



# ST. FRANCIS OF ASSISI

Roman Catholic Church  
 18825 Fuller Heights Road  
 Triangle, Virginia 22172  
 703-221-4044

[www.stfrncis.org](http://www.stfrncis.org)

**Parish Office Hours - Mon.-Fri. 9:00 AM—12:00 PM**  
**Fri. 9:00 AM—12:00 PM** (Until further notice)  
**Phone 703-221-4044**  
**Fax 703-221-3246**  
**In a Sacramental Emergency—703-468-1180**

## EUCCHARIST

Saturday Vigil - 5:30 PM (Live Streamed)  
 Sunday - 9:00 AM (Must Pre-Register); 11:00 AM (Must Pre-Register)  
 1:30 PM - Español (Must Pre-Register)  
 Monday - Friday - 8:45 AM

## BAPTISM

Baptismal preparation is required of all parents who have not attended a class within the last three years prior to the celebration of baptism. Please call the parish office.

## RECONCILIATION

Wednesday: 7:00—8:00 PM and by appointment  
 (English and Spanish)

## MARRIAGE

Arrangements are made with the parish office.

## VISITS TO AND ANOINTING OF THE SICK

Inform the office when someone needs a visit from a Communion Minister or one of the Friars.

## PARISH MEMBERSHIP

To register in the parish, please fill out a registration form found in the vestibule, at the parish office, or on the Parish website, and return it to the office.

## PARISH COUNCIL

Terry Danner (Chair) 703-680-0860  
 Maggie Eves (Vice Chair) 703-304-8058

## PARISH SCHOOL 703-221-3868

Grades Pre-school—8th FAX 703-221-0700  
 Dr. Tricia Barber, Principal  
[tricia.barber@verizon.net](mailto:tricia.barber@verizon.net)  
 Elizabeth Orille, Office Coordinator/Admissions  
[orillee.sfas@gmail.com](mailto:orillee.sfas@gmail.com)

## FRANCIS HOUSE: 703-221-6344

(Emergency Financial Assistance)  
 Francia Salguero, Director  
[francias@stfrncis.org](mailto:francias@stfrncis.org)  
 2606 Heth Court, Dumfries, VA 22026

## CYM 540-273-0777

Brandon Jubar, Coordinator of Youth Ministry  
[bjubar@stfrncis.org](mailto:bjubar@stfrncis.org)

## FRANCISCAN FRIARS

703-221-4044

Fr. John O'Connor, O.F.M., Pastor x226  
[frjoconnor@stfrncis.org](mailto:frjoconnor@stfrncis.org)  
 Fr. John Alderson, O.F.M., Parochial Vicar  
[Rochester14220@gmail.com](mailto:Rochester14220@gmail.com)  
 Fr. Ignacio Harding, O.F.M., Parochial Vicar x229  
[ihardingofm@stfrncis.org](mailto:ihardingofm@stfrncis.org)  
 Br. Henry Fulmer, O.F.M., Deacon/Pastoral Associate x227  
[friarhenry@stfrncis.org](mailto:friarhenry@stfrncis.org)

## PERMANENT DEACON

Dcn. Michael Gomes (Leave messages at Parish phone)  
[dcnmike@stfrncis.org](mailto:dcnmike@stfrncis.org)

## HISPANIC MINISTRY

x229

Fr. Ignacio Harding, O.F.M., Parochial Vicar  
[ihardingofm@stfrncis.org](mailto:ihardingofm@stfrncis.org)  
 Angelica Silva, Pastoral Associate 703-221-3127 x237  
[asalquero@stfrncis.org](mailto:asalquero@stfrncis.org)

## PARISH STAFF

703-221-4044

Marcia Connolly, Receptionist x221  
[marciac@stfrncis.org](mailto:marciac@stfrncis.org)  
 Chanel Marquis, Compliance Officer x222  
[cmarquis@stfrncis.org](mailto:cmarquis@stfrncis.org)  
 Barbara Stouffer, Bookkeeper x232  
[barbaras@stfrncis.org](mailto:barbaras@stfrncis.org)

