we will continue watching Fr. Dan Horan's YouTube video series on understanding Pope Francis' encyclical Laudato Si, "Caring for Our Common Home." EP 07, "The 'Technocratic Paradigm'" is also available to view online at : https://www.youtube.com/watch?v=k_iM16npWhM.

Saturday, March 23rd, please join us at 10:00 a.m. in the Parish Parking Lot for our litter pick up. To sign-up or for more information, please contact Scott Deane at vadeanes@yahoo.com.

ECO-TIP:

Eat organic when you can. Organic food is good for us because we are not putting non-organic pesticides in our bodies, but organic food is also grown without synthetic fertilizers, most of which begin as byproducts of oil refining. When you buy a conventional apple, you're giving a little boost to Big Oil.



Faith Formation Office

Phone: 703-221-3127 Fax: 703-221-3246
Office Hours: Monday—Thursday: **8:00 am—2:00 pm**
Friday: **Closed**

Religious Education for 2019

| | |
|--------|---------------------|
| Mar. 3 | Sunday RE Session |
| 7 | Thursday RE Session |
| 10 | Sunday RE Session |
| 14 | Thursday RE Session |
| 17 | Sunday RE Session |
| 21 | Thursday RE Session |
| 24 | Sunday RE Session |
| 28 | Thursday RE Session |
| 31 | Sunday RE Session |

St. Francis High School Youth Ministry is called **REAL!** **REAL** stands for Respect, Engage, Accept, Live! **REAL** is open to all High School teens. It is a place to connect your life and your faith, to share, support and have fun with other teens who are trying to live out God's call in their everyday lives. Please come see what **REAL** is all about!



Sunday, March 3rd
6:30 p.m.—8:30 p.m.
St. Catherine Room
REAL Leadership
Leadership Team ONLY

Saturday, March 9th—Starts at 8:00 p.m.
Sunday, March 10th—Ends at 8:00 a.m.
St. Francis Parish Center
REAL Fun! LOCK-IN
All Teens Grade 9-12

Sunday, March 17th
6:30 p.m.—8:30 p.m.
St. Catherine Room
REAL Time (Youth Group)
All Teen Grades 9-12

Questions? Please contact Brandon Jubar at
bjubar@stfrncis.org.



If you are moving/changing your address, please notify the Parish Office so we can keep our records up-to-date. Change forms are also available on the tables in the vestibule, from the Parish Office, or from the parish website www.stfrncis.org. If you are changing your phone number because you are using a cellular phone and/or forgoing your land phone, the Parish Office would also like that information. **Please call us at 703-221-4044, ext. 222. Thank you.**

55+ Ministry Lenten Small Group
Tuesdays, beginning March 12th
9:30 a.m.—10:30 a.m.
St. Catherine Room



The 55+ Ministry is hosting a Lenten Small Group to discuss "Believe: Meeting Jesus In The Scriptures" on Tuesday mornings, **beginning March 12th** in the St. Catherine Room. The start time conveniently follows weekday morning Mass. There is no need to register to participate. Just show up! If you would like to purchase your own copy of the guide, please visit the parish small group page and click the link www.stfrncis.org/small-groups For questions, please contact Lisa Ostendorf at lostendorf@stfrncis.org.



St. Francis' Cub Scout Pack 1385 and Boy Scout Troop 138 would like to thank the Parishioners of St. Francis for making their 6th annual **Undie Sunday** a big success. Thanks to your overwhelming generosity and support, the scouts were able to collect and deliver **over 300 pounds** of [mens and/or womens underwear](#) to Bill Mehr Drop-In Shelter. **Thank you!**

Please Pray For **All those who are sick:** Mary Ashburn; John Reagan; Richard L. Laffman; Aaron Childs; Herb Harmon; Callie Linscott; Joseph Ryan; Noah Hammond; Michael Nair; David Back; Laurie Coligan.

And for those recently deceased: Ethel Nora Czernik (grandmother of Brandon Jubar); and Loretta Frankowski (mother of Brandon Frankowski).

