



ST. FRANCIS OF ASSISI

Roman Catholic Church

18825 Fuller Heights Road

Triangle, Virginia 22172

703-221-4044

www.stfrncis.org

Parish Office Hours - Mon.-Thurs. 8:00 AM—4:00 PM

Fri. 8:00 AM—12:00 PM

Phone 703-221-4044

Fax 703-221-3246

In a Sacramental Emergency - 703-221-5697

EUCCHARIST

Saturday Vigil - 5:30 PM

Sunday - 7:30 AM; 9:00 AM; 10:45 AM; 12:15 PM; 5:30 PM

@ 10:45 AM—Family Liturgy

1:30 PM - Español

Monday - Friday - 8:45 AM

BAPTISM

Baptismal preparation is required of all parents who have not attended a class within the last three years prior to the celebration of baptism. Please call the parish office.

RECONCILIATION

Saturday: 4:00—5:00 PM and by appointment
(English and Spanish)

MARRIAGE

Arrangements are made with the parish office.

VISITS TO AND ANOINTING OF THE SICK

Inform the office when someone needs a visit from a Communion Minister or one of the Friars.

PARISH MEMBERSHIP

To register in the parish, please fill out a registration form found in the vestibule, at the parish office, or on the Parish website, and return it to the office.

PARISH COUNCIL

Terry Danner (Chair) 703-680-0860

Maggie Eves (Vice Chair) 703-304-8058

PARISH SCHOOL 703-221-3868

Grades Pre-school—8th FAX 703-221-0700

Dr. Tricia Barber, Principal

tricia.barber@verizon.net

Elizabeth Orille, Office Coordinator/Admissions

orillee.sfas@gmail.com

FRANCIS HOUSE: 703-221-6344

(Emergency Financial Assistance)

Francia Salguero, Director

calisa3@verizon.net

2606 Heth Court, Dumfries, VA 22026

CYM 540-273-0777

Brandon Jubar, Coordinator of Youth Ministry

bjubar@stfrncis.org

FRANCISCAN FRIARS

703-221-4044

Fr. John O'Connor, O.F.M., Pastor

x226

frjoconnor@stfrncis.org

Fr. John Alderson, O.F.M., Parochial Vicar

Rochester14220@gmail.com

Fr. Ignacio Harding, O.F.M., Parochial Vicar

x229

ihardingofm@stfrncis.org

Br. Henry Fulmer, O.F.M., Deacon/Pastoral Associate

x227

friarhenry@stfrncis.org

PERMANENT DEACON

Dcn. Michael Gomes (Leave messages at Parish phone)

dcnmike@stfrncis.org

HISPANIC MINISTRY

x229

Fr. Ignacio Harding, O.F.M., Parochial Vicar

ihardingofm@stfrncis.org

Angelica Silva, Pastoral Associate

703-221-3127

x237

asalquero@stfrncis.org

PARISH STAFF

703-221-4044

Marcia Connolly, Receptionist

x221

marciac@stfrncis.org

Edward Knapp, Business Manager

x223

edk@stfrncis.org

Chanel Marquis, Compliance Officer

x222

cmarquis@stfrncis.org

Barbara Stouffer, Bookkeeper

x232

barbaras@stfrncis.org

FAITH FORMATION MINISTRY

703-221-3127

Elizabeth Brack, Secretary

x234

lizb@stfrncis.org

Marianne Hayes, DRE

x236

recoor@stfrncis.org

Sheila Noble, Assistant DRE

x238

snoble@stfrncis.org

STEPHEN MINISTRY

703-221-4312

Kathy Walker, Director of Stephen Ministry

x233

kwalker@stfrncis.org

MUSIC MINISTRY

703-221-4044

x231

Nikole Giraldi, Director

nikoleg@stfrncis.org

Colleen Wells, Assistant Director

703-221-4044

x231

cwells@stfrncis.org

PARISH MISSION STATEMENT: As parishioners of St. Francis of Assisi Catholic Church, our mission is to LIVE the GOSPEL, celebrating our Franciscan Spirituality in the midst of a diverse and ever-changing global culture.