## FAITH FORMATION MINISTRY

703-221-3127

Elizabeth Brack, Secretary x234  
[lizb@stfrncis.org](mailto:lizb@stfrncis.org)  
 Marianne Hayes, DRE x236  
[recoor@stfrncis.org](mailto:recoor@stfrncis.org)  
 Sheila Noble, Assistant DRE x238  
[snoble@stfrncis.org](mailto:snoble@stfrncis.org)

## STEPHEN MINISTRY

703-221-4312

Kathy Walker, Director of Stephen Ministry x233  
[kwalker@stfrncis.org](mailto:kwalker@stfrncis.org)

## MUSIC MINISTRY

703-221-4044 x231

Nikole Giraldi, Director  
[nikoleg@stfrncis.org](mailto:nikoleg@stfrncis.org)

Colleen Wells, Assistant Director 703-221-4044 x231  
[cwells@stfrncis.org](mailto:cwells@stfrncis.org)

**From the Friars**

Unfortunately, our parish website went down (malfunctioned) last weekend. Consequently, some of you were not able to access Eventbrite to reserve seating for the weekend Masses.

We apologize for any difficulties that this caused. The website is working again (online) as of this morning.

The problem we had was due to several factors:

1. The web site, host agency, was having problems over the weekend.
2. Our computer equipment (servers) is several years old.

Because of the current pandemic our computer capabilities are being taxed in a way that has never happened before, live streaming Mass, Eventbrite reservations for Mass, multiple Zoom meetings, Facebook communicating etc.

We are working with our IT company to, as best possible, prevent this from happening again.

We appreciate your patience.

Sincerely,  
*Fr. John O'Connor, O.F.M.*



**The Public Mass Schedule for Sunday, July 12th is as follows:**

- 9:00 a.m.
- 11:00 a.m.
- 1:30 p.m. (Spanish)

Please visit [www.stfrncis.eventbrite.com](http://www.stfrncis.eventbrite.com) to reserve a seat for one of the Masses.

Please visit <http://www.stfrncis.org/wp-content/uploads/2020/06/How-to-Use-Eventbrite-At-a-Glance.pdf> for Printable Instructions – Includes English and Spanish.

**Reserved Seating Video Instructions**

Go to <https://youtu.be/9KZ-Q49uG88> to learn how to Select Seats for Mass in Eventbrite.

Go to <https://youtu.be/SKpg09Nlsqw> to learn how to Select Seats Using the Map in Eventbrite.

Go to <https://youtu.be/S7973o14sfA> to learn how to Return/Cancel a Seat Ticket Order.

**When attending a public Mass, please be advised of the follow:**

- Please arrive at least 20 minutes before the start of Mass
- Each person attending Mass must have a ticket (hard copy or on cell phone)
- A face mask is required for anyone 2 years of age or older
- Each person attending Mass will be required to have a temperature check before entering the church
- Sit in assigned seating areas only
- Avoid touching your face
- Stay home if you have any symptoms of a fever, cough, difficulty breathing, or may have been exposed to COVID-19

**Please Note:** All the faithful of the Diocese of Arlington are **dispensed from the obligation to attend Mass** on Sundays and holy days of obligation until further notice. We will continue to Live Stream Mass on Saturdays at 5:30 p.m. until further notice.

**Mass for Jubilarians**  
Are you celebrating your **Silver or Golden Marriage Jubilee this year? Were you married in 1970 or 1995?**



Then please contact the Parish Office to make sure that you are registered for the "2019 Mass for Jubilarians." This Mass will be celebrated by *Bishop Michael F. Burbidge* at **2:30 p.m. on October 4<sup>th</sup>** at the **Cathedral of St. Thomas More in Arlington, VA.** The Parish Office must submit all registrations to the *Office for Family Life* as soon as possible. Registrations forms are available in the vestibule of the Church and on the parish website ([www.stfrncis.org](http://www.stfrncis.org)). Please contact **Chanel Marquis** at [cmarquis@stfrncis.org](mailto:cmarquis@stfrncis.org) or **703-221-4044, ext. 222** with any questions.

