



ST. FRANCIS OF ASSISI

Roman Catholic Church

18825 Fuller Heights Road

Triangle, Virginia 22172

703-221-4044

www.stfrncis.org

Parish Office Hours - Mon.-Thurs. 9:00 AM—3:00 PM

Fri. 9:00 AM—12:00 PM

Phone 703-221-4044

Fax 703-221-3246

In a Sacramental Emergency—703-468-1180

EUCCHARIST

Saturday Vigil - 5:30 PM ([Live Streamed](#))

Sunday - 9:00 AM (Must Pre-Register); 11:00 AM (Must Pre-Register);

5:30 PM (Must Pre-Register)

1:30 PM - Español (Must Pre-Register and Live Streamed)

Monday - Friday - 8:45 AM (maximum seating 50 people)

BAPTISM

Baptismal preparation is required of all parents who have not attended a class within the last three years prior to the celebration of baptism. Please call the parish office.

RECONCILIATION

Saturday: 3:30 PM—4:30 PM and by appointment (English)

Saturday: 3:30 PM—4:30 PM and by appointment (Spanish)

MARRIAGE

Arrangements are made with the parish office.

VISITS TO AND ANOINTING OF THE SICK

Inform the office when someone needs a visit from a Communion Minister or one of the Friars.

PARISH MEMBERSHIP

To register in the parish, please fill out a registration form found in the vestibule, at the parish office, or on the Parish website, and return it to the office.

PARISH COUNCIL

Terry Danner (Chair) 703-680-0860

Maggie Eves (Vice Chair) 703-304-8058

PARISH SCHOOL 703-221-3868

Grades Pre-school—8th FAX 703-221-0700

Dr. Tricia Barber, Principal

tricia.barber@verizon.net

Elizabeth Orille, Office Coordinator/Admissions

orillee.sfas@gmail.com

FRANCIS HOUSE: 703-221-6344

(Emergency Financial Assistance)

Francis Salguero, Director

francias@stfrncis.org

2606 Heth Court, Dumfries, VA 22026

FRANCISCAN FRIARS

703-221-4044

Fr. John O'Connor, O.F.M., Pastor

x226

frjoconnor@stfrncis.org

Fr. James Scullion, O.F.M., Parochial Vicar

x227

frjscullion@stfrncis.org

Fr. George Corrigan, O.F.M., Parochial Vicar

x228

frgcorrigan@stfrncis.org

Fr. Lalo Jara, O.F.M., Parochial Vicar

x229

frljara@stfrncis.org

PERMANENT DEACON

Dcn. Michael Gomes (Leave messages at Parish phone)

dcnmike@stfrncis.org

HISPANIC MINISTRY

x229

Fr. Lalo Jara, O.F.M., Parochial Vicar

frljara@stfrncis.org

Angelica Silva, Pastoral Associate

703-221-6344

asalguero@stfrncis.org

PARISH STAFF

703-221-4044

Maureen Deutermann, Receptionist

x221

mdeutermann@stfrncis.org

Chanel Marquis, Compliance Officer

x222

cmarquis@stfrncis.org

Barbara Stouffer, Bookkeeper

x232

barbaras@stfrncis.org

FAITH FORMATION MINISTRY

703-221-3127

Elizabeth Brack, Secretary

x234

lizb@stfrncis.org

Marianne Hayes, DRE

x236

recoor@stfrncis.org

Sheila Noble, Assistant DRE

x238

snoble@stfrncis.org

STEPHEN MINISTRY

703-221-4044

Kathy Walker, Director of Stephen Ministry

x233

kwalker@stfrncis.org

MUSIC MINISTRY

703-221-4044

x231

Nikole Giraldi, Director

nikoleg@stfrncis.org

Colleen Wells, Assistant Director

703-221-4044

x231

cwells@stfrncis.org

CYM

540-273-0777

Brandon Jubar, Coordinator of Youth Ministry

bjubar@stfrncis.org



IMPORTANT!

Due to our abundant supply of ashes here at the church, **please DO NOT bring in palms** this year, as they are NOT needed. Thank you.

