

The Most Holy Body & Blood of Christ



I AM THE BREAD OF LIFE
 YOU WHO COME TO ME SHALL NOT HUNGER.
 YOU WHO BELIEVE IN ME SHALL NOT THIRST.

JOHN 6



ST. FRANCIS OF ASSISI
 Roman Catholic Church
 18825 Fuller Heights Road
 Triangle, Virginia 22172
 703-221-4044
www.stfrncis.org

Parish Office Hours - Mon.-Fri. 9:00 AM—12:00 PM
Fri. 9:00 AM—12:00 PM (Until further notice)
Phone 703-221-4044
Fax 703-221-3246
In a Sacramental Emergency—703-468-1180

EUCCHARIST

Saturday Vigil - 5:30 PM (Live Streamed)
 Sunday - 9:00 AM (Must Pre-Register); 11:00 AM (Must Pre-Register)
 1:30 PM - Español (Must Pre-Register)
 Monday - Friday - 8:45 AM

BAPTISM

Baptismal preparation is required of all parents who have not attended a class within the last three years prior to the celebration of baptism. Please call the parish office.

RECONCILIATION

Wednesday: 7:00—8:00 PM and by appointment
 (English and Spanish)

MARRIAGE

Arrangements are made with the parish office.

VISITS TO AND ANOINTING OF THE SICK

Inform the office when someone needs a visit from a Communion Minister or one of the Friars.

PARISH MEMBERSHIP

To register in the parish, please fill out a registration form found in the vestibule, at the parish office, or on the Parish website, and return it to the office.

PARISH COUNCIL

Terry Danner (Chair) 703-680-0860
 Maggie Eves (Vice Chair) 703-304-8058

PARISH SCHOOL 703-221-3868

Grades Pre-school—8th FAX 703-221-0700
 Dr. Tricia Barber, Principal
tricia.barber@verizon.net
 Elizabeth Orille, Office Coordinator/Admissions
orillee.sfas@gmail.com

FRANCIS HOUSE: 703-221-6344

(Emergency Financial Assistance)
 Francia Salguero, Director
francias@stfrncis.org
 2606 Heth Court, Dumfries, VA 22026

CYM 540-273-0777

Brandon Jubar, Coordinator of Youth Ministry
bjubar@stfrncis.org

FRANCISCAN FRIARS

703-221-4044

Fr. John O'Connor, O.F.M., Pastor x226
frioconnor@stfrncis.org
 Fr. John Alderson, O.F.M., Parochial Vicar
Rochester14220@gmail.com
 Fr. Ignacio Harding, O.F.M., Parochial Vicar x229
ihardingofm@stfrncis.org
 Br. Henry Fulmer, O.F.M., Deacon/Pastoral Associate x227
friarhenry@stfrncis.org

PERMANENT DEACON

Dcn. Michael Gomes (Leave messages at Parish phone)
dcnmike@stfrncis.org

HISPANIC MINISTRY

x229

Fr. Ignacio Harding, O.F.M., Parochial Vicar
ihardingofm@stfrncis.org
 Angelica Silva, Pastoral Associate **703-221-3127** x237
asalquero@stfrncis.org

PARISH STAFF

703-221-4044

Marcia Connolly, Receptionist x221
marciac@stfrncis.org
 Chanel Marquis, Compliance Officer x222
cmarquis@stfrncis.org
 Barbara Stouffer, Bookkeeper x232
barbaras@stfrncis.org

FAITH FORMATION MINISTRY

703-221-3127

Elizabeth Brack, Secretary x234
lizb@stfrncis.org
 Marianne Hayes, DRE x236
recoor@stfrncis.org
 Sheila Noble, Assistant DRE x238
snoble@stfrncis.org

