

# The Most Holy Trinity



## ST. FRANCIS OF ASSISI

Roman Catholic Church  
18825 Fuller Heights Road  
Triangle, Virginia 22172  
703-221-4044

[www.stfrncis.org](http://www.stfrncis.org)

**Parish Office Hours - Mon.-Fri. 9:00 AM—12:00 PM**  
Fri. 9:00 AM—12:00 PM (Until further notice)  
Phone 703-221-4044  
Fax 703-221-3246  
In a Sacramental Emergency—703-468-1180

### EUCHARIST

Saturday Vigil - 5:30 PM (Live Streamed)  
Sunday - 9:00 AM (Must Pre-Register); 11:00 AM (Must Pre-Register)  
1:30 PM - Español (Must Pre-Register)  
Monday - Friday - 8:45 AM

### BAPTISM

Baptismal preparation is required of all parents who have not attended a class within the last three years prior to the celebration of baptism. Please call the parish office.

### RECONCILIATION

Wednesday: 7:00—8:00 PM and by appointment  
(English and Spanish)

### MARRIAGE

Arrangements are made with the parish office.

### VISITS TO AND ANOINTING OF THE SICK

Inform the office when someone needs a visit from a Communion Minister or one of the Friars.

### PARISH MEMBERSHIP

To register in the parish, please fill out a registration form found in the vestibule, at the parish office, or on the Parish website, and return it to the office.

### PARISH COUNCIL

Terry Danner (Chair) 703-680-0860  
Maggie Eves (Vice Chair) 703-304-8058

### PARISH SCHOOL 703-221-3868

Grades Pre-school—8th FAX 703-221-0700  
Dr. Tricia Barber, Principal  
[tricia.barber@verizon.net](mailto:tricia.barber@verizon.net)  
Elizabeth Orille, Office Coordinator/Admissions  
[orillee.sfas@gmail.com](mailto:orillee.sfas@gmail.com)

### FRANCIS HOUSE: 703-221-6344

(Emergency Financial Assistance)  
Francis Salguero, Director  
[francias@stfrncis.org](mailto:francias@stfrncis.org)  
2606 Heth Court, Dumfries, VA 22026

### CYM 540-273-0777

Brandon Jubar, Coordinator of Youth Ministry  
[bjubar@stfrncis.org](mailto:bjubar@stfrncis.org)

### FRANCISCAN FRIARS 703-221-4044

Fr. John O'Connor, O.F.M., Pastor x226  
[frjconnor@stfrncis.org](mailto:frjconnor@stfrncis.org)  
Fr. John Alderson, O.F.M., Parochial Vicar  
[Rochester14220@gmail.com](mailto:Rochester14220@gmail.com)  
Fr. Ignacio Harding, O.F.M., Parochial Vicar x229  
[ihardingofm@stfrncis.org](mailto:ihardingofm@stfrncis.org)  
Br. Henry Fulmer, O.F.M., Deacon/Pastoral Associate x227  
[friarhenry@stfrncis.org](mailto:friarhenry@stfrncis.org)

### PERMANENT DEACON

Dcn. Michael Gomes (Leave messages at Parish phone)  
[dcnmike@stfrncis.org](mailto:dcnmike@stfrncis.org)

### HISPANIC MINISTRY x229

Fr. Ignacio Harding, O.F.M., Parochial Vicar  
[ihardingofm@stfrncis.org](mailto:ihardingofm@stfrncis.org)  
Angelica Silva, Pastoral Associate 703-221-3127 x237  
[asalguero@stfrncis.org](mailto:asalguero@stfrncis.org)

### PARISH STAFF 703-221-4044

Marcia Connolly, Receptionist x221  
[marciac@stfrncis.org](mailto:marciac@stfrncis.org)  
Chanel Marquis, Compliance Officer x222  
[cmarquis@stfrncis.org](mailto:cmarquis@stfrncis.org)  
Barbara Stouffer, Bookkeeper x232  
[barbaras@stfrncis.org](mailto:barbaras@stfrncis.org)