February 17th
Ash Wednesday



Please visit www.stfrancis.eventbrite.com to reserve a seat for one of the services listed below:

- 8:45 a.m.— Mass with Distribution of Ashes
- 5:00 p.m.— Prayer Service with Distribution of Ashes
- 7:00 p.m.— Mass with Distribution of Ashes
- 8:30 p.m.— La Misa con distribución de las cenizas

Ashes will only be distributed during the above listed services. 'Drive-By' Ashes will also be distributed from 5:30 p.m.-6:30 p.m., in front of the church (please remain in your vehicle).

Fasting and abstinence are encouraged during Lent and reflect the season's penitential nature. In the U.S. all Fridays of Lent are days of abstinence, that is, days on which no meat is to be consumed. **Ash Wednesday and Good Friday** are days of fast, only one full meal during the day, as well as abstinence.

Fasting and abstinence are by no means the only types of penance. "Let us witness to our love and imitation of Christ by special solicitude for the sick, the poor, the underprivileged, the imprisoned, the bedridden, the discouraged, the lowly." (Tobit 12, Mt 6).



Lenten Small Groups/Adult Faith Reflections

Please join us virtually during Lent (**Monday evenings at 7:00 p.m.** beginning on **Monday, February 22nd and extending through Monday, March 29th**) for "Around the Lenten Circle" as we gather to share

readings and reflections to help quiet our hearts and better hear God's message for us during this Lenten season. This time together will help us be more alert to His presence in our lives each day. Please contact **Sheila Noble** (snoble@stfrancis.org) for more information or to receive the link to access the sessions.

Coloring Contest for Children Grades K-4 St. Patrick

Apostle of Ireland
AD C.389-461



Legend has it that St. Patrick used the little **green shamrock** to teach about the Trinity. Just as there are three leaves that form one plant, the Three Persons of the Trinity are one God.

The Virginia Ancient Order of Hibernians invites all area **K through 4th grade** students to enter the St. Patrick Coloring Contest.

Three winners will be chosen from each grade in addition to **ONE** Grand winner. The Grand Prize is \$25

CONTEST RULES

- All school children in grades K-4 may enter the contest
- Entries must be completed with **WAX CRAYON ONLY**
- The child must sign the form to attest that they did all the coloring
- The Shamrock on St. Patrick must be colored green
- All coloring must stay within the lines
- Artistic expression is encouraged
- Only one entry per child. All entries must be submitted by **Monday, February 15, 2021**
- Entry Forms can be found at www.stfrancis.org

Learn about St. Patrick and the Ancient Order of Hibernians at:

<https://mychal-judge-va-aoh.org/>



The season of Lent is a great time to be renewed and reconciled. The sacrament of **Reconciliation will be available every Wednesday (February 24th—March 24th)** from 7:00 p.m. until 8:00 p.m. There are also opportunities on Saturdays from 3:30 p.m.—4:30 p.m.

RESPECT FOR LIFE—40 DAYS FOR LIFE

As we approach the Holy season of Lent, please consider adding your voice to the millions of voices at 40 Days for Life (www.40DaysforLife.com). In our three-fold mission of prayer, fasting, and peaceful vigil to end abortion in our country.

Please Note: The parish offices will be closed on **Monday, February 15th** in observance of Presidents' Day.

St. Francis House Corner



St. Francis House an Outreach Program
from St. Francis of Assisi Parish
2606 Heth Court, Dumfries, VA 22026
703-221-6344
Francia Salguero and Angelica Silva

St. Francis of Assisi Outreach Ministry

We are here to serve those in need! Thanks to the generosity of our great parishioners, St. Francis House has been able to keep providing food assistance and financial assistance for the families in need of Eastern Prince William County. If you or your families find yourselves in need, please do not hesitate to reach out to us. If you would like to contribute to the food pantry, we are open **Wednesday and Thursday from 9:00 a.m.—1:00 p.m.** Below you can find items that we can use to keep running our food pantry. Also, you can provide monetary assistance through our electronic giving program. You can find the directions on the Parish website (www.stfrncis.org).

- **Macaroni and Cheese**
- **Canned Vegetables**
- **Canned Fruit**
- **Pasta**
- **Jelly**
- **Canned Tuna**

Thank you for your continuing support and generosity. For more information, please contact **Francia Salguero** at 703-221-6344 or francias@stfrncis.org.

Please Pray For

All those who are sick:

Lily Diaz-Salas; Sean Mullan;
Sarah Hutto; Robert Schaul; Joann Winston;
Stephanie; Bruce Schechter; Nina; Kathleen Schechter;
Nancy; Emily Clemente; LeAnne Floom; Charles Dennison;
Bob Ashburn; Sue Long; Charles Brown; Alda Kelly;
Betsy Dennison; David Back; Aaron Childs; Denise Liss;
Dale Hudson; Gary Ward; and Richard McClevey.