STEPHEN MINISTRY

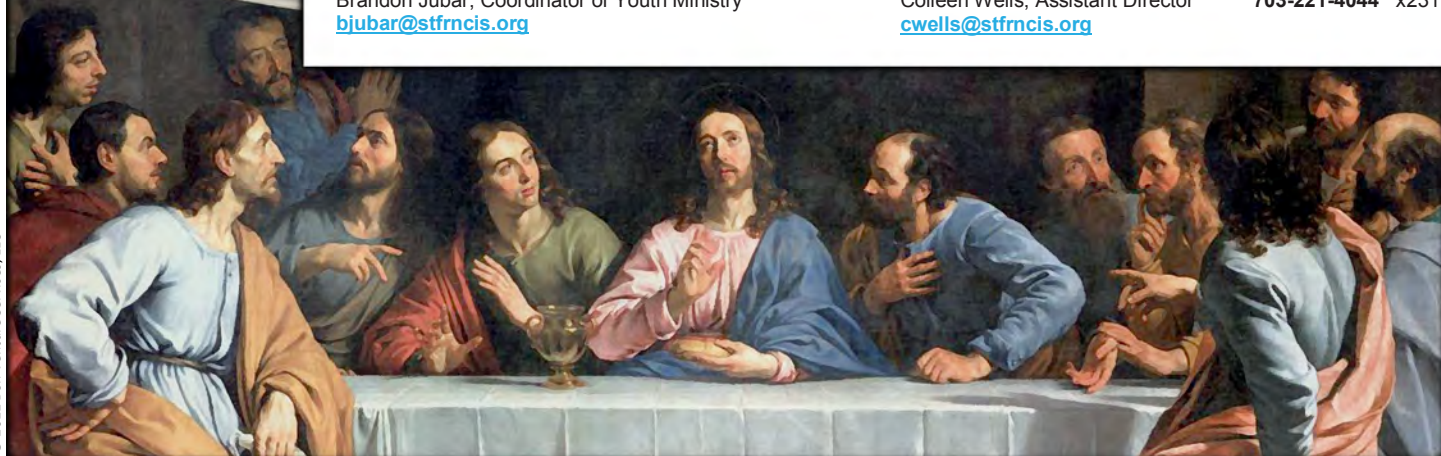
703-221-4312

Kathy Walker, Director of Stephen Ministry x233
kwalker@stfrncis.org

MUSIC MINISTRY

703-221-4044

Nikole Girdali, Director x231
nikoleg@stfrncis.org
 Colleen Wells, Assistant Director **703-221-4044** x231
cwells@stfrncis.org



A fresh perspective on the Sunday Readings

HIS WORD TODAY

By Rev. William J. Reilly



“Moses said to the people, ‘Remember how for forty years now the Lord, your God, has directed all your journeying in the desert, so as to test you by affliction and find out whether or not it was your intention to keep his commandments...Do not forget the Lord, your God’...‘Do this in memory of me’ ”

Memory is a special gift. It allows us to recall special moments, special occasions and events in family, with friends, at church. The celebration of Sacraments, especially Holy Communion when we meet the Lord for the first time in the Eucharist certainly stands out.

On this Feast of the Body and Blood of Christ, take time to remember that Jesus Christ is really present for us to feed, nourish and support us on our journey. With many others spend time in adoration of Jesus in the Sacrament of His Body and Blood. He is waiting for you.

Sadly, when people stop practicing the faith or decide to worship elsewhere, I wonder if they understand that they lost the greatest gift they had, Jesus in the Eucharist. Pray for them and remind them what we have.



A Novena of Masses will be offered for all Fathers, living and deceased, and will begin on June 21st.

Spiritual Bouquet Cards are available on the tables in the vestibule. Please drop the inside envelope in the Catch-All Slot in the vestibule or in the Parish Office **no later than 12 noon on Thursday, June 18th.**



There is a book located in the Blessed Sacrament Chapel next to the Tabernacle for you to write your own prayers of petition. During the *Prayer of the Faithful* during weekend liturgies, an intercession will call to mind those prayers in a general way. In this

manner, the public prayer of the church is bound to the many prayers of the faithful who live in the body of Christ!



The Public Mass Schedule for Sunday, June 21st is as follows:

9:00 a.m.
11:00 a.m.
1:30 p.m. (Spanish)

Please visit www.stfrncis.eventbrite.com to reserve a seat for one of the Masses.

Please visit <http://www.stfrncis.org/wp-content/uploads/2020/06/How-to-Use-Eventbrite-At-a-Glance.pdf> for Printable Instructions – Includes English and Spanish.

Reserved Seating Video Instructions

Go to <https://youtu.be/9KZ-Q49uG88> to learn how to Select Seats for Mass in Eventbrite.