### FAITH FORMATION MINISTRY 703-221-3127

Elizabeth Brack, Secretary x234  
[lizb@stfrncis.org](mailto:lizb@stfrncis.org)  
Marianne Hayes, DRE x236  
[recoor@stfrncis.org](mailto:recoor@stfrncis.org)  
Sheila Noble, Assistant DRE x238  
[snoble@stfrncis.org](mailto:snoble@stfrncis.org)

### STEPHEN MINISTRY 703-221-4312

Kathy Walker, Director of Stephen Ministry x233  
[kwalker@stfrncis.org](mailto:kwalker@stfrncis.org)


### MUSIC MINISTRY 703-221-4044 x231

Nikole Giraldi, Director  
[nikoleg@stfrncis.org](mailto:nikoleg@stfrncis.org)

Colleen Wells, Assistant Director 703-221-4044 x231  
[cwells@stfrncis.org](mailto:cwells@stfrncis.org)

"Your word is  
a lamp that  
gives light  
wherever  
I walk."

Psalm 119:105

 **From the Friars**

We are currently witnessing one of the most turbulent moments in our history as a nation. The killing of George Floyd has reminded us that there is still much work to be done to become the nation we tell the world that we are; a nation where all are free and all are treated equally.

Unfortunately we have become complacent, believing that we have made the progress that recent events remind us we have not made.

Now is the time for us to recommit ourselves to the challenge before us. Let us live the dream of the late Dr. Martin Luther King, Jr. Let us work to make his dream, which hopefully is all of our dreams, a reality.

*I have a dream that one day this nation will rise up and live out the true meaning of its creed: "We hold these truths to be self-evident, that all men are created equal."*

*I have a dream that one day on the red hills of Georgia, the sons of former slaves and the sons of former slave owners will be able to sit down together at the table of brotherhood.*

*I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character.*

*I have a dream that one day every valley shall be exalted, and every hill and mountain shall be made low, the rough places will be made plain, and the crooked places will be made straight; "and the glory of the Lord shall be revealed and all flesh shall see it together."*

*With this faith, we will be able to hew out of the mountain of despair a stone of hope. With this faith, we will be able to transform the jangling discords of our nation into a beautiful symphony of brotherhood. With this faith, we will be able to work together, to pray together, to struggle together,...*

Sincerely,

*Fr. John O'Connor, O.F.M.*

**JUST A LITTLE Reminder** During the COVID-19 pandemic, the updated/revised operating hours for the Church and the Parish Office are as follows:

**The Church will be open** (for the Blessed Sacrament; to drop-off your donations (in the Catch-All slot); or to drop-off any food donations for Francis House:

Monday-Thursday	9:00 a.m.-3:00 p.m.
Friday	9:00 a.m.-12:00 p.m.
Saturday	10:00 a.m.-4:00 p.m.

**The Parish Office will be open:**  
Monday-Friday 9:00 a.m.-12:00 p.m.

**Note:** Hours are subject to change without notice. Please refer to the parish website ([www.stfrancis.org](http://www.stfrancis.org)) or call the Parish Office (703-221-4044) for the most up-to-date information.



**The Public Mass Schedule for Sunday, June 14th is as follows:**

- 9:00 a.m.
- 11:00 a.m.
- 1:30 p.m. (Spanish)

Please visit [www.stfrancis.eventbrite.com](http://www.stfrancis.eventbrite.com) to reserve a seat for one of the Masses.

Please visit <http://www.stfrancis.org/wp-content/uploads/2020/06/How-to-Use-Eventbrite-At-a-Glance.pdf> for Printable Instructions – Includes English and Spanish.

**Reserved Seating Video Instructions**

Go to <https://youtu.be/9KZ-Q49uG88> to learn how to Select Seats for Mass in Eventbrite.

Go to <https://youtu.be/SKpg09Nlsqw> to learn how to Select Seats Using the Map in Eventbrite.