VISION: We, led by the Spirit of God and blessed with great diversity, will joyfully welcome all people. As a community of faith, with the Sunday Eucharistic celebration as the source of our strength, and inspired by the vision of Saints Francis and Clare,

- ✠ We come together seeking the face of Christ in each individual, respecting the dignity, and affirming the value of each individual.
- ✠ We come together as partners in ministry, reaching out in compassion and justice to people of diverse cultures, the poor, the elderly, the shut-ins, the lonely, single parents, children and young adults, those alienated, and those un-welcomed.
- ✠ We come together embracing and celebrating the gifts of each parishioner. Through God's grace, we are empowered to share these gifts with each other, with our community and with our Church, whether we are at St. Francis for a brief period of time or for the rest of our lives.
- ✠ We come together as a reconciling community, trusting in God *who turns our minds and hearts to thoughts of peace*. We stand as a people committed to seek the kingdom of God where *enemies begin to speak to one another and those who are estranged join hands in friendship*.

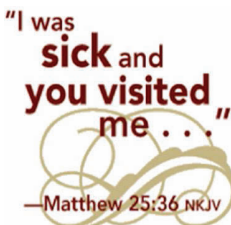
In these ways, we strive to *build up the Church*, fulfill the message and mission of Jesus Christ, and to love God and all of God's creation.



"If the world hates you, realize that it hated me first." John 15:18. If you are feeling this way, let's talk. Email **Kathy Walker** at kwalker@stfrancis.org to have a Stephen Minister start a positive discussion on your worth!

Votive Candles

Envelopes are provided for the candle money. **Please place them in the boxes located on the wall (next to the candles) in the church.**



If you or a family member is in the **hospital or homebound**, please call the Parish Office if you would like a visit from one of the friars. The hospitals are not permitted to give out the names of patients, so the only way we will know if you are in the hospital is if you or a family member inform us.

Are You New to the Parish??? Welcome!!

Registration forms are available on the tables in the vestibule, from the Parish Office or from the parish website www.stfrancis.org.

A fresh perspective on the Sunday Readings

HIS WORD TODAY

By Rev. William J. Reilly



"Abraham saw three men standing nearby. When he saw them, he ran from the entrance of the tent to greet them; and bowing to the ground, he said, 'Sir, if I may ask you this favor, please do not go on past your servant. Let some water be brought, that you may bathe your feet, and then rest yourselves under the tree. Now that you have come this close to your servant, let me bring you a little food, that you may refresh yourselves; and afterward you may go on your way...and he waited on them under the tree while they ate."

During the hot, hazy, dusty days of summer we find the Genesis story welcome relief. Don't we all seek some help at this time of the year, a gentle breeze, a quiet fan or air conditioning? Imagine how welcome was this encounter with Abraham.

A fundamental principle in the Christian life is found in the virtue of hospitality. Saint Benedict likened it to prayer. Jesus found it in the home of Martha, Mary and Lazarus. We have often experienced it in visits, being welcomed into a new parish community or home. We can offer this gift to others at little cost to ourselves. The first to come to mind are immigrants and refugees.

Jesus fled Egypt following no acceptance at the inn. Those fleeing the ravages of war, gangs and poverty at our borders, might be the God hidden from recognition in the book of Genesis. Our gift of hospitality reveals the compassion of Jesus Christ to others.

Please Pray For **All those who are sick:** Imelda Pine; Jim Stevens; Betty Cormier; Dan Burrell; Richard L. Laffman; Sue Long; David Back; Noah Hammond; Laurie Coligan; Aaron Childs; and Patricia Bennick.

And for those recently deceased: Judy Ryerse (wife of Fred Ryerse).

Please pray for the following who are serving abroad in harm's way: James O'Sullivan; Tyler Jones; Drew; and Leo N. Company.

There is a book located in the Blessed Sacrament Chapel next to the Tabernacle for you to write your own prayers of petition. During the *Prayer of the Faithful* during weekend liturgies, an intercession will call to mind those prayers in a general way. In this manner, the public prayer of the church is bound to the many prayers of the faithful who live in the body of Christ!





St. Francis House Corner

Thanks for the donations from all of our parishioners. The items of the month have been very much appreciated by our clients. With your generosity, we will continue to serve those who are in need.

Items of the Month: Cooking Oil and Salt

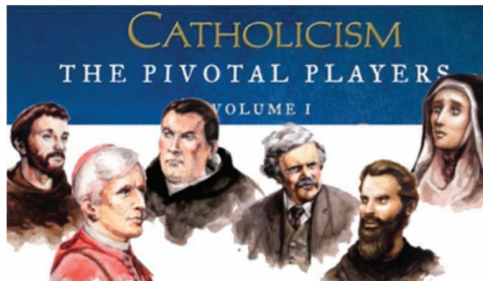
- Spaghetti and Pasta
- Tuna

For more information, please call Francia at 703-221-6344. Thank you for your continuing support!