Go to <https://youtu.be/SKpg09Nisqw> to learn how to Select Seats Using the Map in Eventbrite.

Go to <https://youtu.be/S7973o14sfA> to learn how to Return/Cancel a Seat Ticket Order.

When attending a public Mass, please be advised of the follow:

- Each person attending Mass must have a ticket (hard copy or on cell phone)
- A face mask is required for anyone 2 years of age or older
- Each person attending Mass will be required to have a temperature check before entering the church
- Sit in assigned seating areas only
- Avoid touching your face
- Stay home if you have any symptoms of a fever, cough, difficulty breathing, or may have been exposed to COVID-19

Please Note: All the faithful of the Diocese of Arlington are **dispensed from the obligation to attend Mass** on Sundays and holy days of obligation until further notice. We will continue to Live Stream Mass on Saturdays at 5:30 p.m. until further notice.



Do you wish to still display your musical talent while watching Mass by way of Live Stream? The Music Ministry now has weekly Mass Worship Aids available on the Parish website (www.stfrncis.org). Please go to the 'Live Stream' banner located on the homepage of the Parish website and click on the words, **'Mass Worship Aids'** for a copy of the printable Mass Worship Aids.

St. Francis House Corner



St. Francis House an Outreach Program
from St. Francis of Assisi Parish
2606 Heth Court, Dumfries, VA 22026
703-221-6344
Francia Salguero and Angelica Silva

We are here to serve those in need!

During this great time of need, St. Francis House is remaining open to provide assistance to our brothers and sisters in need. It never ceases to amaze me how our parishioners come together in these times of stress and despair to provide for their fellow brothers and sisters that have been most affected. This week we were able to provide 90 families with food. **If you or your families find yourselves in need, please do not hesitate to reach out to us.** If you would like to contribute to the food pantry, we are open Wednesday and Thursday from 9:00 a.m.-1:00 p.m. Below you can find items that we can use to keep running our food pantry. Also, you can provide monetary assistance through our electronic giving program. You can find the directions on the Parish website (www.stfrncis.org).

- Canned Tuna
- Canned Vegetables
- Oil
- Sugar
- Toilet Paper
- Cereal
- Pasta
- Paper Bags

Thank you for your continuing support and generosity. For more information, please contact **Francia Salguero** at 703-221-6344 or francias@stfrncis.org.

Boletín Semanal

Despensa de Comida de La Casa de San Francisco
Casa St. Francisco Un Programa de Ayuda Social de la
Parroquia de St. Francisco de Asís
2606 Heth Court, Dumfries, VA 22026
703-221-6344
Francia Salguero y Angelica Silva

Estamos aquí para servir a los necesitados!

Durante este gran momento de necesidad, La Casa De San Francisco permanece abierta para brindar asistencia a nuestros hermanos y hermanas necesitados. Nunca deja de sorprenderme cómo nuestros feligreses se unen en estos momentos de estrés y desesperación para ayudar a sus hermanos y hermanas más afectados. Esta semana pudimos proporcionar comida a 90 familias. **También si usted y su familia necesitan ayuda nosotros estamos aquí para ayudarlos.** Si desea contribuir a la despensa de alimentos, estamos abiertos los miércoles y jueves de 9:00 a.m. a 1:00 p.m. A continuación puede encontrar artículos que podemos usar para mantener funcionando nuestra despensa de alimentos. Además, puede proporcionar asistencia monetaria a través de nuestro programa de donaciones electrónicas. Puede encontrar las instrucciones en el sitio web de la parroquia (www.stfrncis.org).

- Tuna enlatada
- Vegetales enlatados
- Aceite
- Azúcar
- Papel higiénico
- Cereal
- Pasta
- Bolsas de papel

Gracias por su continuo apoyo y generosidad. Para obtener más información, no dude en comunicarse conmigo al 703-221-6344 o francias@stfrncis.org.