And for those recently deceased: Jerri Gall (daughter of Tom and Sharon Dibbley); Imelda Pine; James Toner (husband of MaryPat Toner); and Alfred DeCarli.

Please pray for the following who are serving abroad in harm's way: Leo N. Company; and S. Defibaugh.

Boletín Semanal

Despensa de Comida de La Casa de San Francisco
Casa St. Francisco Un Programa de Ayuda Social de la
Parroquia de St. Francisco de Asís
2606 Heth Court, Dumfries, VA 22026
703-221-6344

Ministerio de Asistencia Social de San Francisco de Asís

Estamos aquí para servir a los necesitados! Gracias a la generosidad de nuestros feligreses, St. Francis House ha podido seguir brindando asistencia alimentaria y financiera a las familias necesitadas del Este del Condado de Prince William. También si usted y su familia necesitan ayuda nosotros estamos aquí para ayudarlos. Si desea contribuir a la despensa de alimentos, estamos abiertos los miércoles y jueves de 9:00 a.m. a 1:00 p.m. A continuación puede encontrar artículos que podemos usar para mantener funcionando nuestra despensa de alimentos. Además, puede proporcionar asistencia monetaria a través de nuestro programa de donaciones electrónicas. Puede encontrar las instrucciones en el sitio web de la parroquia (www.stfrncis.org).

- **Macaroni con Queso**
- **Vegetales enlatados**
- **Fruita enlatada**
- **Pasta**
- **Mermelada**
- **Atun enlatado**

Gracias por su continuo apoyo y generosidad. Para obtener más información, no dude en comunicarse con nosotros al 703-221-6344 o francias@stfrncis.org.

The Lion's Club has 2 donation drop boxes located on the window sill in the vestibule. Please consider donating your used eyeglasses to the Lion's Club. Your unwanted glasses will help someone see better. Thank you for always being so generous.



CHANGE ADDRESS If you are moving/changing your address, please notify the Parish Office so that we may be able to keep our records up-to-date. **Change forms are also available on the tables in the vestibule,** from the Parish Office, or from the parish website www.stfrncis.org. If you are changing your phone number because you are using a cellular phone and/or forgoing your land phone, the Parish Office would also like that information. **Please call us at 703-221-4044, ext. 222. Thank you.**

SPONSOR OF THE WEEK

We would like to thank
Military Historical Tours, Inc.
for sponsoring an ad in our weekly bulletin.

Faith Formation Office

Phone: 703-221-3127 Fax: 703-221-3246
Office Hours: Monday—Thursday: 8:00 a.m.—2:00 p.m.
Friday: **Closed**

BROTHER JUNIPER



High School Youth Ministry

REAL Youth Ministry is happening ONLINE!

REAL Time Online (Youth Group)

Wednesday, February 10th—8:00 p.m.-9:30 p.m.
Leadership Team

REAL Time Online (Youth Group)

Wednesday, February 17th—8:00 p.m.-9:30 p.m.
All Teens Grades 9-12

SIGN-UP for REAL Faith Online!
Self-paced High School Faith Formation
All Teens Grades 9-12
Register at keepingitreal.club/realfaith

Text @sfacym to 81010 to sign-up for Remind
and get texts with meeting information.

Questions? Please contact Brandon Jubar at
bjubar@stfrncis.org.

A fresh perspective on the Sunday Readings

HIS WORD TODAY

By Rev. William J. Reilly



“A leper came to Jesus and kneeling down begged him and said: ‘If you wish you can make me clean.’ Moved with pity he stretched out his hand, touched him and said to him, ‘I do will it. Be made clean...’ The leprosy left him immediately, and he was made clean... The man went away and began to publicize the whole matter. He spread the report abroad so that it was impossible for Jesus to enter a town openly.”

This week we will begin the Season of Lent. To prepare myself well, may I find that I too am a leper, needing cleansing, healing and new spiritual strength.

Consider for a moment the pandemic, now one year old, affecting millions, taking countless lives. The search for a cure, vaccines, the use of masks, distancing and hand washing became a new practice for all. Yet the scares remain.

