



# ST. FRANCIS OF ASSISI

Roman Catholic Church  
18825 Fuller Heights Road  
Triangle, Virginia 22172

703-221-4044

[www.stfrncis.org](http://www.stfrncis.org)

**Parish Office Hours - Mon.-Thurs. 8:00 AM—4:00 PM**  
**Fri. 8:00 AM—12:00 PM**  
**Phone 703-221-4044**  
**Fax 703-221-3246**  
**In a Sacramental Emergency - 703-221-5697**

## EUCCHARIST

Saturday Vigil - 5:30 PM  
 Sunday - 7:30 AM; 9:00 AM; 10:45 AM; 12:15 PM; 5:30 PM  
 @ 10:45 AM—Family Liturgy  
 1:30 PM - Español  
 Monday - Friday - 8:45 AM

## BAPTISM

Baptismal preparation is required of all parents who have not attended a class within the last three years prior to the celebration of baptism. Please call the parish office.

## RECONCILIATION

Saturday: 4:00—5:00 PM and by appointment  
 (English and Spanish)

## MARRIAGE

Arrangements are made with the parish office.

## VISITS TO AND ANOINTING OF THE SICK

Inform the office when someone needs a visit from a Communion Minister or one of the Friars.

## PARISH MEMBERSHIP

To register in the parish, please fill out a registration form found in the vestibule, at the parish office, or on the Parish website, and return it to the office.

## PARISH COUNCIL

Terry Danner (Chair) 703-680-0860  
 Maggie Eves (Vice Chair) 703-304-8058

## PARISH SCHOOL 703-221-3868

Grades Pre-school—8th FAX 703-221-0700  
 Dr. Tricia Barber, Principal  
[tricia.barber@verizon.net](mailto:tricia.barber@verizon.net)  
 Elizabeth Orille, Office Coordinator/Admissions  
[orillee.sfas@gmail.com](mailto:orillee.sfas@gmail.com)

## FRANCIS HOUSE: 703-221-6344

(Emergency Financial Assistance)

Francia Salguero, Director

[calisa3@verizon.net](mailto:calisa3@verizon.net)

2606 Heth Court, Dumfries, VA 22026

## CYM 540-273-0777

Brandon Jubar, Coordinator of Youth Ministry

[bjubar@stfrncis.org](mailto:bjubar@stfrncis.org)

## FRANCISCAN FRIARS

703-221-4044

Fr. John O'Connor, O.F.M., Pastor x226

[frjoconnor@stfrncis.org](mailto:frjoconnor@stfrncis.org)

Fr. John Alderson, O.F.M., Parochial Vicar

[Rochester14220@gmail.com](mailto:Rochester14220@gmail.com)

Fr. Ignacio Harding, O.F.M., Parochial Vicar x229

[ihardingofm@stfrncis.org](mailto:ihardingofm@stfrncis.org)

Br. Henry Fulmer, O.F.M., Deacon/Pastoral Associate x227

[friarhenry@stfrncis.org](mailto:friarhenry@stfrncis.org)

## PERMANENT DEACON

Dcn. Michael Gomes (Leave messages at Parish phone)

[dcnmike@stfrncis.org](mailto:dcnmike@stfrncis.org)

## HISPANIC MINISTRY

x229

Fr. Ignacio Harding, O.F.M., Parochial Vicar

[ihardingofm@stfrncis.org](mailto:ihardingofm@stfrncis.org)

Angelica Silva, Pastoral Associate 703-221-3127 x237

[asalquero@stfrncis.org](mailto:asalquero@stfrncis.org)

## PARISH STAFF

703-221-4044

Marcia Connolly, Receptionist x221

[marciac@stfrncis.org](mailto:marciac@stfrncis.org)

Edward Knapp, Business Manager x223

[edk@stfrncis.org](mailto:edk@stfrncis.org)

Chanel Marquis, Compliance Officer x222

[cmarquis@stfrncis.org](mailto:cmarquis@stfrncis.org)

Barbara Stouffer, Bookkeeper x232

[barbaras@stfrncis.org](mailto:barbaras@stfrncis.org)

## FAITH FORMATION MINISTRY

703-221-3127

Elizabeth Brack, Secretary x234

[lizb@stfrncis.org](mailto:lizb@stfrncis.org)

Marianne Hayes, DRE x236

[recoor@stfrncis.org](mailto:recoor@stfrncis.org)

