

40 Days

Giving
Fasting
Praying
Repenting
Forgiving



ST. FRANCIS OF ASSISI
Roman Catholic Church
18825 Fuller Heights Road
Triangle, Virginia 22172
703-221-4044
www.stfrncis.org

Parish Office Hours - Mon.-Thurs. 8:00 AM—4:00 PM
Fri. 8:00 AM—12:00 PM
Phone 703-221-4044
Fax 703-221-3246
In a Sacramental Emergency—703-468-1180

EUCCHARIST
Saturday Vigil - 5:30 PM
Sunday - 7:30 AM; 9:00 AM; 10:45 AM; 12:15 PM; 5:30 PM
@ 10:45 AM—Family Liturgy
1:30 PM - Español
Monday - Friday - 8:45 AM

BAPTISM
Baptismal preparation is required of all parents who have not attended a class within the last three years prior to the celebration of baptism. Please call the parish office.

RECONCILIATION
Saturday: 4:00—5:00 PM and by appointment
(English and Spanish)

MARRIAGE
Arrangements are made with the parish office.

VISITS TO AND ANOINTING OF THE SICK
Inform the office when someone needs a visit from a Communion Minister or one of the Friars.

PARISH MEMBERSHIP
To register in the parish, please fill out a registration form found in the vestibule, at the parish office, or on the Parish website, and return it to the office.

PARISH COUNCIL
Terry Danner (Chair) 703-680-0860
Maggie Eves (Vice Chair) 703-304-8058

PARISH SCHOOL 703-221-3868
Grades Pre-school—8th FAX 703-221-0700
Dr. Tricia Barber, Principal
tricia.barber@verizon.net
Elizabeth Orille, Office Coordinator/Admissions
orillee.sfas@gmail.com

FRANCIS HOUSE: 703-221-6344
(Emergency Financial Assistance)
Francina Salguero, Director
francias@stfrncis.org
2606 Heth Court, Dumfries, VA 22026

CYM 540-273-0777
Brandon Jubar, Coordinator of Youth Ministry
bjubar@stfrncis.org

FRANCISCAN FRIARS 703-221-4044
Fr. John O'Connor, O.F.M., Pastor x226
frjoconnor@stfrncis.org
Fr. John Alderson, O.F.M., Parochial Vicar
Rochester14220@gmail.com
Fr. Ignacio Harding, O.F.M., Parochial Vicar x229
ihardingofm@stfrncis.org
Br. Henry Fulmer, O.F.M., Deacon/Pastoral Associate x227
friarhenry@stfrncis.org

PERMANENT DEACON
Dcn. Michael Gomes (Leave messages at Parish phone)
dcnmike@stfrncis.org

HISPANIC MINISTRY x229
Fr. Ignacio Harding, O.F.M., Parochial Vicar
ihardingofm@stfrncis.org
Angelica Silva, Pastoral Associate 703-221-3127 x237
asalquero@stfrncis.org

PARISH STAFF 703-221-4044
Marcia Connolly, Receptionist x221
marciac@stfrncis.org
Chanel Marquis, Compliance Officer x222
cmarquis@stfrncis.org
Barbara Stouffer, Bookkeeper x232
barbaras@stfrncis.org

FAITH FORMATION MINISTRY 703-221-3127
Elizabeth Brack, Secretary x234
lizb@stfrncis.org
Marianne Hayes, DRE x236
recoor@stfrncis.org
Sheila Noble, Assistant DRE x238
snoble@stfrncis.org

STEPHEN MINISTRY 703-221-4312
Kathy Walker, Director of Stephen Ministry x233
kwalker@stfrncis.org

MUSIC MINISTRY 703-221-4044 x231
Nikole Girdaldi, Director
nikoleg@stfrncis.org

Colleen Wells, Assistant Director 703-221-4044 x231
cwells@stfrncis.org

FIFTH SUNDAY OF LENT



I am deeply aware that the decision to cancel Masses indefinitely, is very disappointing to all of you. It is especially difficult in this season of Lent. The decision by Bishop Burbidge was not made without extensive consultation with local, State, and Federal Health authorities.