Votive Candles

Envelopes are provided for candle money. **Please place them in the boxes located on the wall (next to the candles) in the church.**

Meals for the Shelter

During this time of need, St. Francis of Assisi Church is continuing to support our homeless brothers and sisters by providing meals. **From Saturday, April 4th until Saturday, October 31st**, our church will be providing breakfast every Saturday. Due to the Coronavirus we have to do things a little different than we used to do. Below you will find a list of items that you can donate to contribute to the meals for the shelter:

- Small bottles of water
- Small bottles or boxes of juice, Gatorade
- Individual bags of chips, crackers, cookies
- Granola bars, energy bars
- Fruit cups
- McDonalds gift cards
- Frozen breakfast sandwiches (i.e. Jimmy Dean, Hot Pockets, etc.)



For more information or to support our meal program for the shelters in Prince William County, please contact the **Director of St. Francis House and Meals Coordinator, Francia Salguero** at francias@stfrncis.org or 703-221-6344.

Faith Formation Office

Phone: 703-221-3127 Fax: 703-221-3246
Office Hours: Monday—Thursday: 8:00 a.m.—12:00 p.m.
Friday: **Closed**

Religious Education for 2020-2021



Religious Education Registration has begun for the Fall! Religious Education registration is now open for the 2020-21 school year. Please use the following link for online registration and paper forms:
<http://www.stfrncis.org/welcome-and-introduction/>.

St. Francis High School Youth Ministry is called **REAL!** **REAL** stands for Respect, Engage, Accept, Live! **REAL** is open to all High School teens. It is a place to connect your life and your faith, and to share, support and have fun with other teens who are trying to live out God's call in their everyday lives. Please join us to see what **REAL** is all about!



REAL Time Youth Group Meetings are happening ONLINE!

Join us on **Zoom** for an hour of fun with friends!

- Wednesday, June 24th—8:00 p.m.
- Wednesday, July 8th—8:00 p.m.
- Wednesday, July 22nd—8:00 p.m.

Be sure to sign up for Remind to get texts with meeting information.

Simply text @sfacym to 81010.

Questions? Please contact Brandon Jubar at bjubar@stfrncis.org.



The Lion's Club has 2 donation drop boxes located on the window sill in the vestibule. Please consider donating your used eyeglasses to the Lion's Club. Your unwanted glasses will help someone see better. Thank you for always being so generous.

The next generation of Box Tops is here!

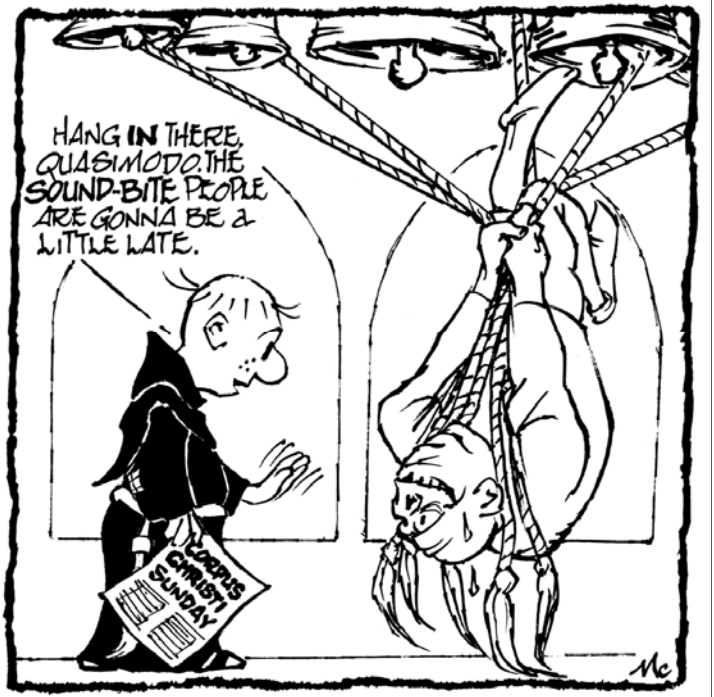
Please download the [Box Top App](#). Instead of clipping from packages and checking expiration dates, the Box Top App now allows you to scan your store receipt, find participating products, and instantly add Box Tops to **St. Francis of Assisi School** earnings online.



Still have some traditional Box Tops in your home right now? Simply bag the Box Tops and place them in the Catch-All Slot in the vestibule of the Church. Thank you for supporting St. Francis of Assisi School!

Questions? Or for more information, please contact **Chanel Marquis (Box Top Coordinator)** at cmarquis@stfrncis.org.