Please pray for the following who are serving abroad in harm's way: Thomas S. Hong; Matthew Byron; Tyler Jones; Drew; Leo N. Company; S. Defibaugh; Brianna French; James Moore; Kyle McVay; Kyle Traylor; Marc Gendron; and Darryl Saungweme.

Baptismal Preparation Class

Our next class will be held on **Sunday, March 10, 2019** from **1:30 p.m.—2:30 p.m.** in the Br. Juniper Room. **Please call the Parish Office to register at 703-221-4044.**





**Ladies
ANCIENT ORDER
OF
HIBERNIANS**
Become A Member

**CALLING ALL YOU IRISH LADIES
By BIRTH OR MARRIAGE**

The Fr. Mychal Judge, O.F.M. Ladies Division of the Ancient Order of Hibernians **will be meeting on Monday, March 11, 2019** in the **Parish Center Library!** We will gather at 6:45 p.m. The meeting will last from 7:00-8:00 p.m.

Criteria to join this group of ladies? You must be an Irish Catholic female of 16 years of age or older, Irish descent OR married to an Irish gentleman.

Once a part of this Irish Catholic Organization—all we would ask is for you to live our motto of:

"Friendship, Unity, and Christian Charity"

Come by and see what is going on within our group! We would enjoy meeting you and having you JOIN us. **For more information or/and if you are eligible and interested in joining, please contact Mary Kay Jones at 540-287-4383 or jonesmk@aol.com.**

Are You New to the Parish??? Welcome!!

Registration forms are available on the tables in the vestibule, from the Parish Office or from the parish website www.stfrncis.org.



L.A.O.H. Bake Sale: On **Sunday, March 17th** The Ladies of the Ancient Order of Hibernians will sponsor a bake sale and an Irish Basket Raffle. Proceeds will benefit St. Francis House and other church community charities. Donated baked goods are appreciated. Please contact **Ginny Murphy** at ginmurphy28@gmail.com with any questions about donating baked goods.

Votive Candles

Envelopes are provided for the candle money. **Please place them in the new boxes located on the wall (next to the candles) in the church.**



Many Members, One Body, our parish outreach to members of our community who are gay or lesbian and their family members and friends, will meet in the **Br. Juniper Room at 7:00 p.m. on Thursday, March 14th.** All are welcome to attend. For more information, please contact Anne Tunney at annetunney@yahoo.com.

2019 Lenten Soup Suppers

Fridays During Lent

6:00 p.m. in the Parish Center Dining Hall

- **Friday, March 8th**
Hosted by the Friars and the Parish Council
- **Friday, March 15th**
Hosted by Christ Centered Yoga
- **Friday, March 22nd**
Hosted by the Secular Franciscans
- **Friday, March 29th**
Hosted by the Columbiettes and the Women's Group
- **Friday, April 5th**
Hosted by Religious Education
- **Friday, April 12th**
Hosted by the Ladies Ancient Order of Hibernians



Soup Suppers are followed by the Stations of the Cross at 7:00 p.m. in the Church.

For any questions or more information, please call 703-221-4044, ext. 222.



Mass Intentions

| | |
|-------------------|--|
| SATURDAY, | March 2—Weekday |
| 4:00 PM | Sacrament of Reconciliation |
| 5:30 PM | †Cy Kelly †Albert Stumm †Keith Land |
| SUNDAY, | March—3rd Sunday In Ordinary Time |
| 7:30 AM | †Alice Tippit †Kevin Ryan Herrmann †Kristin Diane Adcock |
| 9:00 AM | †Dwayne E. Gonsorcik †Teodosia Herrera James S. Mooney, II |
| 10:45 AM | †Patricia Atwater †Vincent Pouroso †Emmanuel Elomina |
| 12:15 PM | †Clara Kennedy †Betty and †Don Gianni †Loretta Frankowski |
| 1:30 PM | People of the Parish |
| 5:30 PM | †George and †Helen Callaway †Raymond Battista †Josephine Barczak |
| MONDAY, | March 4—Weekday |
| 8:45 AM | †George and †Helen Callaway Kevin Reed †Harry Rodman |
| TUESDAY, | March 5—Weekday |
| 8:45 AM | Gretchen May Ryan Staten |
| WEDNESDAY, | March 6—Ash Wednesday |
| 6:30 AM | Prayer Service with Ashes |
| 8:45 AM | †Lee Dixon †Dwayne E. Gonsorcik †Kathryn Gonsorcik |
| 5:00 PM | Prayer Service with Ashes |
| 7:30 PM | †Jane Sequeira †Ryan De Souza †Linda Fernandes |
| 8:30 PM | Misa en español |
| THURSDAY, | March 7—Lenten Weekday |
| 8:45 AM | †Thomas Michael Austin, Sr. |
| FRIDAY, | March 8—Lenten Weekday |
| 8:45 AM | †Kevin Ryan Herrmann In Thanksgiving †Keith Land |
| SATURDAY, | March 9—Lenten Weekday |
| 4:00 PM | Sacrament of Reconciliation |
| 5:30 PM | †Cy Kelly †Keith Land †Connie and †Jerry O'Shea |