As Catholics, Christians we have a responsibility to protect those most vulnerable in our communities and society. We must do whatever necessary to risk the spread of this virus.

We are currently working with a very limited staff but the office is open from 8:00 a.m. to 3:00 p.m. Monday thru Thursday, and 8:00 a.m. to 12:00 p.m. on Friday. If you need to visit the office, I ask that you first stop in the lobby of the office area until the receptionist motions for you to enter. Once you enter, I ask that you keep a 6-foot distance between yourself and the receptionist. If at some point the Governor orders a "Shelter in Place" we will of course have to close the Church offices.

Though Mass is suspended during the next few weeks, the Church will be open on Saturday and Sunday as well as weekdays. I encourage you to stop by, say a prayer before the Blessed Sacrament, at which time you can drop off your donation (in the Catch-All slot); or any food you would like to donate to Francis House. The hours will be Monday thru Thursday from 8:30 a.m. to 3:00 p.m., Friday 8:30 a.m. to 12:00 p.m., Saturday 10:00 a.m. to 5:00 p.m., and Sunday 11:00 a.m. to 3:00 p.m.

I encourage you to do the best you can to continue the Lenten journey and to pray with your families daily. The Lord is never far from us in troubled times, and He is certainly with us now. Together with his support we will get through this most difficult moment.

To help us stay in touch with each other I will be communicating with you on a regular basis through the Parish website and E-Newsletter. We are also looking into setting up a live stream of Sunday Mass from our beautiful Church.

May God bless you and your loved ones.

Sincerely,

Fr. John O'Connor, O.F.M.

Confession Schedule for Lent

Confessions will be heard every Wednesday (March 4th—April 8th) during Lent from **7:30 p.m. until 8:30 p.m.**
In addition to Saturday's from 4—5pm.

(No Confessions will be heard on Holy Saturday)

There is a book located in the Blessed Sacrament Chapel next to the Tabernacle for you to write your own prayers of petition. During the *Prayer of the Faithful* during weekend liturgies, an intercession will call to mind those prayers in a general way. In this manner, the public prayer of the church is bound to the many prayers of the faithful who live in the body of Christ!



The Christian community of St. Francis of Assisi welcomes with great joy the following new members of our parish baptized in the months of **December, January, and February:**



- John Edward Galgano, III*
- Sophia Grace Gomez Chavez*
- Mary Judith Hennigan*
- Jasper James Henshaw*
- Ace Marcelo Lopez-Smith*
- Huie Antonio Medina*
- Rylee Quinn Milbert*
- Madeline Mae Newman*
- Joelle Kathleen Nolan*
- Julianna Louise Nolan*
- Annabelle Marie-Elizabeth Pean*
- Kennedy Denee Pope*
- Serafina Vinni Powe*
- Samantha Reyes Diaz*
- Ezra Kai Rivera*
- Colin Mitchell Wilbert*

Please Pray For All those who are sick: Jane Wiedhahn; Denise Liss; Dale Hudson; Gary Ward; Richard McClevey; Imelda Pine; David Back; Laurie Coligan; Aaron Childs; R. Corcoran; and G.C. Kraus.

And for those recently deceased: Frank Ware (Husband of Debora Ware); John Farr (Husband of Margaret Farr); and Luis Bernabe Garcia.

Please pray for the following who are serving abroad in harm's way: Leo N. Company; S. Defibaugh; James O'Shaunessey; and James O'Sullivan.