Go to <https://youtu.be/S7973o14sfA> to learn how to Return/Cancel a Seat Ticket Order.

**When attending a public Mass, please be advised of the follow:**

- Each person attending Mass must have a ticket (hard copy or on cell phone)
- A face mask is required for anyone 2 years of age or older
- Each person attending Mass will be required to have a temperature check before entering the church
- Sit in assigned seating areas only
- Avoid touching your face
- Stay home if you have any symptoms of a fever, cough, difficulty breathing, or may have been exposed to COVID-19

**Please Note:** All the faithful of the Diocese of Arlington are **dispensed from the obligation to attend Mass** on Sundays and holy days of obligation until further notice. We will continue to Live Stream Mass on Saturdays at 5:30 p.m. until further notice.



A Novena of Masses will be offered for all Fathers, living and deceased, and will begin on June 21<sup>st</sup>. **Spiritual Bouquet Cards** are available on the tables in the vestibule. Please drop the inside envelope in the Catch-All Slot in the vestibule or in the Parish Office **no later than 12 noon on Thursday, June 18<sup>th</sup>.**



## St. Francis House Corner



**St. Francis House an Outreach Program**  
from St. Francis of Assisi Parish  
**2606 Heth Court, Dumfries, VA 22026**  
703-221-6344  
**Francia Salguero and Angelica Silva**

We are here to serve those in need!

During this great time of need, St. Francis House is remaining open to provide assistance to our brothers and sisters in need. It never ceases to amaze me how our parishioners come together in these times of stress and despair to provide for their fellow brothers and sisters that have been most affected. This week we were able to provide 90 families with food. **If you or your families find yourselves in need, please do not hesitate to reach out to us.** If you would like to contribute to the food pantry, we are open Wednesday and Thursday from 9:00 a.m.-1:00 p.m. Below you can find items that we can use to keep running our food pantry. Also, you can provide monetary assistance through our electronic giving program. You can find the directions on the Parish website ([www.stfrancis.org](http://www.stfrancis.org)).

- Canned Tuna
- Canned Vegetables
- Oil
- Sugar
- Toilet Paper
- Cereal
- Pasta
- Paper Bags

Thank you for your continuing support and generosity. For more information, please contact **Francia Salguero** at 703-221-6344 or [francias@stfrancis.org](mailto:francias@stfrancis.org).

## Boletín Semanal

**Despensa de Comida de La Casa de San Francisco**  
**Casa St. Francisco Un Programa de Ayuda Social de la**  
**Parroquia de St. Francisco de Asís**  
**2606 Heth Court, Dumfries, VA 22026**  
**703-221-6344**  
**Francia Salguero y Angelica Silva**

**Estamos aquí para servir a los necesitados!**

Durante este gran momento de necesidad, La Casa De San Francisco permanece abierta para brindar asistencia a nuestros hermanos y hermanas necesitados. Nunca deja de sorprenderme cómo nuestros feligreses se unen en estos momentos de estrés y desesperación para ayudar a sus hermanos y hermanas más afectados. Esta semana pudimos proporcionar comida a 90 familias. **También si usted y su familia necesitan ayuda nosotros estamos aquí para ayudarlos.** Si desea contribuir a la despensa de alimentos, estamos abiertos los miércoles y jueves de 9:00 a.m. a 1:00 p.m. A continuación puede encontrar artículos que podemos usar para mantener funcionando nuestra despensa de alimentos. Además, puede proporcionar asistencia monetaria a través de nuestro programa de donaciones electrónicas. Puede encontrar las instrucciones en el sitio web de la parroquia ([www.stfrancis.org](http://www.stfrancis.org)).

- Tuna enlatada
- Vegetales enlatados
- Aceite
- Azúcar
- Papel higiénico
- Cereal
- Pasta
- Bolsas de papel

Gracias por su continuo apoyo y generosidad. Para obtener más información, no dude en comunicarse conmigo al 703-221-6344 o [francias@stfrancis.org](mailto:francias@stfrancis.org).