Sheila Noble, Assistant DRE x238

[snoble@stfrncis.org](mailto:snoble@stfrncis.org)

## STEPHEN MINISTRY

703-221-4312

Kathy Walker, Director of Stephen Ministry x233

[kwalker@stfrncis.org](mailto:kwalker@stfrncis.org)

## MUSIC MINISTRY

703-221-4044 x231

Nikole Giraldi, Director

[nikoleg@stfrncis.org](mailto:nikoleg@stfrncis.org)

Colleen Wells, Assistant Director 703-221-4044 x231

[cwells@stfrncis.org](mailto:cwells@stfrncis.org)

## From the Friars



It was with sadness and a sense of dismay that I read a description of the political rally in North Carolina, a week ago. Violence of words can lead to violence of action, and unfortunately we are witnessing more of this taking place in our country.

Christian faith is a faith of inclusion not exclusion. Any action related to exclusion is diametrically opposed to the message of Jesus Christ.

The complexion of our own parish is an example of what makes America great. On any given Sunday as I look out on the congregation I see individuals of many nations, many colors, gathered. We are an example of the future of the United States.

Jesus' life was an example of reaching out to those others considered "outcasts". The very word Catholic means universal, all embracing. Let us be what we say we are. Let us be an example of Christ's all embracing love.

In the words of St Francis, "Where there is hatred, let me sow love."

Sincerely,

*Fr. John O'Connor, O.F.M.*

**Are things not going well?** Do you have too much to do and not seeing enough progress? Just remember "The day you plant the seed is not the day you eat the fruit." Slow down. Enjoy what you have instead of doing more... **Please email Kathy Walker at [kwalker@stfrncis.org](mailto:kwalker@stfrncis.org) to get the help of a Stephen Minister to work with you on**



**Please Pray For** All those who are sick: Gary Ward; Leo Escanilla; Imelda Pine; Jim Stevens; Betty Cormier; Dan Burrell; Richard L. Laffman; Sue Long; David Back; Noah Hammond; Laurie Coligan; Aaron Childs; and Patricia Bennick.

**And for those recently deceased:** Harry Logel; and Barbara Bergesen (wife of Bradley Bergesen).

**Please pray for the following who are serving abroad in harm's way:** James O'Sullivan; Tyler Jones; Drew; and Leo N. Company.

## A fresh perspective on the Sunday Readings **HIS WORD TODAY** By Rev. William J. Reilly



*"Jesus was praying in a certain place, and when he had finished, one of his disciples said to him, 'Lord, teach us to pray just as John taught his disciples.' He said to them, 'When you pray, say, Father, hallowed be your name...'"*

Jesus directed His prayer to the Father. Paul tells us we can pray only through the inspiration of the Spirit. The Trinity is found in every prayer, 'How much more will the Father in heaven give the Holy Spirit to those who ask him?'

We, like the disciple, ask the Lord to help us to pray and to pray better. We pray in response to the Spirit's urging. We pray in many ways, with words, in silent meditation and reflection, we pray with our hands in serving others. Jesus is ever present to lead us, strengthening our prayer life.

Let's use an example. In teaching people how to swim we can tell them to close their mouths, kick their feet, move their arms and hold their breath. That's teaching technique, but is not swimming. One must enter the water and try.

Prayer is no different. We learn to pray better by praying. Like swimming we are refreshed and renewed by our experience.

**CHANGE ADDRESS** If you are moving/changing your address, please notify the Parish Office so we can keep our records up-to-date. **Change forms are also available on the tables in the vestibule, from the Parish Office, or from the parish website [www.stfrncis.org](http://www.stfrncis.org).** If you are changing your phone number because you are using a cellular phone and/or forgoing your land phone, the Parish Office would also like that information. **Please call us at 703-221-4044, ext. 222. Thank you.**

**There is a book located in the Blessed Sacrament Chapel** next to the Tabernacle for you to write your own prayers of petition. During the *Prayer of the Faithful* during weekend liturgies, an intercession will call to mind those prayers in a general way. In this manner, the public prayer of the church is bound to the many prayers of the faithful who live in the body of Christ!