BROTHER JUNIPER



Please Pray For All those who are sick: Sue Long; Robert Jones; Imelda Pine; David Back; Laurie Colligan; Aaron Childs; Jane Wiedhahn; Denise Liss; Dale Hudson; Gary Ward; and Richard McClevey.

Please pray for the following who are serving abroad in harm's way: Leo N. Company; S. Defibaugh; James O'Shaunessey; and James O'Sullivan.

SPONSOR OF THE WEEK

We would like to thank **Hand Prayed Rosaries—Teresa Limber** for sponsoring an ad in our weekly bulletin.



LOOK FOR BOX TOPS ON HUNDREDS OF PRODUCTS!

THE ALL-NEW BOX TOPS IS HERE!
DOWNLOAD THE APP:



CLIP: Traditional Box Tops clips are being phased out of production, but you can still send unexpired clips to school. Every valid Box Tops clip is worth 10¢.



SCAN: If you see this label, **do not send it to school.** Use the new Box Tops app to scan your store receipt within 14 days of purchase. The app will find participating products and instantly add Box Tops to your school's earnings online.

Questions? Please contact Chanel Marquis (Box Top Coordinator) at cmarquis@stfrncis.org



BEVERAGES

- Nestlé® Pure Life® Fruity Water Apple 6.75 oz 8-Pack
- Nestlé® Pure Life® Fruity Water Watermelon 6.75 oz 8-Pack
- Nestlé® Pure Life® Fruity Water Tropical Twist 6.75 oz 8-Pack
- Nestlé® Pure Life® Water .5-Liter 24, 28, 32, 35-Packs
- Nestlé® Pure Life® Water 8 oz 6, 12, 24 & 56-Packs
- Nestlé® Pure Life® Water 11.15 oz 6-Pack



HOUSEHOLD CLEANING

- Lysol® Disinfectant Spray
- Lysol® Disinfecting Wipes
- Lysol® Toilet Bowl Cleaner



MEALS & SIDES

- Annie's® Mac & Cheese
- Annie's® One Pot Pasta
- Annie's® Soup
- Hamburger Helper™
- Chicken Helper™
- Tuna Helper™
- Old El Paso™ Beans
- Old El Paso™ Taco Kit
- Old El Paso™ Tortillas
- Old El Paso™ Shells



SNACKS

- Annie's® Bunny Cookies
- Annie's® Bunny Grahams
- Annie's® Cheddar Bunnies
- Annie's® Cheddar Squares
- Annie's® Cookies
- Annie's® Crackers
- Annie's® Fruit Snacks
- Annie's® Granola Bars
- Annie's® Popcorn
- Annie's® Snack Bars
- Annie's® Snack Mix
- Bugles™
- Cascadian Farm™ Granola
- Cascadian Farm™ Granola Bars
- Cascadian Farm™ Protein Bars
- Cereal Treat Bars
- Chex™ Mix
- Fiber One™ Bars
- Fiber One™ Brownies
- Fiber One™ Cheesecake Bars
- Fiber One™ Cookies
- Food Should Taste Good™ Chips
- Fruit by the Foot™
- Fruit Roll-Ups™
- Gardetto's™
- General Mills™ Fruit Snacks
- Gushers™
- LARABAR™ Kid
- Mott's® Fruit Snacks
- Nature Valley™ Bars
- Nature Valley™ Biscuits
- Nature Valley™ Bites
- Nature Valley™ Granola Clusters
- Nature Valley™ Layer Bars
- Nature Valley™ Snack Mix
- Nature Valley™ Squares
- Nature Valley™ Wafer Bars