St. Francis House will be collecting much needed **school supplies** for St. Francis House, during the weekend of **July 20th and 21st**.

Boxes will be located in the vestibule for your generous contributions of these items (glue sticks, black and white marble composition books, wide-ruled notebook paper, pink erasers, etc.).

For more information, please contact Francia Salguero at 703-221-6344.



CATHOLICISM: *The Pivotal Players* showcases a handful of saints, artists, mystics, and scholars who not only shaped the life of the Church but changed the course of western civilization. Please join us this summer on **Thursday evenings at 7:00 p.m. in the Br. Juniper Room** to view and discuss the lasting influence of these *Pivotal Players*. Please contact **Sheila Noble** at snoble@stfrncis.org if you have any questions.

July 18th—St. Augustine, the Teacher, possibly the best example of how faith in Christ changed a person. His narrative of personal transformation still rings true today.

August 1st—Michelangelo, the Artist, dramatically demonstrated that beauty and creativity are a primary route of access to God.

August 8th—Blessed John Henry Newman, the Convert, left a prestigious career to seek and preach the apostolic faith.

August 15th—St. Benedict, the Monk who many argue contributed more to saving western Christian culture than anyone else.

Boletín Semanal

Charlas Bautismales—Las próximas charlas bautismales en español serán el **viernes, agosto 9, 2019**. Las charlas bautismales Son a las 7:00 p.m. en el Salón del Hermano Juniper (Br. Juniper Room). Para más información por favor llamar a la Señora Salguero al **703-221-6344**.

Despensa de Comida de La Casa de San Francisco— Gracias a las donaciones de todos nuestros feligreses el Artículo del mes ha sido bien recibido por nuestros clientes. Con sus donaciones podremos continuar ayudando a los más necesitados.

Artículo del mes: Aceite de cocina y sal

- Espagueti & Pasta
- Atún

Muchas gracias por sus donaciones. Para más información Contactar a la **Señora Salguero al 703-221-6344**.



From the Friars

Un recordatorio amistoso, en cuanto a la administración del Sacramento de los Enfermos.

Recientemente recibimos una llamada de una familia solicitando que un familiar fuera ungido. Debido al tráfico, le tomó al fraile una hora antes de que pudiera

llegar al hospital.

La unción de los enfermos (anteriormente llamada Last Rights) se debe hacer antes de que la persona muera o inmediatamente después.

Como mencioné anteriormente, si alguien en su familia tiene una enfermedad grave, llámenos antes de que tenga una condición médica de "crisis" y podamos ungirla (administrar el Sacramento de los Enfermos).

A continuación se muestra una lista de las parroquias que están cerca de los hospitales del área. Si su ser querido tiene una condición médica de crisis repentina, pida al hospital que llame a la parroquia local, para que no haya un retraso significativo en la administración del Sacramento. Las parroquias responsables de la unción de emergencia son:

INOVA — Lorton — Nuestra Señora de los Ángeles, Woodbridge
 INOVA — Mt. Vernon: El buen pastor, Alexandria
 INOVA — Fairfax (oficina del capellán del hospital 24/7)
 INOVA — Fair Oaks — St. Veronica's, Chantilly
 INOVA — Alexandria — Santísimo Sacramento, Alexandria
 Hospital Mary Washington — St. Mary's, Fredericksburg
 Hospital Prince William — Todos los santos, Manassas
 Hospital de Sentara: Nuestra Señora de los Ángeles, Woodbridge
 Hospital de Spotsylvania — St. Mary's, Fredericksburg
 Hospital de Stafford — St. William de York, Stafford
 Hospital de Virginia — St. Ann's, Arlington

Sinceramente,

Fraile John O'Connor, O.F.M.

Faith Formation Office

Phone: 703-221-3127 Fax: 703-221-3246
Office Hours: Monday—Thursday: 8:00 am—2:00 pm
Friday: Closed

Religious Education for 2019

Have a Blessed Summer!

Classes will resume again in September.

RE registration for 2019-20 began on April 23, 2019 and will continue until the Fall. There will be a late fee after the first week of classes to encourage timely registration. For more information, please contact Marianne Hayes at recoor@stfrncis.org.