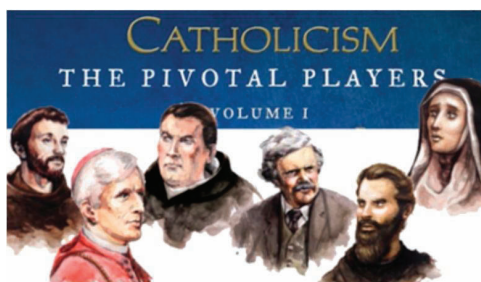
## St. Francis House Corner

Thanks for the donations from all of our parishioners. The items of the month have been very much appreciated by our clients. With your generosity, we will continue to serve those who are in need.

### Items of the Month: Cooking Oil and Salt

- Spaghetti and Pasta
- Tuna

For more information, please call Francia at 703-221-6344. Thank you for your continuing support!



**CATHOLICISM: The Pivotal Players** showcases a handful of saints, artists, mystics, and scholars who not only shaped the life of the Church but changed the course of western civilization. Please join us this summer on **Thursday evenings at 7:00 p.m. in the Br. Juniper Room** to view and discuss the lasting influence of these *Pivotal Players*. Please contact **Sheila Noble** at [snoble@stfrncis.org](mailto:snoble@stfrncis.org) if you have any questions.

**August 1<sup>st</sup>**—Michelangelo, the Artist, dramatically demonstrated that beauty and creativity are a primary route of access to God.

**August 8<sup>th</sup>**—Blessed John Henry Newman, the Convert, left a prestigious career to seek and preach the apostolic faith.

**August 15<sup>th</sup>**—St. Benedict, the Monk who many argue contributed more to saving western Christian culture than anyone else.

### The parishes responsible for emergency anointings are:

- INOVA—Lorton—**Our Lady of Angels**, Woodbridge
- INOVA—Mt. Vernon—**Good Shepherd**, Alexandria
- INOVA—Fairfax (**Hospital's Chaplain's office 24/7**)
- INOVA—Fair Oaks—**St. Veronica's**, Chantilly
- INOVA—Alexandria—**Blessed Sacrament**, Alexandria
- Mary Washington Hospital—**St. Mary's**, Fredericksburg
- Prince William Hospital—**All Saints**, Manassas
- Sentara Hospital—**Our Lady of Angels**, Woodbridge
- Spotsylvania Hospital—**St. Jude**, Fredericksburg
- Stafford Hospital—**St. William of York**, Stafford
- Virginia Hospital—**St. Ann's**, Arlington

## Boletín Semanal

**Charlas Bautismales**—Las próximas charlas bautismales en español serán el **viernes, agosto 9, 2019**. Las charlas bautismales Son a las 7:00 p.m. en el Salón del Hermano Juniper (Br. Juniper Room). Para más información por favor llamar a la Señora Salguero al **703-221-6344**.

**Despensa de Comida de La Casa de San Francisco**— Gracias a las donaciones de todos nuestros feligreses el Artículo del mes ha sido bien recibido por nuestros clientes. Con sus donaciones podremos continuar ayudando a los más necesitados.

### Artículo del mes: Aceite de cocina y sal

- Espagueti & Pasta
- Atún

Muchas gracias por sus donaciones. Para más información Contactar a la **Señora Salguero al 703-221-6344**.



### From the Friars

Un recordatorio amistoso, en cuanto a la administración del Sacramento de los Enfermos.

Recientemente recibimos una llamada de una familia solicitando que un familiar fuera ungido. Debido al tráfico, le tomó al fraile una hora antes de que pudiera

llegar al hospital.

La unción de los enfermos (anteriormente llamada Last Rights) se debe hacer antes de que la persona muera o inmediatamente después.

Como mencioné anteriormente, si alguien en su familia tiene una enfermedad grave, llámenos antes de que tenga una condición médica de "crisis" y podamos ungirla (administrar el Sacramento de los Enfermos).

A continuación se muestra una lista de las parroquias que están cerca de los hospitales del área. Si su ser querido tiene una condición médica de crisis repentina, pida al hospital que llame a la parroquia local, para que no haya un retraso significativo en la administración del Sacramento. Las parroquias responsables de la unción de emergencia son:

INOVA — Lorton — Nuestra Señora de los Ángeles, Woodbridge

INOVA — Mt. Vernon: El buen pastor, Alexandria  
INOVA — Fairfax (oficina del capellán del hospital 24/7)

INOVA — Fair Oaks — St. Veronica's, Chantilly

INOVA — Alexandria — Santísimo Sacramento, Alexandria  
Hospital Mary Washington — St. Mary's, Fredericksburg  
Hospital Prince William — Todos los santos, Manassas  
Hospital de Sentara: Nuestra Señora de los Ángeles, Woodbridge

Hospital de Spotsylvania — St. Jude, Fredericksburg

Hospital de Stafford — St. William de York, Stafford

Hospital de Virginia — St. Ann's, Arlington

Sinceramente,

Fraile John O'Connor, O.F.M.