### Votive Candles

Envelopes are provided for candle money. **Please place them in the boxes located on the wall (next to the candles) in the church.**

### Meals for the Shelter

During this time of need, St. Francis of Assisi Church is continuing to support our homeless brothers and sisters by providing meals. **From Saturday, April 4th until Saturday, October 31st**, our church will be providing breakfast every Saturday. Due to the Coronavirus we have to do things a little different than we used to do. Below you will find a list of items that you can donate to contribute to the meals for the shelter:

- Small bottles of water
- Small bottles or boxes of juice, Gatorade
- Individual bags of chips, crackers, cookies
- Granola bars, energy bars
- Fruit cups
- McDonalds gift cards
- Frozen breakfast sandwiches (i.e. Jimmy Dean, Hot Pockets, etc.)



For more information or to support our meal program for the shelters in Prince William County, please contact the **Director of St. Francis House and Meals Coordinator, Francia Salguero** at [francias@stfrancis.org](mailto:francias@stfrancis.org) or 703-221-6344.

**Faith Formation Office**

Phone: 703-221-3127 Fax: 703-221-3246  
Office Hours: Monday—Thursday: 8:00 a.m.—2:00 p.m.  
Friday: **Closed**

**Religious Education for 2020-2021**



Religious Education Registration has begun for the Fall! Religious Education registration is now open for the 2020-21 school year. Please use the following link for online registration and paper forms:  
<http://www.stfrancis.org/welcome-and-introduction/>.

St. Francis High School Youth Ministry is called **REAL!** **REAL** stands for Respect, Engage, Accept, Live! **REAL** is open to all High School teens. It is a place to connect your life and your faith, and to share, support and have fun with other teens who are trying to live out God's call in their everyday lives. Please join us to see what **REAL** is all about!



**REAL** Time Youth Group Meetings are happening ONLINE!

Join us on **Zoom** for an hour of fun with friends!

**Wednesday, June 10th—8:00 p.m.**  
**Wednesday, June 24th—8:00 p.m.**  
**Wednesday, July 8th—8:00 p.m.**

Be sure to sign up for Remind to get texts with meeting information.  
**Simply text @sfacym to 81010.**

**Questions? Please contact Brandon Jubar at [bjubar@stfrancis.org](mailto:bjubar@stfrancis.org).**



The Lion's Club has 2 donation drop boxes located on the window sill in the vestibule. Please consider donating your used eyeglasses to the Lion's Club. Your unwanted glasses will help someone see better. Thank you for always being so generous.

**We are praying for YOU!!**



As the current call for social distancing leaves many of us feeling anxious or alone, please know that your parish family is praying for each of you! The Friars, Parish Staff, and members of our newly forming Intercessory Prayer Team are praying for health and healing from all illness and anxiety for each of our parishioners. We would like to pray for your specific needs also! Please go to the Parish website ([www.stfrancis.org](http://www.stfrancis.org)) and click on the 'Prayer Request' button with any specific prayer requests. As much as possible, let us try to keep our eyes focused on Jesus as He walks with us through this difficulty!

**BROTHER JUNIPER**

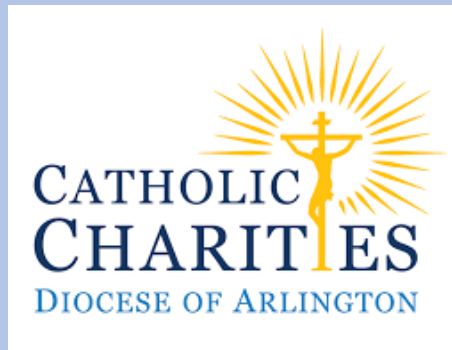


**Please Pray For** All those who are sick: Sue Long; Robert Jones; Imelda Pine; David Back; Laurie Colligan; Aaron Childs; Jane Wiedhahn; Denise Liss; Dale Hudson; Gary Ward; and Richard McClevey.