Do not delay. **Registration is due no later than Friday, September 18th.**

**REMEMBER**

**CLOTH MASKS PROTECT OTHERS FROM YOU WEAR IT**

Covid-19 Carrier	→	Contagion Probability %70
Covid-19 Carrier	→	Contagion Probability %5
Covid-19 Carrier	→	Contagion Probability %1.5

**COVID-19 Limited Free Testing**

On **Wednesday, July 8th** from **4:00 p.m.-6:00 p.m.** there will be COVID-19 limited free testing (conducted by *Sentara Healthcare*) at St. Francis of Assisi Parish (in the parking lot) for eligible Prince William County residents. Please go to: <http://www.stfrncis.org/wp-content/uploads/2015/05/Sentara-Healthcare-Limited-FreeTesting-for-Eligible-Prince-William-County-Residents-St.-Francis-of-Assisi-Catholic-Church.pdf> for guidelines.





## St. Francis House Corner



**St. Francis House an Outreach Program**  
from St. Francis of Assisi Parish  
**2606 Heth Court, Dumfries, VA 22026**  
703-221-6344  
**Francia Salguero and Angelica Silva**

We are here to serve those in need!

During this great time of need, St. Francis House is remaining open to provide assistance to our brothers and sisters in need. It never ceases to amaze me how our parishioners come together in these times of stress and despair to provide for their fellow brothers and sisters that have been most affected. This week we were able to provide 90 families with food. **If you or your families find yourselves in need, please do not hesitate to reach out to us.** If you would like to contribute to the food pantry, we are open Wednesday and Thursday from 9:00 a.m.-1:00 p.m. Below you can find items that we can use to keep running our food pantry. Also, you can provide monetary assistance through our electronic giving program. You can find the directions on the Parish website ([www.stfrncis.org](http://www.stfrncis.org)).

- Canned Tuna
- Canned Vegetables
- Oil
- Sugar
- Toilet Paper
- Cereal
- Pasta
- Paper Bags

Thank you for your continuing support and generosity. For more information, please contact **Francia Salguero** at 703-221-6344 or [francias@stfrncis.org](mailto:francias@stfrncis.org).

## Boletín Semanal

**Despensa de Comida de La Casa de San Francisco**  
**Casa St. Francisco Un Programa de Ayuda Social de la**  
**Parroquia de St. Francisco de Asís**  
**2606 Heth Court, Dumfries, VA 22026**  
**703-221-6344**  
**Francia Salguero y Angelica Silva**

**Estamos aquí para servir a los necesitados!**

Durante este gran momento de necesidad, La Casa De San Francisco permanece abierta para brindar asistencia a nuestros hermanos y hermanas necesitados. Nunca deja de sorprenderme cómo nuestros feligreses se unen en estos momentos de estrés y desesperación para ayudar a sus hermanos y hermanas más afectados. Esta semana pudimos proporcionar comida a 90 familias. **También si usted y su familia necesitan ayuda nosotros estamos aquí para ayudarlos.** Si desea contribuir a la despensa de alimentos, estamos abiertos los miércoles y jueves de 9:00 a.m. a 1:00 p.m. A continuación puede encontrar artículos que podemos usar para mantener funcionando nuestra despensa de alimentos. Además, puede proporcionar asistencia monetaria a través de nuestro programa de donaciones electrónicas. Puede encontrar las instrucciones en el sitio web de la parroquia ([www.stfrncis.org](http://www.stfrncis.org)).

- Tuna enlatada
- Vegetales enlatados
- Aceite
- Azúcar
- Papel higiénico
- Cereal
- Pasta
- Bolsas de papel

Gracias por su continuo apoyo y generosidad. Para obtener más información, no dude en comunicarse conmigo al 703-221-6344 o [francias@stfrncis.org](mailto:francias@stfrncis.org).