Votive Candles
Envelopes are provided for candle money. **Please place them in the boxes located on the wall (next to the candles) in the church.**





St. Francis House Corner

Thank you for the donations from our parishioners. The items of the month are appreciated very much by our clients. With your generosity, we will continue

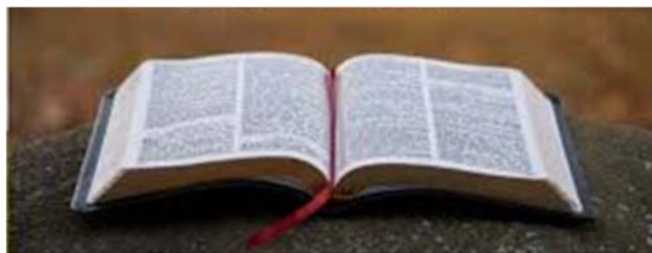
to serve those who are in need.

Item of the Month: Canned Tuna

- Spaghetti Sauce
- Peanut Butter and Jelly
- Canned Vegetables
- Pasta
- Hamburger Helper

For more information, please call **Francia at 703-221-6344**. Thank you for your continuing support!

A fresh perspective on the Sunday Readings
HIS WORD TODAY
By Rev. William J. Reilly



"I will put my spirit in you that you may live, and I will settle you in your own land, thus you shall know that I am the Lord. I have promised, and I will do it, says the Lord... If the Spirit of the one who raised Jesus from the dead dwells in you, the One who raised Christ from the dead, will give life to your mortal bodies also, through the spirit dwelling in you."

Jesus told us He came that we might have life, and have it in its fullness. The pending celebration of Holy Week and the Paschal Mystery are the steps He took to restore us to that life. As He brought Lazarus from death, He wishes us to be renewed. His promises never fail and He wishes to give life to our mortal bodies. What is this life? It is the life of grace, the very life of God, given as a gift, and accepted.

Is the spirit of God dwelling in you? Do you want Him to restore you to life in abundance? Perhaps the sacrament of reconciliation, confession, are the steps we can take to be sure that His gift is in us.

We never learned how Lazarus felt when Jesus touched him. How will you feel?

Boletín Semanal

Despensa de Comida de La Casa de San Francisco— Gracias a las donaciones de todos nuestros feligreses el Artículo del mes ha sido bien recibido por nuestros clientes. Con sus donaciones podremos continuar ayudando a los más necesitados.

Artículo del mes: Atún Enlatado

- Salsa para espaguetis
- Crema de maní y mermelada
- Vegetales enlatados
- Pasta
- Ayudante de Cocina (Hamburger Helper)

Muchas gracias por sus donaciones. Para más información Contactar a la **Señora Salguero al 703-221-6344**.

Counseling at St. Francis of Assisi



Family Services Fredericksburg - Catholic Charities of the Diocese of Arlington Counseling Services Offered at St. Francis of Assisi Parish Every Tuesday.

Please call Catholic Charities' Intake Coordinator, **Lee Ann Pompeii at 540-371-1124** with questions or to schedule an appointment. **Cost is based on a sliding scale (income and dependents). Insurance accepted.**

St. Francis of Assisi Parish and Catholic Charities are partnering to offer Catholic Charities Counselor **Peter Drabbant's** services to St. Francis of Assisi parishioners every **Tuesday between the hours of 10:00 a.m. and 6:00 p.m. by appointment. Sessions will be conducted phone until further notice due to COVID-19.**

Peter, a native of Canada, is licensed as both a professional counselor (LPC) and a drug/alcohol counselor (CAADC / IC-RC). He is new to the region and to Catholic Charities for the Diocese of Arlington. Residing and providing therapy services in Michigan for 15 years, he ran a Catholic private practice for a few years and in 2006, joined a CMH (Community Mental Health) agency for 12 years providing individual therapy and crisis intervention for both adults and youth; treating those affected with depression, anxiety, obsessive compulsive disorder and scrupulosity; trauma; anger; behavioral issues; substance use; and couple/marital issues. He has provided group therapy for those with personality disorders (DBT), substance use disorders (IOP) and Anger Management groups.