**CATECHIST
WANTED!**

Religious Education is in need of Catechists for the upcoming 2019-20 school year. Training is provided and no experience is necessary. If you would like to share your faith with the children of the Parish, please contact Marianne Hayes, DRE at 703-221-3127 or recoor@stfrncis.org. All RE fees are waived for Catechists and Co-Catechists.

St. Francis High School Youth Ministry is called **REAL!** **REAL** stands for Respect, Engage, Accept, Live! **REAL** is open to all High School teens. It is a place to connect your life and your faith, to share, support and have fun with other teens who are trying to live out God's call in their everyday lives. Please come see what **REAL** is all about!



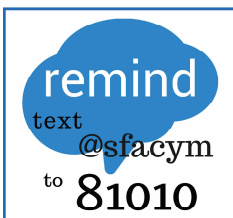
**SUMMER 2019
REAL ACTIVITIES
WILL BE ANNOUNCED
AS THEY ARE SCHEDULED**

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TO STAY UP-TO-DATE

Questions? Please contact Brandon Jubar at bjubar@stfrncis.org.

St. Francis of Assisi School is currently accepting applications for admission (Preschool—8th Grade) for the 2019-2020 school year.



Please visit the school website, www.stfas.org, or contact the school office, 703-221-3868 or Elizabeth Orille (Office Coordinator/Admissions) at orillee.stfas@gmail.com, for more information and to schedule a tour of the campus.

New for Fall 2019—All Day Pre-K program for 4 year old children!

Our Kindergarten has always been a full day program with a strong curriculum and a stimulating learning environment. Spanish, Music, PE, Health, Art and Technology are all part of the K through 8 curriculum. Band is offered from grades 4-8 as are sports. All teachers are Virginia certified and assisting teachers have degrees.

St. Francis of Assisi School Office—Summer Hours

July 2nd-August 15th
(Tuesdays-Thursdays)—**9:00 a.m.-2:00 p.m.**



COKE GIVES PROGRAM

Turn Coke product caps into cash for St. Francis School! Look for Coke Rewards stamps on Coke, Sprite, Dasani, Fanta, Barq's, Fresca, Mr. Pibb, Mello Yello, Fuze, Seagram's Ginger Ale, and Tab. Simply bag the caps and bring them to the school. We will take it from there.

For more information, please contact William Sharp at 571-408-5213 or youcandance5678@yahoo.com. God bless!

It is easy to find Box Tops. In fact, you may have some in your home right now. Clip Box Tops from your favorite products and turn them into cash for **St. Francis of Assisi**



School. Box Tops are each worth 10 cents, and they add up fast! Simply bag the box tops and place them in the Catch-All Slot in the vestibule of the Church. **Thank you for supporting St. Francis of Assisi School!**

Questions? Or for more information, please contact Chanel Marquis (Box Top Coordinator) at cmarquis@stfrncis.org.

Baptismal Preparation Class

Our next class will be held on **Sunday, August 11, 2019 from 1:30 p.m.—2:30 p.m.** in the Br. Juniper Room. Please call the Parish Office to register at 703-221-4044.





At **St. Francis of Assisi Parish**, we are committed to finding the resources to support our ministries and organizations. We are grateful for your continued support of the Parish. Please consider the opportunity and advantages of electronic giving. Forms are available in the vestibule of the Church.

If you have any questions regarding electronic giving, please contact **Barbara Stouffer**, at the Parish Office at **703-221-4044, ext. 232** or e-mail barbaras@stfrncis.org.

Keep those used printer cartridges coming!

Faith Formation has been helping to be good stewards of our earth by recycling. With your contribution of used ink cartridges, we can help care for the earth and it is so easy to do.



Please **do not** drop the cartridges in the Catch-All Slot. (No laser cartridges.)

You can drop the cartridges off in the **basket** on the table in the vestibule or stop by the Faith Formation Office.

Thank you for your continued support!



Attention Class of 2019: This Summer, the Associates of St. John Bosco will be hosting **four** College Nights throughout the Arlington Diocese for graduated high-schoolers headed to college in the Fall. The dates and locations are as follows. All events begin at 7:00 p.m. and go until around 9:00 p.m.:

July 24, 2019: St. Mary of the Immaculate Conception, Fredericksburg.