CEREAL & BREAKFAST

*Bagged cereals do not participate

- Ancient Grains Cheerios™
- Annie's® Cereal
- Annie's® Toaster Pastries
- Apple Cinnamon Cheerios™
- Apple Cinnamon Toast Crunch™
- Banana Nut Cheerios™
- Basic 4™ Cereal
- Big G Cereal Breakfast Pack (8 Pouches)
- Berry Berry Kix™
- Birthday Cake Cookie Crisp™
- Blueberry Cheerios™
- Blueberry Chex™
- Blueberry Toast Crunch™
- Boo Berry™
- Cascadian Farm Cereal™
- Cheerios™
- Cheerios™ Oat Crunch Cinnamon
- Chocolate Cheerios™
- Chocolate Chex™
- Chocolate Lucky Charms™
- Chocolate Peanut Butter Cheerios™
- Chocolate Toast Crunch™
- Cinnamon Chex™
- Cinnamon Toast Crunch™
- Cinnamon Toast Crunch™ Churros
- Cinnamon Toast Crunch™ Shreds
- Cocoa Puffs™ Cereal
- Cookie Crisp™ Cereal
- Corn Chex™ Cereal
- Count Chocula™
- Dippin Dots™ Cereal
- Drumstick™ Cereal
- Fiber One™ Cereal
- Fillows™ Cereal
- Franken Berry™
- French Toast Crunch™
- Frosted Cheerios™
- Frosted Lucky Charms™
- Fruity Cheerios™
- Girl Scouts™ Cereal
- Golden Grahams™
- Honey Kix™
- Honey Nut Cheerios™
- Honey Nut Cheerios™ Crunch
- Honey Nut Chex™
- Kix™ Cereal
- Lucky Charms™
- Maple Cheerios™
- Mermaid Cereal
- Multigrain Cheerios™
- Nature Valley™ Cereal
- Nature Valley™ Granola
- Oatmeal Crisp™ Cereal
- Peach Cheerios™
- Peanut Butter Chex™
- Peanut Butter Chocolate Shreds™ Cereal
- Protein Cheerios™ Oat & Honey
- Pumpkin Spice Cheerios™
- Raisin Nut Bran™
- Reese's Puffs™
- Rice Chex™
- Star Wars™ Cereal
- Strawberry Toast Crunch™
- Sugar Cookie Toast Crunch™
- Toasted Coconut Cheerios™
- Total™ Cereal
- Trix™ Cereal
- Vanilla Chex™
- Very Berry Cheerios™
- Wheat Chex™
- Wheaties™



SCHOOL & OFFICE SUPPLIES

- Boise® POLARIS® Premium Paper
- Boise® X-9® Paper
- Paper Mate® Arrowhead® Erasers
- Paper Mate® Clearpoint® Mechanical Pencils
- Paper Mate® Colored Pencils
- Paper Mate® Comfortmate Ultra™
- Paper Mate® Correction Pens
- Paper Mate® DryLine® Products
- Paper Mate® Eagle® Pens
- Paper Mate® Eraser Mate®
- Paper Mate® Expressions® Erasers
- Paper Mate® Flair® Felt Tip Pens
- Paper Mate® Flexgrip® Elite
- Paper Mate® Flexgrip® Ultra
- Paper Mate® Gel Pens
- Paper Mate® Flexgrip® RT
- Paper Mate® Handwriting
- Paper Mate® Holiday
- Paper Mate® Infinite Lead
- Paper Mate® Inkjoy® Ballpoint Pens
- Paper Mate® Inkjoy® Gel Pens
- Paper Mate® Inkjoy® Stylus 2-in-1
- Paper Mate® Lead Refills
- Paper Mate® Liquid Flair®
- Paper Mate® Liquid Paper® Fast Dry
- Paper Mate® Markers
- Paper Mate® Mirado® Woodcase Pencils
- Paper Mate® Pens
- Paper Mate® Pink Pearl® & White Pearl® Erasers
- Paper Mate® Profile®
- Paper Mate® Profile® Elite
- Paper Mate® Quick Flip™
- Paper Mate® Sharpwriter® Mechanical Pencils
- Paper Mate® Speederase
- Paper Mate® Write Bros. Pens
- Paper Mate® Write Bros. Mechanical Pencils



BAKING

- Annie's® Biscuits
- Annie's® Cinnamon Rolls
- Annie's® Cookies
- Annie's® Crescents
- Annie's® Dry Baking Mix
- Annie's® Dry Brownie Mix
- Annie's® Dry Cake Mix
- Annie's® Dry Cookie Mix
- Betty Crocker™ Cookie Mix
- Immaculate® Biscuits
- Immaculate® Cinnamon Rolls
- Immaculate® Cookies
- Immaculate® Crescents
- Immaculate® Pie Crust
- Pillsbury™ Birthday Cake Bars 6ct
- Pillsbury™ Chocolate Fudge Brownies 6ct
- Pillsbury™ Grands!™ Refrigerated Biscuits
- Pillsbury™ Refrigerated Biscuits
- Pillsbury™ Refrigerated Breadsticks
- Pillsbury™ Refrigerated Brownies
- Pillsbury™ Refrigerated Cinnamon Rolls
- Pillsbury™ Refrigerated Cookie Dough
- Pillsbury™ Refrigerated Crescents
- Pillsbury™ Refrigerated French Bread
- Pillsbury™ Refrigerated Pie Crust
- Pillsbury™ Refrigerated Pizza
- Pillsbury™ Refrigerated Shape Cookies