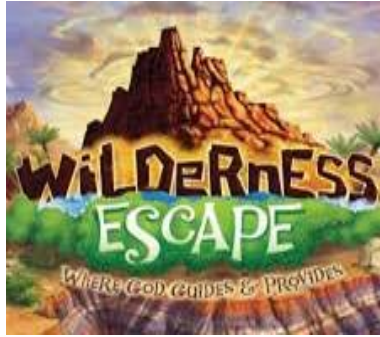
Faith Formation Office

Phone: 703-221-3127 Fax: 703-221-3246
Office Hours: Monday—Thursday: 8:00 a.m.—2:00 p.m.
Friday: **Closed**

Religious Education for 2019-2020

(RE Classes **CANCELED** until further notice)

VBS is fast approaching and we are looking for a team of parents to help! VBS will be held June 15th -19th for children age 4 - 6th grade. Several months are necessary to plan and coordinate. We have an easy to follow kit with a director's guide and tons of support!! In addition to coordinator(s), we will need adults as group leaders, music, craft, games, snack, decorating, bible story, registration.



If you can help coordinate or in any other capacity please fill out a volunteer form. Volunteer forms are available in the back of the church, website and RE Office. Caravan with Moses and find out what it was like for the Israelites traveling to the promise land! **Please contact Marianne Hayes recoor@stfrncis.org for more information.**

St. Francis High School Youth Ministry is called **REAL!** **REAL** stands for Respect, Engage, Accept, Live! **REAL** is open to all High School teens. It is a place to connect your life and your faith, to share, support and have fun with other teens who are trying to live out God's call in their everyday lives. Please come see what **REAL** is all about!



Until further notice, all in-person **REAL** Youth Ministry events are suspended.

Follow us on Facebook
AND

Text "sfacym" to 81010
to receive text message updates.

Questions? Please contact Brandon Jubar at bjubar@stfrncis.org.

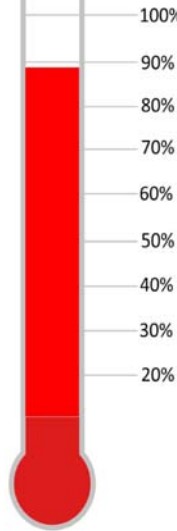
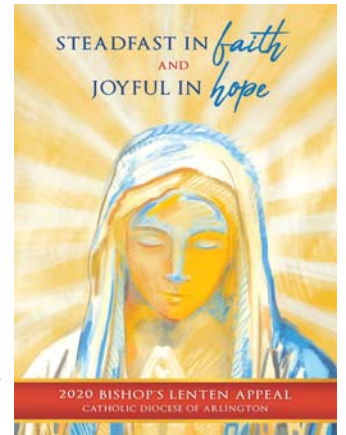
SPONSOR OF THE WEEK

We would like to thank
Mid-County Physical Therapy
for sponsoring an ad in our weekly bulletin.

**2020 Bishop's
Lenten Appeal
Steadfast in Faith and
Joyful in Hope**

Currently our parish has reached **89%** of our goal for the Bishop's Lenten Appeal (BLA). We are very grateful to those who have already supported this year's appeal.

We know that there are families who have not yet made a pledge to the BLA and we are asking for support from every parish household.



There are BLA envelopes in the vestibule of the church that you may fill out and place in the Catch-All slot or bring to the Parish Office or you may go to our parish website (www.stfrncis.org), which will take you to the diocesan website, to make a one-time donation or a pledge that can be paid throughout the year.

The BLA funds many programs, services and ministries that serve people in need and furthers the Gospel mission of Jesus Christ in our diocese. Let us join together to do the Lord's work—works that touch the lives and souls of thousands of people. Please reflect on your blessings and consider joining in support of the BLA. Every pledge is important! Thank you!

BROTHER JUNIPER



St. Francis of Assisi
Electronic Church Giving Program
Did you know...

You can make your offertory gift work harder than every to support St. Francis of Assisi Parish!