Our spiritual lives are suffering too. Have I looked at the health of my soul and see the need for cleansing and renewal? Am I ready to tell the Lord today: ‘Here I am, how do you find me?’ This is my opportunity to be honest with myself and the Lord, to act, ask for forgiveness, to begin a time of prayer, to say thanks to the Lord for a good confession, to admit to my need to learn the mercy of Jesus.

The miracle for the leper, ‘If you wish’, is mine today, and Jesus, with the same pity as He looks at our corona virus affected world, wishes to help us.

CAR RAFFLE 2021



All Saints Church (Manassas, VA) has invited us once again to participate in their **5-Car Raffle**. Prizes include five 2021 vehicles from Koons of Manassas (Honda Civic, Buick Encore, GMC Canyon Truck, Honda CRV SUV and Honda Odyssey Van). **One \$5.00 ticket offers the purchaser a chance to win all five vehicles plus \$20,000 in cash prizes.** An information letter and tickets will be mailed to your home on Monday, February 22, 2021.

Any questions, please contact Chanel Marquis at 703-221-4044, ext. 222 or cmarquis@stfrncis.org.

Please take note—All tickets (used or unused and money) can be mailed back directly to ALL SAINTS CATHOLIC CHURCH.; turned into the Parish Office; placed in the collection basket; or the Catch-All Slot. St. Francis will STILL receive the normal proceeds from the Raffle. This is our Parish’s largest fundraiser and we thank you in advance for your support.

**St. Francis Assisi Catholic Church
Triangle, Virginia**

Please Join Us!

Fr. Jim's Virtual Lenten Scripture Classes



The Gospel of Mark

“Repent and believe in the Gospel” (Mark 1:15) is the traditional admonition on Ash Wednesday from the Gospel of Mark, the source of our gospel readings for the Sundays in this Liturgical Year. Join our very own Scripture scholar, Fr. Jim Scullion, O.F.M., as he walks us through the major themes of the first gospel – themes for Lent and the remainder of the year.

***February 23, 2021 from 7:30 p.m. until 8:30 pm – virtual via Zoom
Go to the Parish Website to register for the presentation.***

The Letters of St. Paul

During Lent and for the majority of this liturgical year, the second readings on Sundays comes from the Letters of St. Paul. A complex individual with deep insights into the meaning of Jesus, Paul’s writings are often hard to grasp on a first encounter. Join Fr. Jim Scullion, O.F.M. for his presentation on “The Misunderstood Paul.”

***March 9, 2021 from 7:30 pm. until 8:30 pm – virtual via Zoom
Go to the Parish Website to register for the presentation.***

Questions?

Fr. Jim Scullion, O.F.M.: frjscullion@stfrncis.org

Terry Danner: 703-680-0860 / terrydanner@verizon.net



Mass Intentions

SATURDAY,	February 13—Weekday
3:30 PM	Sacrament of Reconciliation
5:30 PM	†Alice Tippit †Alfred DeCarli †Frank Jensen
SUNDAY,	February 14—6th Sunday In Ordinary Time
9:00 AM	†Dwayne E. Gonsorcik †Robert Laychak †Carolyn Daly
11:00 AM	People of the Parish
1:30 PM	Misa en español
5:30 PM	
MONDAY,	February 15—Weekday
8:45 AM	†Joseph Kudey
TUESDAY,	February 16—Weekday
8:45 AM	Sarah Ecklund †Kevin Dalmut
WEDNESDAY,	February 17—Ash Wednesday
8:45 AM	Mass with Ashes †Dwayne E. Gonsorcik †Kathryn Gonsorcik †Marilyn and †Pedro Gosuico
5:00 PM	Prayer Service with Ashes
7:00 PM	Mass with Ashes
8:30 PM	Misa en español
THURSDAY,	February 18—Lenten Weekday
8:45 AM	†Mark Norman Olds
FRIDAY,	February 19—Lenten Weekday
8:45 AM	†Harry Ravert
SATURDAY,	February 20—Lenten Weekday
3:30 PM	Sacrament of Reconciliation
5:30 PM	†Alice Tippit †Fran Laskofski †Alfred DeCarli
Mass Intentions on Sunday, February 21, 2021	
9:00 AM	†Dwayne E. Gonsorcik †James Toner
11:00 AM	†Tyler Mangus †Lorraine Fleming †Karen Bertolli
1:30 PM	Misa en español
5:30 PM	People of the Parish