FROZEN

- Annie's® Bagel Pizzas
- Annie's® Pizza Bagels
- Annie's® Pizza Poppers
- Cinnamon Toast Crunch™ Bites
- Pillsbury™ Mini Cinnis
- Pillsbury™ Pancakes
- Pillsbury™ Toaster Scambles
- Pillsbury™ Toaster Strudel
- Totino's™ Party Pizza (4-pack only)
- Totino's™ Pizza Rolls



REFRIGERATED & DAIRY

- Mountain High™ Yoghurt
- Yoplait® Go-GURT® Yogurt
- Yoplait® Go-GURT® Dunkers
- Yoplait® Kid
- Yoplait® Multipack

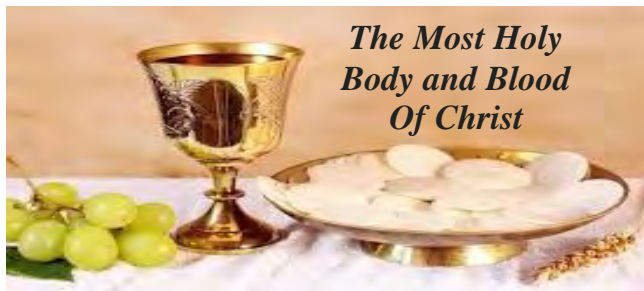
CLIP-ONLY PRODUCTS

A few brands have opted not to participate in the digital program; however, you can still find Box Tops clips on these products during the packaging transition. Be sure to send them to your school before they expire.

- Annie's® Condiments
- Betty Crocker™ Suddenly Salad
- Betty Crocker™ Suddenly Potatoes
- Bisquick™
- Cascadian Farm™ Frozen Fruit
- Cascadian Farm™ Frozen Vegetables
- Select Finish® Products

- Select Hefty® Products
- Select Kleenex® Products
- Larabar™
- Old El Paso™ Seasonings
- Old El Paso™ Sauces
- Pillsbury™ Frozen Biscuits
- Select Reynolds® Products

- Select Scott® Products
- Totino's™ Single Serve Pizza
- Select Ziploc® Products



*The Most Holy
Body and Blood
Of Christ*

SATURDAY, 5:30 PM	June 13—St. Anthony of Padua †George Beck †Alice Tippit Roger Liz Engstrom
SUNDAY, 7:30 AM 9:00 AM 10:45 AM 12:15 PM 1:30 PM 5:30 PM	June 14—The Most Holy Body and Blood of Christ †Janet Sarsfield Ronald Hall †Dwayne E. Gonsorcik †Bob and †Paul Walker †Peter Tam D. Vu †Maria Ken T. Dao People of the Parish †Placido P. Pang-ot Misa en español †Jane Wilson Drew Maris †Fr. Rodney Kissinger, S.J.
MONDAY, 8:45 AM	June 15—Weekday †Wilma Jean Strati
TUESDAY, 8:45 AM	June 16—Weekday †Janet Sarsfield
WEDNESDAY, 8:45 AM	June 17—Weekday †Dwayne E. Gonsorcik †Kathryn Gonsorcik
THURSDAY, 8:45 AM	June 18—St. Barnabas, Apostle †John F. O'Connor
FRIDAY, 8:45 AM	June 19—Sacred Heart of Jesus †Marcia and †Jim Cometto †Jan Hendershot
SATURDAY, 5:30 PM	June 20—Immaculate Heart of Mary †Bill and †Marion Richmond †Cy Kelly †Alice Tippit
Mass Intentions on Sunday, June 21, 2020	
7:30 AM	People of the Parish †Harry Ravert
9:00 AM	†Dwayne E. Gonsorcik †Normand Richard Marquis †Gregory Edward Sanderson
10:45 AM	Father's Day Novena Betsy P. Dennison †Larry Dreis
12:15 PM	†Donald Widener †Thomas V. Vitale †Mark Norman Olds
1:30 PM 5:30 PM	Misa en español †Jane Wilson †George Demos †Lois Brown