The purpose of these **free** events is to **help students keep their faith while transitioning into college**. Catholic college students from George Mason, Mary Washington, UVA, Virginia Tech, William & Mary and others will be in attendance to meet students and share their experiences of being a Catholic college student. It is a wonderful chance to meet fellow peers going to your school before even stepping foot onto campus! Free dinner with registration and the chance to win door prizes! Student registration can be found by visiting this link: www.asjb.org. Registration is limited to 50 students per night.

LEAVING IT BETTER THAN YOU FOUND IT



If you are moving/changing your address, please notify the Parish Office so we can keep our records up-to-date.

Change forms are also available on the tables in the vestibule, from the Parish Office, or from the parish website www.stfrncis.org. If you are changing your phone number because you are using a cellular phone and/or forgoing your land phone, the Parish Office would also like that information. **Please call us at 703-221-4044, ext. 222. Thank you.**

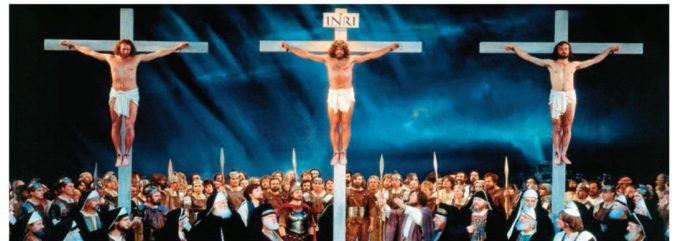
The Lion's Club has **2 donation drop boxes located on the window sill in the vestibule**. Please consider donating your used eyeglasses to the Lion's Club. Your unwanted glasses will help someone see better. Thank you for always being so generous.



CLASSIC AUSTRIA and GERMANY PILGRIMAGE
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AND
MARY BATTISTA

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For a brochure, please contact Friar Henry Fulmer:
Tel: **703-221-4044, ext. 227** or: friarhenry@stfrncis.org

SPACE IS LIMITED—BOOK NOW TO AVOID DISAPPOINTMENT!

This is your last chance to experience the world-famous Passion Play of Oberammergau until 2030!!

SPONSOR OF THE WEEK

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Mass Intentions

SATURDAY,	July 20—Weekday
4:00 PM	Sacrament of Reconciliation
5:30 PM	†Cy Kelly †Joseph Powers †Martha Vierheller
SUNDAY,	July 21—16th Sunday in Ordinary Time
7:30 AM	†Alice Tippit †Bernardo and Roque Family †Hermilo Paredes
9:00 AM	†Dwayne E. Gonsorcik People of the Parish †William Taylor
10:45 AM	†Diem X. Bui †Hien T. Vu †Duc T. Vu
12:15 PM	†James Alfred Carmack, Jr. †Betty Jane Carmack †Joseph Mele
1:30 PM	Misa en español
5:30 PM	†James E. Hamilton, Jr. †Iris Hamilton
MONDAY,	July 22—St. Mary Magdalene
8:45 AM	†Leroy Cecil Barton Donna Barton
TUESDAY,	July 23—Weekday
8:45 AM	†Patricia Jones-Weitzel
WEDNESDAY,	July 24—Weekday
8:45 AM	†Dwayne E. Gonsorcik †Kathryn Gonsorcik †Luke Brennan
THURSDAY,	July 25—St. James, Apostle
8:45 AM	†Luke Brennan †Marie and †William Vogts †Marie and †Alfred Vogts
FRIDAY,	July 26—Sts. Joachim and Anne
8:45 AM	†Dwayne E. Gonsorcik
SATURDAY,	July 27—Weekday
4:00 PM	Sacrament of Reconciliation
5:30 PM	†Cy Kelly †Ann McGeehan In Thanksgiving

Readings for the Week of July 21, 2019

Monday	Songs 3:1-4b or 2 Corinthians 5:14-17; John 20:1-2, 11-18
Tuesday	Exodus 14:21—15:1; Exodus 15:8-9, 10 and 12, 17; Matthew 12:46-50
Wednesday	Exodus 16:1-5, 9-15; Matthew 13:1-9
Thursday	2 Corinthians 4:7-15; Matthew 20:20-28
Friday	Exodus 20:1-17; Matthew 13:18-23
Saturday	Exodus 24:3-8; Matthew 13:24-30
Sunday	Genesis 18:20-32; Colossians 2:12-14; Luke 11:1-13

Mass Intentions on Sunday, July 28, 2019

7:30 AM	†John A. Shookster †Alice Tippit †Tina Alizio
9:00 AM	†Dwayne E. Gonsorcik †James A. Carmack, Jr. †Betty Jane Carmack
10:45 AM	Rebecca Anderson †Diem X. Bui †Bridget Milewski
12:15 PM	†Martin Kastner People of the Parish
1:30 PM	Misa en español
5:30 PM	†Eileen Bolen