Your offering is conveniently deposited directly to the church's account via:

- You checking or savings account, or
- Your credit card (VISA or Mastercard ONLY)

Here's how to join . . .

1. Use this form to indicate the amount you want to contribute each month from your account to the church.
Indicate amount here and keep for your records: \$ _____ Twice a month _____ Once a month
2. Be sure to sign your name and indicate the date.
3. Return the completed enrollment form with a voided check or credit card information to the church office.

Note Current Enrollees: If you wish to change your transfer from a bank account to a credit card, please complete the form below with all the information requested, but indicate "Current Enrollee" at the bottom of the form.

A record of each gift will appear on your monthly bank or credit card statement. You may increase, decrease or suspend your giving at any time by notifying the church. All transfers originating as ACH transactions from members' accounts comply with U.S. law.

St. Francis of Assisi Parish, 18825 Fuller Heights Rd., Triangle, VA 22172
Please complete all three steps!

YES! I'd like to support St. Francis of Assisi through the Electronic Church Giving Program!

1.

Please transfer my gift of \$ _____
Twice a month on the 5th and 20th

OR

Please transfer my gift of \$ _____
Once a month on the ___5th or ___20th

2.

I have enclosed a voided check. Please transfer my monthly gifts from my bank account each month as specified above.

OR

Here is my credit card information. Please transfer my monthly gifts from my credit card.

Card#: _____

Exp. Date: ___/___/___

I understand that my future monthly gifts will be transferred directly from my account and I can increase, decrease or suspend my giving at any time by calling my church.

3.

Please Print

Name: _____

Envelope #: _____

Address: _____

City: _____

State: _____ Zip: _____

Telephone: _____

E-mail: _____

Signature: _____

Date: _____

For Office Use Only: _____

All transfers origination as ACH transactions from members' accounts comply with US law.

At **St. Francis of Assisi Parish**, we are committed to finding the resources to support our ministries and organizations. We are grateful for your continued support of the Parish. Please consider the opportunity and advantages of electronic giving.

If you have any questions regarding electronic giving, please contact **Barbara Stouffer**, at the Parish Office at **703-221-4044, ext. 232** or e-mail barbaras@stfrncis.org.

Fifth Sunday of Lent

SATURDAY, March 28—Lenten Weekday
4:00 PM Sacrament of Reconciliation
5:30 PM †George Beck
†William Peter Bethuel
†Melanie Michalak

SUNDAY, March 29—5th Sunday of Lent
7:30 AM †Alice Tippit
People of the Parish
†Ignacio J. Perez
9:00 AM †Dwayne E. Gonsorcik
†Bob and †Paul Walker
†John Farr
10:45 AM Imelda Pine
12:15 PM †Eileen Bolen
End of Coronavirus
1:30 PM Misa en español
5:30 PM †Jane Wilson
Eva Klueter
†Gina Balistreri

MONDAY, March 30—Lenten Weekday
8:45 AM †Isidra Lucas Borje

TUESDAY, March 31—Lenten Weekday
8:45 AM †Esteban Andres

WEDNESDAY, April 1—Lenten Weekday
8:45 AM †Dwayne E. Gonsorcik
†Kathryn Gonsorcik
†Shirley Starke

THURSDAY, April 2—Lenten Weekday
8:45 AM †Eileen Bolen

FRIDAY, April 3—Lenten Weekday
8:45 AM †Kevin Ryan Herrmann
†Chuck Taylor
†Elizabeth Bennett

SATURDAY, April 4—Lenten Weekday
4:00 PM Sacrament of Reconciliation
5:30 PM Tom Ryan, Sr.
†Cy Kelly
†Mary and †Michael Brough