### Votive Candles

Envelopes are provided for candle money. **Please place them in the boxes located on the wall (next to the candles) in the church.**

### Meals for the Shelter

During this time of need, St. Francis of Assisi Church is continuing to support our homeless brothers and sisters by providing meals. **From Saturday, April 4th until Saturday, October 31st**, our church will be providing breakfast every Saturday. Due to the Coronavirus we have to do things a little different than we used to do. Below you will find a list of items that you can donate to contribute to the meals for the shelter:

- Small bottles of water
- Small bottles or boxes of juice, Gatorade
- Individual bags of chips, crackers, cookies
- Granola bars, energy bars
- Fruit cups
- McDonalds gift cards
- Frozen breakfast sandwiches (i.e. Jimmy Dean, Hot Pockets, etc.)



For more information or to support our meal program for the shelters in Prince William County, please contact the **Director of St. Francis House and Meals Coordinator, Francia Salguero** at [francias@stfrncis.org](mailto:francias@stfrncis.org) or 703-221-6344.

**Faith Formation Office**

Phone: 703-221-3127 Fax: 703-221-3246  
Office Hours: Monday—Thursday: 8:00 a.m.—12:00 p.m.  
Friday: **Closed**

**Religious Education for 2020-2021**



Religious Education Registration has begun for the Fall! Religious Education registration is now open for the 2020-21 school year. Please use the following link for online registration and paper forms:  
<http://www.stfrncis.org/welcome-and-introduction/>.

St. Francis High School Youth Ministry is called **REAL!** **REAL** stands for Respect, Engage, Accept, Live! **REAL** is open to all High School teens. It is a place to connect your life and your faith, and to share, support and have fun with other teens who are trying to live out God's call in their everyday lives. Please join us to see what **REAL** is all about!



**REAL** Time Youth Group Meetings are happening ONLINE!

Join us on **Zoom** for an hour of fun with friends!

**Wednesday, July 8th—8:00 p.m.**  
**Wednesday, July 22nd—8:00 p.m.**  
**Wednesday, August 5th—8:00 p.m.**

Be sure to sign up for Remind to get texts with meeting information.  
Simply text **@sfacym** to **81010**.

Questions? Please contact Brandon Jubar at [bjubar@stfrncis.org](mailto:bjubar@stfrncis.org).

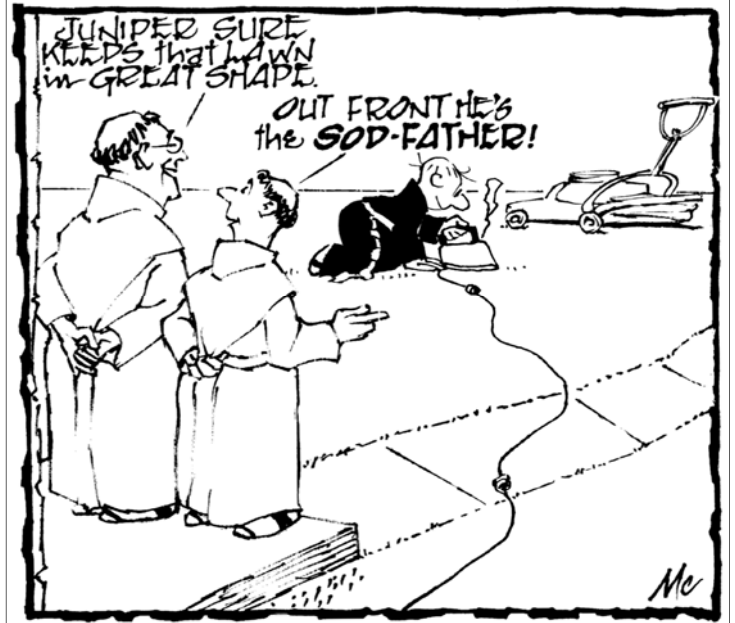
**SPONSOR OF THE WEEK**

We would like to thank  
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for sponsoring an ad in our weekly bulletin.



Do you wish to still display your musical talent while watching Mass by way of Live Stream? The Music Ministry now has weekly Mass Worship Aids available on the Parish website ([www.stfrncis.org](http://www.stfrncis.org)). Please go to the 'Live Stream' banner located on the homepage of the Parish website and click on the words, '**Mass Worship Aids**' for a copy of the printable Mass Worship Aids.