**Faith Formation Office**

Phone: 703-221-3127 Fax: 703-221-3246  
Office Hours: Monday—Thursday: 8:00 am—2:00 pm  
Friday: Closed

**Religious Education for 2019**

**Have a Blessed Summer!**

*Classes will resume again in September.*

**RE registration for 2019-20** began on **April 23, 2019** and will continue until the Fall. There will be a late fee after the first week of classes to encourage timely registration. For more information, please contact **Marianne Hayes** at [recoor@stfrncis.org](mailto:recoor@stfrncis.org).



**CATECHIST  
WANTED!**

**Religious Education is in need of Catechists** for the upcoming 2019-20 school year. Training is provided and no experience is necessary. If you would like to share your faith with the children of the Parish, please contact **Marianne Hayes, DRE** at 703-221-3127 or [recoor@stfrncis.org](mailto:recoor@stfrncis.org). All RE fees are waived for Catechists and Co-Catechists.

St. Francis High School Youth Ministry is called **REAL!** **REAL** stands for Respect, Engage, Accept, Live! **REAL** is open to all High School teens. It is a place to connect your life and your faith, to share, support and have fun with other teens who are trying to live out God's call in their everyday lives. Please come see what **REAL** is all about!



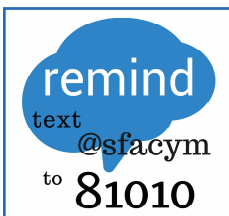
**SUMMER 2019  
REAL ACTIVITIES  
WILL BE ANNOUNCED  
AS THEY ARE SCHEDULED**

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**to 81010  
TO STAY UP-TO-DATE**

**Questions? Please contact Brandon Jubar** at [bjubar@stfrncis.org](mailto:bjubar@stfrncis.org).

**St. Francis of Assisi School** is currently accepting applications for admission (Preschool—8<sup>th</sup> Grade) for the 2019-2020 school year.



Please visit the school website, [www.stfas.org](http://www.stfas.org), or contact the school office, 703-221-3868 or **Elizabeth Orille (Office Coordinator/Admissions)** at [orillee.stfas@gmail.com](mailto:orillee.stfas@gmail.com), for more information and to schedule a tour of the campus.

**New for Fall 2019—All Day Pre-K program for 4 year old children!**

Our Kindergarten has always been a full day program with a strong curriculum and a stimulating learning environment. Spanish, Music, PE, Health, Art and Technology are all part of the K through 8 curriculum. Band is offered from grades 4-8 as are sports. All teachers are Virginia certified and assisting teachers have degrees.

**St. Francis of Assisi School Office—Summer Hours**

**July 2nd-August 15th**  
(Tuesdays-Thursdays)—**9:00 a.m.-2:00 p.m.**



At **St. Francis of Assisi Parish**, we are committed to finding the resources to support our ministries and organizations. We are grateful for your continued support of the Parish. Please consider the opportunity and advantages of electronic giving. Forms are available in the vestibule of the Church.

If you have any questions regarding electronic giving, please contact **Barbara Stouffer**, at the Parish Office at 703-221-4044, ext. 232 or e-mail [barbaras@stfrncis.org](mailto:barbaras@stfrncis.org).



**Keep those used printer cartridges coming!**

Faith Formation has been helping to be good stewards of our earth by recycling. With your contribution of used ink cartridges, we can help care for the earth and it is so easy to do.

**Please do not drop the cartridges in the Catch-All Slot.**  
(No laser cartridges.)

**You can drop the cartridges off in the basket on the table in the vestibule or stop by the Faith Formation Office.**

**Thank you for your continued support!**

**Baptismal Preparation Class**

Our next class will be held on **Sunday, August 11, 2019** from **1:30 p.m.—2:30 p.m.** in the Br. Juniper Room. **Please call the Parish Office to register at 703-221-4044.**



**Field Hockey Coach Openings at Saint John Paul the Great Catholic High School**

Saint John Paul the Great Catholic High School in Potomac Shores, VA, has **immediate coaching openings for Field Hockey**. Candidates should have a desire to form and develop young people in addition to having a good knowledge of Field Hockey.