The VIRTUS *Protecting God's Children* is the adult safe-environment program being offered by the Diocese of Arlington. **The Diocese requires all adult employees and also volunteers who have substantial contact with children to attend the seminar. This includes:**

- ⇒ Vacation Bible School volunteers
- ⇒ Nursery volunteers
- ⇒ Confirmation retreat parent volunteers
- ⇒ School parent volunteers, who chaperone field trips, volunteer in the classroom, etc.
- ⇒ Mommy & Me volunteers
- ⇒ Coaches for all sports
- ⇒ Boy Scout/Girl Scout leaders and assistants (regardless of whether they are parishioners)
- ⇒ Catechists and Assistant Catechists
- ⇒ CYM and MSYM volunteers
- ⇒ All church and school employees

St. Francis of Assisi Parish will host a seminar on **Sunday, August 18th from 11 am—3 pm** in the Parish Center Dining Facility (begins promptly at **11 am**). To attend this workshop you must pre-register with your full legal name. The seminar is **limited to 60 people**, but there are a number of seminars offered throughout the Diocese; please check availability on the VIRTUS website.



To register: Go to www.virtus.org and click on the yellow link labeled "Registration" (you may either view a list of sessions or begin the registration process). To register for a specific session, select "Begin the Registration Process". Then, from the pull-down menu, select "Diocese of Arlington, VA". Then follow the online prompts.

Every adult member of the parish is invited to register and attend the workshop—it is our duty as members of this community of faith to be aware of how we can support and protect all children.

Respect Creation Live Simply

< KID'S > KORNER

Gospel Today

Sixteenth Sunday in Ordinary Time / Luke 10:38-42

Mary sat in **quiet listening** to Jesus, while her sister Martha **bustled about serving** Jesus and His disciples food and drinks. Both women were focused on Jesus, but hearing the Word of God, Jesus said, was most important. [*Bustle*: To hurry busily and briskly]

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KEEP A GOOD BALANCE

Some days we are like Mary, spending quiet time with Jesus. Other days we are like Martha, serving God by helping others.

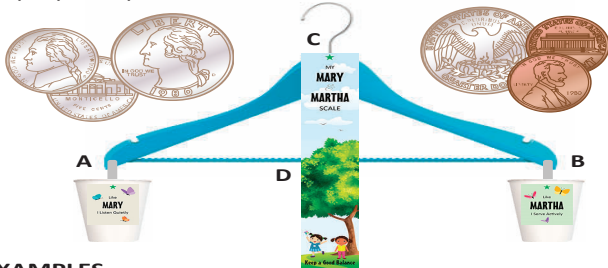
Let's make a Mary and Martha scale, and measure how we spend time with Jesus.

YOU WILL NEED

1 clothes hanger (plastic or wire) • 2 cups (same size plastic or paper) • Scissors, tape, crayons/markers • Coins as weights (nickels work great, but you can use pennies/quarters as long as you always use the same size coin).

DIRECTIONS

- Color and cut out pieces A, B, C.
- Tape A & B to top edge of each cup.
- Tape top edge of cup (at star) to each end on bottom edge of hanger by looping tape over hanger and back onto cup.
- Tape C to center/upper part of hanger as shown and secure at point D.
- Hang your new scale in a place where it can move freely.
- Each time you focus on Jesus, put a coin/weight into the proper cup.



EXAMPLES

Coin into Mary cup

- Reading about Jesus
- Praying to Jesus
- Listening to gospel

Coin into Martha cup

- Being an Altar Server
- Singing in the choir
- Assisting family or friends

What else can you do to be like Mary and Martha?

A Good Deed - Donate your coins each week to charity/church

Tape to top of hanger

C

★
MY
MARY
&
MARTHA
SCALE

A

★
Like
MARY
I Listen Quietly

B

★
Like
MARTHA
I Serve Actively

Remember — Keep a good balance! Both sides are important in being a good disciple.

Keep a Good BALANCE

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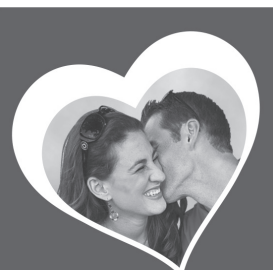
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