

Counseling at St. Francis of Assisi



Family Services Fredericksburg - Catholic Charities of the Diocese of Arlington Counseling Services Offered at St. Francis of Assisi Parish Every Tuesday

Please call Catholic Charities' Intake Coordinator, **Lee Ann Pompeii** at **540-371-1124** with questions or to schedule an appointment. *Cost is based on a sliding scale (income and dependents). Insurance accepted.*

St. Francis of Assisi Parish and Catholic Charities are partnering to offer Catholic Charities Counselor **Peter Drabbant's** services to St. Francis of Assisi parishioners every **Tuesday between the hours of 10:00 a.m. and 6:00 p.m. by appointment, in the Parish Office.**

Peter, a native of Canada, is licensed as both a professional counselor (LPC) and a drug/alcohol counselor (CAADC / IC-RC). He is new to the region and to Catholic Charities for the Diocese of Arlington. Residing and providing therapy services in Michigan for 15 years, he ran a Catholic private practice for a few years and in 2006, joined a CMH (Community Mental Health) agency for 12 years providing individual therapy and crisis intervention for both adults and youth; treating those affected with depression, anxiety, obsessive compulsive disorder and scrupulosity; trauma; anger; behavioral issues; substance use; and couple/marital issues. He has provided group therapy for those with personality disorders (DBT), substance use disorders (IOP) and Anger Management groups.