**BROTHER JUNIPER**



**Attention Class of 2020:** The Associates of St. John Bosco invites rising college freshmen to attend a College Night at one of the following parishes:

**St. Mark—Vienna: July 9th**  
**St. Mary—Alexandria: July 22nd**  
**St. Mary—Fredericksburg: July 29th**

College Nights are free to all students and provide resources and support for keeping your Catholic faith when entering college this fall. Catholic student representatives from George Mason, UVA, the University of Mary Washington, William & Mary, Virginia Tech, and other private and public schools will be on hand to share their experiences of being a Catholic college student. This is an excellent opportunity to network with other Catholic students and to receive resources for the transition to college only a few months away. The Nights begin at 7:00 p.m., and students are encouraged to wear their college t-shirt to the event! To register for one of the College Nights and for additional information, visit our website at [www.asjb.org](http://www.asjb.org). Registration is limited to 50 students per night. \*\* Our College Nights will be held according to all Virginia Covid-19 Guidelines for social distancing and group size.



# 'GET A GRIP' ON YOUR EMOTIONS...

*This 8-week online teletherapy group is a psycho-educational support group designed to help you identify, process and respond (not react) to your emotions in healthier ways individually and in your relationships.*

*To Join this online group or for more information, please contact 703-859-3147 in Fredericksburg or 703-447-9402 in Fairfax.*



## What?

Emotion Management Support Group

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## Where?

On-Line Teletherapy Group

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## When?

From Wed., July 15th to Wed, Sept. 2nd for 8 consecutive weeks from 5pm – 6pm

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## Who?

18+ Male or Female

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Certificate Upon Completion!





## Mass Intentions

<b>SATURDAY,</b> 5:30 PM	<b>July 4—Independence Day</b> †Harry Ravert †Alice Tippit
<b>SUNDAY,</b> 7:30 AM 9:00 AM  10:45 AM 12:15 PM 1:30 PM 5:30 PM	<b>July 5—14th Sunday In Ordinary Time</b> †Carol Freeman †Dwayne E. Gonsorcik †Frank and †Laura McNierney People of the Parish †Janet Sarsfield Misa en español †Jane Wilson
<b>MONDAY,</b> 8:45 AM	<b>July 6—Weekday</b> †Helen Sheridan †Barry Gagnon †Ofelia Vitek
<b>TUESDAY,</b> 8:45 AM	<b>July 7—Weekday</b> Gretchen May †Virginia Schweizer †Robert Piccoli
<b>WEDNESDAY,</b> 8:45 AM	<b>July 8—Weekday</b> †Dwayne E. Gonsorcik †Kathryn Gonsorcik †Edward and †Luella Baskin
<b>THURSDAY,</b> 8:45 AM	<b>July 9—Weekday</b> †Helen Sheridan
<b>FRIDAY,</b> 8:45 AM	<b>July 10—Weekday</b>
<b>SATURDAY,</b> 5:30 PM	<b>July 11—St. Benedict, Abbot</b> †George Beck †Cy Kelly †Alice Tippit

### Mass Intentions on Sunday, July 12, 2020

7:30 AM	
9:00 AM	†Dwayne E. Gonsorcik †Faust Villareale
10:45 AM	†George Diem X. Bui †Stephan Hien T. Vu
12:15 PM	†Timothy Halpin People of the Parish
1:30 PM	Misa en español
5:30 PM	†Jane Wilson

**Please Pray For** All those who are sick: Betsy Dennison; Fran Laskofski; Sue Long; Imelda Pine; David Back; Laurie Colligan; Aaron Childs; Denise Liss; Dale Hudson; Gary Ward; and Richard McClevey.

**And for those recently deceased:** Jane Wiedhahn.

**Please pray for the following who are serving abroad in harm's way:** Leo N. Company; S. Defibaugh; James O'Shaunessey; and James O'Sullivan.