For more information, please contact Athletic Director, Chris Vander Woude at [chris.vanderwoude@jpthegreat.org](mailto:chris.vanderwoude@jpthegreat.org).

**CLASSIC AUSTRIA and GERMANY PILGRIMAGE**

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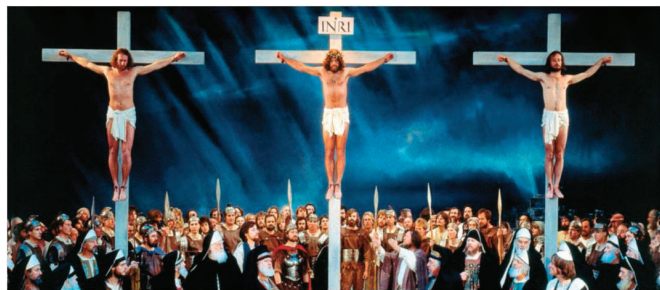
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For a brochure, please contact Friar Henry Fulmer:  
Tel: 703-221-4044, ext. 227 or: [friarhenry@stfrncis.org](mailto:friarhenry@stfrncis.org)

SPACE IS LIMITED—BOOK NOW TO AVOID DISAPPOINTMENT!

*This is your last chance to experience the world-famous Passion Play of Oberammergau until 2030!!*

**SPONSOR OF THE WEEK**

We would like to thank **Kristin Burns, Century 21 Redwood Realty** for sponsoring an ad in our weekly bulletin.

The **VIRTUS Protecting God's Children** is the adult safe-environment program being offered by the Diocese of Arlington. **The Diocese requires all adult employees and also volunteers who have substantial contact with children to attend the seminar. This includes:**

- ⇒ Vacation Bible School volunteers
- ⇒ Nursery volunteers
- ⇒ Confirmation retreat parent volunteers
- ⇒ School parent volunteers, who chaperone field trips, volunteer in the classroom, etc.
- ⇒ Mommy & Me volunteers
- ⇒ Coaches for all sports
- ⇒ Boy Scout/Girl Scout leaders and assistants (regardless of whether they are parishioners)
- ⇒ Catechists and Assistant Catechists
- ⇒ CYM and MSYM volunteers
- ⇒ All church and school employees

St. Francis of Assisi Parish will host a seminar on **Sunday, August 18th from 11 am—3 pm** in the Parish Center Dining Facility (begins promptly at **11 am**). To attend this workshop you must pre-register with your full legal name. The seminar is **limited to 60 people**, but there are a number of seminars offered throughout



the Diocese; please check availability on the VIRTUS website.

To register: Go to [www.virtus.org](http://www.virtus.org) and click on the yellow link labeled "Registration" (you may either view a list of sessions or begin the registration process). To register for a specific session, select "Begin the Registration Process". Then, from the pull-down menu, select "Diocese of Arlington, VA". Then follow the online prompts.

Every adult member of the parish is invited to register and attend the workshop—it is our duty as members of this community of faith to be aware of how we can support and protect all children.

**Are You New to the Parish??? Welcome!!**

Registration forms are available on the tables in the vestibule, from the Parish Office or from the parish website [www.stfrncis.org](http://www.stfrncis.org).

The **Lion's Club** has **2 donation drop boxes located on the window sill in the vestibule**. Please consider donating your used eyeglasses to the Lion's Club. Your unwanted glasses will help someone see better. Thank you for always being so generous.



**Hearing Assistance Earphones** are available for use during the Mass, for those who would like sound amplification. They have been checked and are functioning well. See one of the friars or come to the sacristy before Mass.