Please pray for the following who are serving abroad in harm's way: Leo N. Company; S. Defibaugh; James O'Shaunessey; and James O'Sullivan.

**Respect Creation Live Simply**

# Counseling at St. Francis of Assisi



**Family Services Fredericksburg - Catholic Charities of the Diocese of Arlington  
Counseling Services Offered at St. Francis of Assisi Parish Every Tuesday**

Please call Catholic Charities' Intake Coordinator, **Lee Ann Pompeii** at **540-371-1124** with questions or to schedule an appointment. *Cost is based on a sliding scale (income and dependents). Insurance accepted.*

St. Francis of Assisi Parish and Catholic Charities are partnering to offer Catholic Charities Counselor **Peter Drabbant**'s services to St. Francis of Assisi parishioners every **Tuesday between the hours of 9:00 a.m. and 6:00 p.m. by appointment, in the Parish Office.**

**Sessions will be conducted by phone until further notice due to COVID-19.**

Peter, a native of Canada, is licensed as both a professional counselor (LPC) and a drug/alcohol counselor (CAADC / IC-RC). He is new to the region and to Catholic Charities for the Diocese of Arlington. Residing and providing therapy services in Michigan for 15 years, he ran a Catholic private practice for a few years and in 2006, joined a CMH (Community Mental Health) agency for 12 years providing individual therapy and crisis intervention for both adults and youth; treating those affected with depression, anxiety, obsessive compulsive disorder and scrupulosity; trauma; anger; behavioral issues; substance use; and couple/marital issues. He has provided group therapy for those with personality disorders (DBT), substance use disorders (IOP) and Anger Management groups.







**SATURDAY, June 6—Weekday**  
5:30 PM †Evangelista and †Loretta Foglietta  
†Alice Tippit

**SUNDAY, June 7—Holy Trinity**  
7:30 AM †Carol Freeman  
9:00 AM †Dwayne E. Gonsorcik  
†Robert Allen  
†Joe and †Virginia Wohlers  
10:45 AM †Miriam Longo  
12:15 PM †Frederico J. Casupang, Jr.  
People of the Parish  
1:30 PM Misa en español  
5:30 PM †Jane Wilson  
†Dan Maris  
†Emma Schwartz

**MONDAY, June 8—Weekday**  
8:45 AM †Jan Hendershot

**TUESDAY, June 9—Weekday**  
8:45 AM †Gretchen May

**WEDNESDAY, June 10—Weekday**  
8:45 AM †Dwayne E. Gonsorcik  
†Kathryn Gonsorcik  
†Felicita Castaneda

**THURSDAY, June 11—St. Barnabas, Apostle**  
8:45 AM †Eileen Bolen

**FRIDAY, June 12—Weekday**  
8:45 AM †Kevin Ryan Herrmann

**SATURDAY, June 13—St. Anthony of Padua**  
5:30 PM †George Beck  
†Alice Tippit  
Roger Liz Engstrom

**Mass Intentions on Sunday, June 14, 2020**

7:30 AM †Janet Sarsfield  
9:00 AM Ronald Hall  
†Dwayne E. Gonsorcik  
†Bob and †Paul Walker  
10:45 AM †Peter Tam D. Vu  
†Maria Ken T. Dao  
People of the Parish  
12:15 PM †Placido P. Pang-ot  
1:30 PM Misa en español  
5:30 PM †Jane Wilson  
Drew Maris  
†Fr. Rodney Kissinger, S.J.

**SPONSOR OF THE WEEK**

We would like to thank  
**Mountcastle Turch Funeral Home and Crematory**  
for sponsoring an ad in our weekly bulletin.