Readings for the Week of June 14, 2020

Monday	1 Kings 21:1-16; Matthew 5:38-42
Tuesday	1 Kings 21:17-29; Matthew 5:43-48
Wednesday	2 Kings 2:1, 6-14; Matthew 6:1-6, 16-18
Thursday	Sirach 48:1-14; Matthew 6:7-15
Friday	Deuteronomy 7:6-11; 1 John 4:7-16; Matthew 11:25-30
Saturday	2 Chronicles 24:17-25; Luke 2:41-51
Sunday	Jeremiah 20:10-13; Romans 5:12-15; Matthew 10:26-33



During the COVID-19 pandemic, the updated/revised operating hours for the Church and the Parish Office are as follows:

The Church will be open (for the Blessed Sacrament; to drop-off your donations (in the Catch-All slot); or to drop-off any food donations for Francis House:

Monday-Thursday	9:00 a.m.-3:00 p.m.
Friday	9:00 a.m.-12:00 p.m.
Saturday	10:00 a.m.-4:00 p.m.

The Parish Office will be open:

Monday-Friday	9:00 a.m.-12:00 p.m.
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Note: Hours are subject to change without notice. Please refer to the parish website (www.stfrancis.org) or call the Parish Office (703-221-4044) for the most up-to-date information.

New Confession Schedule



Until further notice, **Confessions will be heard on Wednesdays from 7:00 p.m.-8:00 p.m. in the Church.**

This is to avoid any delays with Live Streaming the Saturday Mass.

Wondering how you can still support the Parish during the COVID-19 situation? Please consider using some of our fast and easy options:



- You can use our Electronic Giving Form (located online and in the vestibule of the Church). Please simply complete the form and drop it off or mail it in to the Parish.
- You can set up Electronic Giving through your own financial institution.
- You can give electronically through the Donate Online (PayPal) section of the Parish website (<http://www.stfrancis.org/donations/#Donations>).

If you have any questions regarding electronic giving, please contact **Barbara Stouffer**, at the Parish Office at **703-221-4044, ext. 232** or e-mail barbaras@stfrancis.org.

< KID'S > KORNER

Gospel Today

The Most Holy Body & Blood of Christ | John 6:51-58

When Jesus says He is the living bread, He doesn't mean the bread on our p,b&J sandwiches! He refers to the Bread of Life, Blessed Bread, The Holy Eucharist. Bread that, along with the wine at mass, gives us eternal life. This is what we call the Body & Blood of Christ.

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BIBLE WORD SEARCH

Find all the words... left, right, up, down or diagonally.



Y	B	E	R	I	D	T	B	F	T	T
E	L	F	M	A	N	N	A	O	H	C
W	H	O	E	V	E	R	B	E	D	E
T	E	R	H	R	D	O	O	L	B	Y
A	B	E	U	C	H	A	R	I	S	T
V	C	V	T	T	F	O	I	V	S	R
E	H	E	R	E	W	S	L	I	F	E
T	R	R	E	I	R	I	V	N	L	V
L	I	D	F	N	T	N	E	G	W	I
D	S	U	Y	N	E	V	A	E	H	L
A	T	E	D	E	S	S	E	L	B	T

Living Holy Eucharist Christ Body Blood

Eternal Life World Blessed Bread Whoever

Live Forever Ate Manna Feeds Heaven



LOAVES of BREAD NOURISH US EVERYDAY.

< ACTIVITY/SNACK >
Bread Spread



Take a slice of bread, and spread on peanut butter, cheese spread, hummus or whatever you like, 1/4" thick. Use a plastic knife to "draw" a picture of a fish on your bread spread. Read yourself or ask an older person to read or tell you the Miracle Story of Jesus feeding 5,000 with 5 small loaves and 2 fish (John 6: 1-15), while you eat your snack.

We need BOTH - our daily bread and the Bread of Life.

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