Mass Intentions on Sunday, April 5, 2020

7:30 AM †Carol Freeman
†Alice Tippit
†Kevin Ryan Herrmann

9:00 AM Ronnie Hall
†John and †Mary Misyak
†Dwayne E. Gonsorcik

10:45 AM †Sue Eckhardt
†Brian Berta

12:15 PM †Harry Logel
People of the Parish

1:30 PM Misa en español
5:30 PM †Jane Wilson
†Michael Creegan
†James and †Gertrude Creegan

Readings for the Week of March 29, 2020

Monday Daniel 13:1-9, 15-17, 19-30, 33-62 or
Daniel 13:41c-62; John 8:1-11

Tuesday Numbers 21:4-9; John 8:21-30

Wednesday Daniel 3:14-20, 91-92. 95;
Daniel 3:52, 53, 54, 55, 56; John 8:31-42

Thursday Genesis 17:3-9; John 8:51-59

Friday Jeremiah 20:10-13; John 10:31-42

Saturday Ezekiel 37:21-28;
Jeremiah 31:10, 11-12abcd, 13;
John 11:45-56

Sunday Matthew 21:1-11; Isaiah 50:4-7;
Philippians 2:6-11;
Matthew 26:14—27:66 or
Matthew 27:11-54

We are praying for YOU!!



As the current call for social distancing leaves many of us feeling anxious or alone, please know that your parish family is praying for each of you! The Friars, Parish Staff, and members of our newly forming Intercessory Prayer Team are praying for health and healing from all illness and anxiety for each of our parishioners. We would like to pray for your specific needs also! Please go to the Parish website (www.stfrancis.org) and click on the 'Prayer Request' button with any specific prayer requests. As much as possible, let us try to keep our eyes focused on Jesus as He walks with us through this difficulty!

CAR RAFFLE 2020

Car raffle tickets have been mailed to each family. Once again we are participating with All Saints Catholic Church. **One \$5.00 ticket offers** a more



generous venture than purchasing a vehicle on our own and each purchaser has a chance to win five cars plus \$20,000 in cash drawings! This makes "selling" at work or to family and friends more like an opportunity—just show them the ticket—it will sell itself! Please visit our website (www.stfrancis.org) to view the five 2020 vehicles.

Any questions or need more tickets, please contact Chanel Marquis at 703-221-4044, ext. 222 or cmarquis@stfrancis.org.

Please take note—All tickets (used or unused and money) can be mailed back directly to ALL SAINTS CATHOLIC CHURCH.; turned into the Parish Office; or the Catch-All Slot.

St. Francis will STILL receive the normal proceeds from the Raffle. This is our Parish's largest fundraiser and we thank you in advance for your support.

< KID'S KORNER >

Gospel Today Fifth Sunday of Lent / John 11:1-45

Jesus is called by Martha & Mary with news their brother Lazarus is very ill. When Jesus arrived in Bethany, Lazarus had already been in the tomb four days. Jesus loved His friends deeply and was so saddened by their grief, He cried. Jesus called upon His Father, who raised Lazarus, much the same as Jesus will rise Easter morning!

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Lent

The season of being sorry for sin, asking forgiveness and helping others.

lend / lent

The act of giving assistance or support to helping others.

WEEK
5

Dear God,
This week I...

LEND
for
LENT

Love,

Examples

- Make a special card for someone who is sad or sick.
- By yourself, or with family members, write a "Thank you Jesus, for Loving Me" prayer. Read it each day from now until Easter.
- Plant some seeds in a cup or planter, giving it water & sun daily. In a few days, you too will witness the miracle of new life. Your new sprouts should be ready by Easter to give as a loving gift.

L
E
N
T

In the past weeks of Lent we have seen a lending of physical, emotional, spiritual and healing support. With the rising of Lazarus, Jesus' friends experiences all of these comforts, and many people became believers.

Lent is nearing the end. Using these remaining two weeks of Lent, think about how much Jesus loves us, and pass this love on to others. Lend your talents to an activity that will comfort someone. Write your lend/lent action on the cross. Color in the cross.



"Storm damage?? ... Tired of door knockers?? ... Put your faith in us!"



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