**Readings for the Week of June 7, 2020**

**Monday** 1 Kings 17:1-6; Matthew 5:1-12  
**Tuesday** 1 Kings 17:7-16; Matthew 5:13-16  
**Wednesday** 1 Kings 18:20-39; Matthew 5:17-19  
**Thursday** Acts 11:21b-26; Acts 13:1-3;  
Matthew 5:20-26  
**Friday** 1 Kings 19:9a, 11-16; Matthew 5:27-32  
**Saturday** 1 Kings 19:19-21; Matthew 5:33-37  
**Sunday** Deuteronomy 8:2-3, 14b-16a;  
1 Corinthians 10:16-17; John 6:51-58

**New Confession Schedule**



Until further notice, **Confessions will be heard on Wednesdays from 7:00 p.m.-8:00 p.m. in the Church.** This is to avoid any delays with Live Streaming the Saturday Mass.

A fresh perspective on the Sunday Readings

**HIS WORD TODAY**

By Rev. William J. Reilly



*“Having come down in a cloud, the Lord stood with Moses there and proclaimed his name, ‘Lord.’ Thus the Lord passed before him and cried out, ‘The Lord, the Lord, a merciful and gracious God, slow to anger and rich in kindness and fidelity.’ Moses then bowed down to the ground in worship. Then he said, ‘If I find favor with you O Lord, do come along in our company.’”*

How exciting is the description of Moses’ encounter with God. He reveals His name and we discover the attributes of God—mercy, graciousness, kindly and faithful. It is no surprise that there is an invitation to accompany his people on their journey.

It is the gift of accompaniment which continues with us as we encounter our God. The same characteristics from the book of Exodus, are the driving force for us to grow in holiness. As God revealed Himself to Moses He manifests Himself to us, for ‘God so loved the world He gave His only Son.’

# < KID'S > KORNER

**Gospel Today | The Most Holy Trinity | John 3:16-18**

*"For God so loved the world that He gave His one and only Son".*

When we believe in Jesus, and live in His light, our spirits will enjoy eternal life.

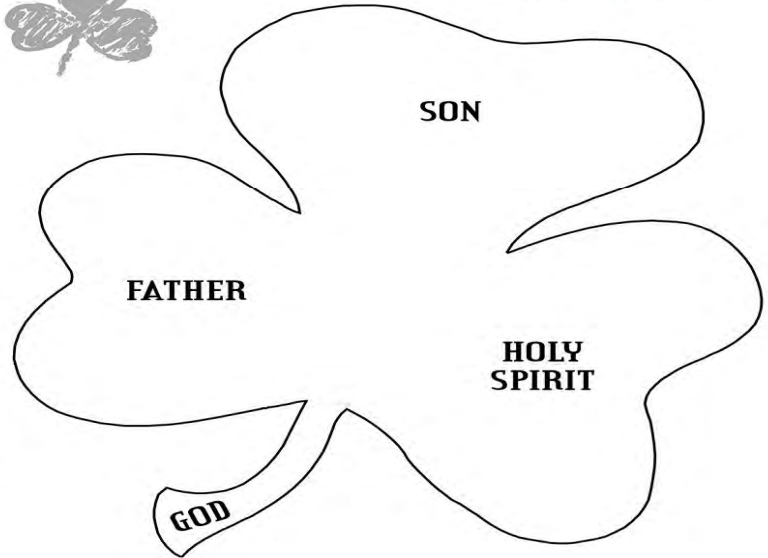
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## THE MOST HOLY TRINITY

It is hard for us to understand the Trinity - one God, with 3 parts.

St. Patrick used a bit of Ireland as a teaching tool. With a 3 leaf clover in hand, he explained it as one stem, our God with 3 leaves, the Father, Son and Holy Spirit.

- Color the clover green -



### SWEET as HONEY

God loves His world. He lets the clover grow wild! Look for it growing in the grass...



**"Storm damage?? ... Tired of door knockers?? ... Put your faith in us!"**



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**CHRISTOPHER K. BROWN**  
Certified Public Accountant

**703-221-2899**

Christopher K. Brown, CPA, PLLC  
17739 Main Street, Suite 340  
Dumfries, VA 22026

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