# Mass Intentions

<b>SATURDAY,</b>	<b>July 27—Weekday</b>
4:00 PM	Sacrament of Reconciliation
5:30 PM	†Cy Kelly †Ann McGeehan In Thanksgiving
<b>SUNDAY,</b>	<b>July 28—17th Sunday in Ordinary Time</b>
7:30 AM	†John A. Shookster †Alice Tippit †Tina Alizio
9:00 AM	†Dwayne E. Gonsorcik †James A. Carmack, Jr. †Betty Jane Carmack
10:45 AM	Rebecca Anderson †Diem X. Bui †Bridget Milewski
12:15 PM	†Martin Kastner People of the Parish
1:30 PM	Misa en español
5:30 PM	†Eileen Bolen †Robert Macar Dietmar Klueter
<b>MONDAY,</b>	<b>July 29—St. Martha</b>
8:45 AM	†Jason Williams
<b>TUESDAY,</b>	<b>July 30—Weekday</b>
8:45 AM	†Julia Kastner †Karla Vanessa Perel †Kathryn Gonsorcik
<b>WEDNESDAY,</b>	<b>July 31—St. Ignatius of Loyola</b>
8:45 AM	†Lynne Bowey Teodosio †David J. Teodosio †Dwayne E. Gonsorcik
<b>THURSDAY,</b>	<b>August 1—St. Alphonsus Liguori</b>
8:45 AM	†Janet Sarsfield
<b>FRIDAY,</b>	<b>August 2—St. Eusebius of Vercelli St. Peter Julian Eymard</b>
8:45 AM	†Jason Williams †Kevin Ryan Herrmann †Carol Francis Wright
<b>SATURDAY,</b>	<b>August 3—Weekday</b>
4:00 PM	Sacrament of Reconciliation
5:30 PM	†Cy Kelly †Scott Kujawa †Mark King

## Mass Intentions on Sunday, August 4, 2019

7:30 AM	†Alice Tippit †John Kennerly †George Stalcup
9:00 AM	†Dwayne E. Gonsorcik †Gilberto Fermin †Alma Gubanich
10:45 AM	†Natalia Elomina †Diem X. Bui †Judy Ryerse
12:15 PM	†Helen Congdon †Bob and †Clara Kennedy †Charles St. Clair
1:30 PM	†Luis Aguilar †Lorena Garcia
5:30 PM	†Francisco Dominguez

## Readings for the Week of July 28, 2019

<b>Monday</b>	<b>Exodus 32:15-24, 30-34; John 11:19-27 or Luke 10:38-42</b>
<b>Tuesday</b>	<b>Exodus 33:7-11; 34:5b-9, 28; Matthew 13:36-43</b>
<b>Wednesday</b>	<b>Exodus 34:29-35; Matthew 13:44-46</b>
<b>Thursday</b>	<b>Exodus 40:16-21, 34-38; Matthew 13:47-53</b>
<b>Friday</b>	<b>Leviticus 23:1, 4-11, 15-16, 27, 34b-37; Matthew 13:54-58</b>
<b>Saturday</b>	<b>Leviticus 25:1, 8-17; Matthew 14:1-12</b>
<b>Sunday</b>	<b>Ecclesiastes 1:2; 2:21-23; Colossians 3:1-5, 9-11; Luke 12:13-21</b>

## Around the Diocese

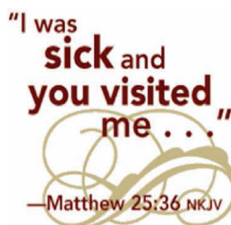
### Mornings of Mercy

#### Divorced Catholics invited to Mornings of Mercy (MOM)

Please join us at the next MOM on **Saturday, August 10, 2019, from 9:00 a.m.-12:00 p.m. at Blessed Sacrament Catholic Church in Alexandria.** Mass begins at 9:00 a.m. The reflection will be led by Fr. Thomas Ferguson, Vicar General of the Diocese of Arlington. The morning will include Mass, Confession, reflection, prayer and Benediction. The retreats are free, but please R.S.V.P. at [www.arlingtondiocese.org/morningsofmercy/](http://www.arlingtondiocese.org/morningsofmercy/).

### Recovering Origins 2019 Weekend Retreat

Recovering Origins is a unique healing retreat for adult children of divorce. Retreatants will discover their identity as children of God. **The retreat will be held Friday, August 30th-Sunday, September 1st** and include presentations, adoration, confession, small group sharing, and daily Mass. Retreatants will receive insight into dealing with the earthly realities of their parents' divorce. Whether you have struggled with this issue for a long time or have tried not to think about it, we invite you to join us this summer. Registration opens June 1st. *Cost is \$350 before July 31st. After July 31st the cost is \$400.* This weekend long retreat is held at **San Damiano Spiritual Life Center in White Post, VA.** For more information call **Monica Darnell at 703-841-2550.**



If you or a family member is in the **hospital or homebound**, please call the Parish Office if you would like a visit from one of the friars. The hospitals are not permitted to give out the names of patients, so the only way we will know if you are in the hospital is if you or a family member inform us.





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Across from Weems & Botts Museum



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