Readings for the Week of February 14, 2021

Monday	Genesis 4:1-15, 25; Mark 8:11-13
Tuesday	Genesis 6:5-8; 7:1-5, 10; Mark 8:14-21
Wednesday	Joel 2:12-18; 2 Corinthians 5:20—6:2; Matthew 6: 1-6, 16-18
Thursday	Deuteronomy 30:15-20; Luke 9:22-25
Friday	Isaiah 58:1-9a; Matthew 9:14-15
Saturday	Isaiah 58:9b-14; Luke 5:27-32
Sunday	Genesis 9:8-15; 1 Peter 3:18-22; Mark 1:12-15

The theme for this year's 2021 Bishop's Lenten Appeal (BLA) is "Encourage One Another by Word and Deed." After reflecting upon the blessings that God has given you, please prayerfully consider making a pledge to this important appeal that funds many programs and ministries that serve thousands of people in our diocese. Together, through the BLA, let us renew our personal commitment to furthering the Mission of our Lord Jesus throughout our diocese. You may go online to make a donation at: www.arlingtondiocese.org or scan the QR code above:



The Public Mass Schedule for Sunday, February 21st is as follows:

9:00 a.m.
11:00 a.m.
1:30 p.m. (Spanish)
5:30 p.m.

Please visit www.stfrncis.eventbrite.com to reserve a seat for one of the Masses.

Please visit <http://www.stfrncis.org/wp-content/uploads/2020/06/How-to-Use-Eventbrite-At-a-Glance.pdf> for Printable Instructions – Includes English and Spanish.

Reserved Seating Video Instructions

Go to <https://youtu.be/9KZ-Q49uG88> to learn how to Select Seats for Mass in Eventbrite.

Go to <https://youtu.be/SKpg09Nlsqw> to learn how to Select Seats Using the Map in Eventbrite.

Go to <https://youtu.be/S7973o14sfA> to learn how to Return/Cancel a Seat Ticket Order.

When attending a public Mass, please be advised of the follow:

- Please arrive at least 20 minutes before the start of Mass
- Each person attending Mass must have a ticket (hard copy or on cell phone)
- **A face mask is required for anyone 2 years of age or older**
- Each person attending Mass will be required to have a temperature check before entering the church
- Sit in assigned seating areas only
- Avoid touching your face
- Stay home if you have any symptoms of a fever, cough, difficulty breathing, or may have been exposed to COVID-19

Please Note: All the faithful of the Diocese of Arlington are **dispensed from the obligation to attend Mass on Sundays and holy days of obligation until further notice.** We will continue to Live Stream Mass on Saturdays at 5:30 p.m. until further notice.

< KID'S KORNER >

Gospel Today
Sixth Sunday in Ordinary Time | Mark 1:40-45

Jesus cured the leper, a man with a skin disease, with a touch of His hand.

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When the leper was healed, Jesus said, "Don't tell this to anyone." Jesus trusted the man to go quietly to the priest, but instead he ran off telling everyone he was cured. He did NOT keep it a secret (he was very excited). As a result, Jesus could no longer enter a town openly, but stayed in lonely places. Still, people kept coming to Him from everywhere. **Jesus gave the leper new life...**

LENT begins this week...

Give us New Life, O Lord.

Dear Jesus... I have sinned, I am sorry, let's begin again. Love, _____ your name



SHROVE TUESDAY

also known as... FAT TUESDAY = MARDI GRAS = PANCAKE DAY

It is a tradition to eat pancakes on Shrove Tuesday. Shrove comes from the word "shrive", meaning to confess, or tell God we are sorry for our sins. Pancakes use up food items that were not permitted during Lent in the Middle Ages - milk, eggs, fat, butter and meat. Lent begins tomorrow - Let's eat pancakes today!

ASH Wednesday

The ashes on my forehead say,
"I have sinned, I am sorry. Please God, help me change, make me a new person."

Homemade Pancakes



SIFT	MIX IN
1 1/4 cup flour	1 beaten egg
3 teaspoons baking powder	1 cup milk
2 tablespoons sugar	2 tablespoons vegetable oil
1/2 teaspoon salt	

Cook on greased, hot skillet. Flip when bubbles appear and pop. Makes 8, 4" pancakes — Serving with butter, syrup, fruit or meat is optional.

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