### Readings for the Week of July 5, 2020

<b>Monday</b>	Hosea 2:16, 17b-18, 21-22; Matthew 9:18-26
<b>Tuesday</b>	Hosea 8:4-7, 11-13; Matthew 9:32-38
<b>Wednesday</b>	Hosea 10:1-3, 7-8, 12; Matthew 10:1-7
<b>Thursday</b>	Hosea 11:1-4, 8e-9; Matthew 10:7-15
<b>Friday</b>	Hosea 14:2-10; Matthew 10:16-23
<b>Saturday</b>	Isaiah 6:1-8; Matthew 10:24-33
<b>Sunday</b>	Isaiah 55:10-11; Romans 8:18-23; Matthew 13:1-23 or Matthew 13:1-9

A fresh perspective on the Sunday Readings

### HIS WORD TODAY

By Rev. William J. Reilly



*"I give praise to you, Father, Lord of heaven and earth, for although you have hidden these things from the wise and the clever you have revealed them to the little one... Come to me all you who labor and are burdened and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart..."*

Jesus' prayer of praise, directed to the Father, is for our benefit. I want to be considered a 'little one' and grow in my knowledge and love of the Lord. He wishes to continue to reveal His goodness to me.

Surely most of us have learned to use new cell phones, iPads and computers. We learn to use new gadgets. May you take steps, especially during these summer months, to learn to be meek, humble of heart and live all the beatitudes—pure of heart, worker for justice, peacemaker and poor in sight.



## GO ON A PLASTIC DIET

### Printable Mass Prayers and Responses

For everyone's health and well being, all of the hymnals and prayer cards have been removed from the pews. So that everyone may still



following along during Live Streaming or in-person Mass, please go to: [http://www.stfrancis.org/wp-content/uploads/2015/05/Mass-Prayers-and-Responses.pdf?mc\\_cid=1811c9bdb5&mc\\_eid=6b68bef325](http://www.stfrancis.org/wp-content/uploads/2015/05/Mass-Prayers-and-Responses.pdf?mc_cid=1811c9bdb5&mc_eid=6b68bef325) for the printable Mass Prayers and Responses.

# < KID'S > KORNER

## Gospel Today | 14th Sunday in Ordinary Time | Mt 11:25-30

Jesus' yoke is easy, because He is right beside us always. Jesus is kind and gentle; We trust Him when He promises to guide and direct us toward peace in our souls.

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### BIBLE WORD SEARCH

Find all the words... left, right, up, down or diagonally.

**Our founding fathers believed in turning to God for direction and guidance.**

**Look at our coins. Quarters, nickels, dimes and pennies all have some very small words with big meaning! "In God we trust."**

Can you find it?



- Jesus
- Yoke
- Guidance
- Direction
- Trust
- Kind
- Gentle
- Humble
- Promise
- Peace
- Rest
- Burdens
- Learn
- Easy
- Light
- Lead
- Soul
- Heart
- Believe

*A yoke helps you carry a heavy load...*

*Jesus helps us carry our burdens.*



L	I	P	R	O	M	I	S	E	A	D
E	U	U	Y	H	S	K	T	L	E	Y
N	U	O	H	U	I	I	H	B	L	K
H	K	B	S	C	T	N	G	M	U	M
E	D	E	C	N	A	D	I	U	G	U
A	J	L	R	E	T	N	L	H	E	H
R	D	I	R	E	C	T	I	O	N	N
T	C	E	E	T	Y	A	D	I	T	R
A	E	V	S	Y	S	A	E	A	L	A
S	N	E	D	R	U	B	A	P	E	E
T	R	U	S	T	A	E	L	U	O	L

### SWEET as HONEY

Color Honey, Penny & J.D.

J.D., I think I'll name her Penny.



She is trusting me to take good care of her.



And "In God we trust" to take good good care of us!

B. Humphrey

# THANK YOU TO ALL ESSENTIAL WORKERS!



## GOD BLESS AMERICA

Remembering those who made the ultimate sacrifice for our country.



## MHT's Cathedrals of Northern France June 2021

- Normandy—Mont-St-Michel—Giverny Monet's Garden—Caen—Paris—Ste-Mère-Eglise



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**CHRISTOPHER K. BROWN**  
Certified Public Accountant

**703-221-2899**  
Christopher K. Brown, CPA, PLLC  
17739 Main Street, Suite 340  
Dumfries, VA 22026  
christopherkbrowncpa@gmail.com



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