SPONSOR OF THE WEEK

We would like to thank
Christ the King Religious Book and Gift Store
for sponsoring an ad in our weekly bulletin.

Readings for the Week of March 3, 2019

| | |
|------------------|--|
| Monday | Sirach 1:1-10; Mark 9:14-29 |
| Tuesday | Sirach 2:1-11; Mark 9:30-37 |
| Wednesday | Sirach 4:11-19; Mark 9:38-40 |
| Thursday | Sirach 5:1-8; Mark 9:41-50 |
| Friday | Sirach 6:5-17; Mark 10:1-12 |
| Saturday | Sirach 17:1-15; Mark 10:13-16 |
| Sunday | Sirach 27:4-7; 1 Corinthians 15:54-58; Luke 6:39-45 |

Celebrate St. Patrick!

Please join the Ancient Order of Hibernians for a Dinner Dance on **Saturday, March 16th from 6:30 p.m. to 9:30 p.m. in the Parish Center Dining Hall.** The Ladies A.O.H. will be having a basket raffle at the event. **Tickets are \$39.00. Tickets will be sold after Masses on March 2nd-3rd.** You can purchase tickets online at www.Mychal-Judge-va-aoh.org. For more information, please contact **Dan Sullivan at 703-282-2117.** All tickets sold in advance. Proceeds support the St. Francis School and other Charitable giving.



Mass Intentions on Sunday, March 10, 2019

| | |
|----------|---|
| 7:30 AM | †Kevin Ryan Herrmann †Alice Tippit †Ray and †Irene Wagner |
| 9:00 AM | †Dwayne E. Gonsorcik †Daniel Yesko †Andy Misenko |
| 10:45 AM | †Betty Jane Carmack †James Erskine Hamilton, Jr. †Iris Hamilton |
| 12:15 PM | †Clara Kennedy †George Beck †Joseph and †Julia Flood |
| 1:30 PM | †Olga Avalos †Olga Martinez |
| 5:30 PM | †Loretta Frankowski People of the Parish †Lucky and †Cesar Del Bosque |

News from Saint John Paul the Great Catholic High School



OPEN HOUSE at Saint John Paul the Great on **Thursday, March 14th at 3:30p.m.!** All are welcome to tour our facilities, meet our administration, teachers and coaches, explore our house system and clubs, and meet current students and families. Our accredited college-preparatory curriculum is a rigorous course of study, featuring a unique ethical formation. John Paul is also proud to offer Special Services, which includes an Inclusive Options Program: a special education program for students with moderate intellectual or cognitive disabilities. Please register at jpthegreat.schooladminonline.com/portal/new_inquiry.

< KID'S > KORNER

Gospel Today
Eighth Sunday in Ordinary Time | Luke 6:39-45

A good tree produces good fruit, just as a good person, whose heart is full of love, is good and kind to others.

"Each tree is recognized by its own fruit."

Luke 6:44

BIBLE WORD SEARCH Find all the words... left, right, up, down or diagonally.



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| Y | N | S | D | A | R | S | T | O | R | E | D | P | G |
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